



ROWING CANADA AVIRON

2023 COASTAL EVENT SELECTION

World Beach Games

March 21, 2023

SELECTION OVERVIEW

PURPOSE

This document establishes the process and criteria to be used to select and nominate the 2023 Rowing Canada Aviron (RCA) Team for the World Beach Games held in Bali, Indonesia, August 5-12, 2023.

OVERVIEW

This Selection Guidelines document was drafted and prepared by RCA and will come into effect immediately upon publication on the RCA website. RCA may also communicate and distribute these Selection Guidelines to relevant athletes through other channels. RCA reserves the right to amend this document to account for changes imposed by parties external to RCA, for changes that become necessary due to typographical error or a lack of clarity in a definition or wording. Any changes are deemed to come into effect immediately upon publication on the RCA website.

SCOPE

This Selection Guidelines document will be used to select Athletes to compete at events as outlined in the Purpose section above. A separate document will be published for other events.

SELECTION ELIGIBILITY REQUIREMENTS

All athletes wishing to be considered for selection must satisfy all of the following requirements:

1. GENERAL ELIGIBILITY REQUIREMENTS

All athletes and coaches selected to RCA National Teams must be registered and be in good standing with the Canadian Amateur Rowing Association (CARA), which operates under the name Rowing Canada Aviron (RCA). Athletes must hold a valid Canadian passport valid until at least February 12, 2024 or be eligible to row for Canada. Athletes must follow all relevant World Rowing, International Paralympic Committee (IPC) and International Olympic Committee (IOC) (&/or the Pan American Sport Organization) rules regarding eligibility.

For clarity, to be in good standing with the CARA, an athlete must be a registered participant with a member of the CARA and:

- a. their membership dues and any debts to RCA are not overdue;
- b. they are not subject to a disciplinary sanction of either suspension from specified or from all RCA teams, activities, events, or competitions or expulsion from CARA membership, following a process under the RCA Discipline Policy (or equivalent); and
- c. in any case where disciplinary sanction by CARA under the RCA Discipline Policy (or equivalent), they have fulfilled all terms and conditions of the disciplinary sanction to the satisfaction of the Board of Directors or its designate.

It is recommended that athletes competing in any of the Trials and at the World Rowing Beach Sprint Finals and all other events outlined above be fully vaccinated against Covid19. This will help avoid or reduce possible quarantine costs when returning to Canada and at the specific events.

1.1 Monitoring requirements

All athletes wishing to be considered for selection to the team for the above-mentioned event must complete a Concept 2 ergometer test without the use of sliders. The test will consist of 2x500m with a 2 minute rest period between the 500s. Tests must be submitted one week prior to the event for which you are registering and must be monitored by your Club Coach or Official.

Submissions can be made through this [link](#)

500m Ergometer Test Details:

Selecton Event - Trial	Ergometer Test Due Date
ANOC World Beach Games Selection Event	May 27, 2023

Drag factor	
Open Women	110
Open Men	130

2. LETTER OF INTENT

[The Letter of Intent must be submitted by all athletes who wish to be considered for selection to the event listed in the Purpose section and can be found at this link.](#) Submission for World Beach Games is due by 12 noon Eastern on March 30, 2023.

3. ATHLETE AGREEMENT

All athletes selected to the World Beach Games must fill in and sign the RCA Athlete Agreement prior to accepting entry into the respective teams. The Athlete Agreement form will be available prior to team selection. The RCA 'Code of Conduct' shall apply at all times to selected crews.

Athletes selected to the World Beach Games will also be required to sign the following forms provided by the COC:

- COC Team Member Agreement
- Conditions of Participant Form
- Anti-Doping ADEL Form

4. ATHLETE FEES

All athletes wishing to be considered for selection to the individual events should be aware of and prepared for fees contingent on being named to the team for each event.

An estimate of costs that athletes can expect are listed in the table below:

Item	Estimated Cost	Details
Clothing Package	\$300 TBC	Must be authorized event clothing package purchased through Regatta Sport and approved by Canadian Olympic Committee
Flights	\$100-\$500	Estimates only, depending on departure airport – domestic leg only. ANOC covers international leg.
Local Transportation		Covered by ANOC
Accommodations		Athlete Village provided by ANOC
Meals	\$50-100	Travel meals needed. Meals in Bali covered by ANOC
Equipment rental		Provided by LOC
Travel insurance		Provided by COC
International phone pkg	\$50-70	

5. SELECTION CRITERIA

The objective of the 2023 Selection Guidelines is to select crews who are eligible and committed to compete at the World Beach Games, Bali, Indonesia, August 5-12, 2023

The following boat classes will be considered for selection:

- CW1x, CM1x, CMix2x

RCA will select crews for the World Beach Games from results obtained by athletes or crews at the World Beach Games Selections Regatta in Victoria, BC on June 3-4, 2023. This regatta is open to all eligible athletes across Canada. Deadline for entry on Regatta Central is May 20, 2023.

Athletes who have met all the eligibility criteria will be nominated based on their finish in the finals of their event. If the top finisher is not eligible to be nominated, RCA has the option to nominate the next place finishers in order of their placing. RCA reserves the right to not nominate for an event. RCA may choose to combine top solo athletes into a double (or split a top double into two solos) if there is a limited depth of field in the events and considering erg submissions.

6. TEAM SUPPORT

Coaching and/or other support for the 2023 World Beach Games and World Rowing Beach Sprint Finals Team will be self-funded and at the sole discretion of the High Performance Director.

Selection considerations include commitment to coastal rowing, and long-term development strategy.

Interested applicants should submit an Expression of Interest application to hp@rowingcanada.org on or before March 30, 2023 for World Beach Games.

Coaching applicants should include coaching record and qualifications with the following minimum requirements:

- RCA Performance Coach Trained, and/or World Rowing certified Coastal Rowing Coach
- Registered as a Coach in good standing with RCA.
- Making Ethical Decisions,
- CAC Safesport Module
- CCES True Sport 101, and
- Criminal Record Check.

Coaches/staff selected to the World Beach Games will also be required to sign the following forms provided by the COC:

- COC Team Member Agreement
- Conditions of Participant Form
- Anti-Doping ADEL Form

An announcement of the selected coach will take place at the same time as the Team Announcement.

RCA reserves the right to name the coach notwithstanding any applications received by the aforementioned deadline.

7. IMPORTANT DATES

Selection Document Posted	
Athlete Letter of Intent and Coach/Support Expression of Interest – World Beach Games	March 30, 2023
Entry Deadline – World Beach Games Selection/Western Canadian Beach Sprint Championships	May 20, 2023
Ergometer Test Due – World Beach Games Selection	May 27, 2023
Western Canadian BSC & World Beach Games Selection	June 3-4, 2023
ANOC World Beach Games Team Announcement	TBC
World Beach Games – Bali, Indonesia	August 5-12, 2023

8. CONTACT INFORMATION

Adam Parfitt – High Performance Director
parfitt@rowingcanada.org

[2023 World Beach Games Letter of Intent](#)