

MONDAY January 22, 2024

TIME (ET)	SESSION
5:00 -	Discussing the Rule of Two as per the Responsible Coaching Movement
6:00pm	Frances Priest, Coaching Association of Canada
6:30 -	Coastal Rowing in Canada 2024
7:00pm	Adam Parfitt, Jennifer Fitzpatrick, Rachel Wolff, Iain Wilson

5:00 - 6:00pm

Discussing the Rule of Two as per the Responsible Coaching Movement

Frances Priest, Coaching Association of Canada

A safe sport environment ensures that all participants including coaches, staff and administrators apply the Rule of Two. The Responsible Coaching Movement - the Rule of Two increases safety and security of sport participants while protecting those involved. Do you and/or your sports organization practice the Rule of Two? Join us to explore and discuss how you can implement the Rule of Two. Frances Priest - Manager, Sport Safety with Coaching Association of Canada will be on hand to answer questions.

6:30 - 7:30pm

Coastal Rowing in Canada 2024

Adam Parfitt, Jennifer Fitzpatrick, Rachel Wolff, Iain Wilson

Learn more about what is to come in 2024 related to coastal development and performance including high performance updates, opportunities to compete in Canada and how you and your club can be part of contributing to the growth of coastal development in Canada. This virtual session will be focused on Beach Sprints and will be relevant to anyone interested in competing and having a role in developing coastal rowing in Canada.