



2023 Pan Am Games Selection Process

The 2023 Pan Am Games (PAG) program has two events associated with it:

- 1) PAG Qualification Regatta - March 2023(dates TBD), Santiago, Chile
- 2) The 2023 Pan Am Games - October 21st - 25th, 2023, Santiago, Chile

Each event will have an independent selection process aligned to it. Successful selection to one event may not result in selection to the other event.

The selection process for each event is outlined below.

PAG Qualification Regatta

The objective of the PAG Qualification Regatta is to qualify as many boats as possible for the 2023 Pan Am Games. The PAG Qualification process can be found at the following link (Insert link to PAG doc)

RCA intends to field a team of eight (8) men and eight (8) women to attend the 2023 PAG Qualification Regatta. *Additional athletes may be selected based on the depth of the athlete pool at the time of the selection camp and any other factors that RCA deems relevant in the circumstances.*

The following steps have been established to support the selection of athletes to the PAG Qualification Regatta. 1) Completion of Expression of Interest (EOI)

- 2) Nomination to RCA's PAG Squad
- 3) Selection Camp
- 4) Nomination of athletes and crews.
- 5) Training Camp

*NOTE: athletes should refer to the **2023 NextGen Selection Policy** document for additional details that will support this process. As outlined therein, RCA reserves the right to amend this document as may be required from time to time.*

The following outlines each step of the PAG Qualification Regatta Selection Process in greater detail.

Completion of Expression of Interest (EOI)

All athletes are required to complete the EOI at the following [link](#).

- Athletes should complete this form as soon as they have intent to seek selection to a 2023 Team.
- For consideration for the PAG Qualification event, the form must be completed by January 15th, 2023

Nomination to RCA's PAG Squad: Athletes will be invited to the PAG Squad based on one or more of the following criteria.

- Performance* at the 2022 National Rowing Championships.
- Performance* within RCA's National Testing and Monitoring program.
 - RCA Testing and Monitoring document can be found at the following [link](#).
- Racing results, including but not limited to, results achieved at the 2022 World Rowing Under 23 Championships.
- Such other criteria as RCA may deem relevant in the circumstances, in accordance with the 2023 NextGen Selection Policy

*Performance targets for squad invitation see appendix 1

Invitations will be compiled and communicated on an ongoing basis. Invited athletes will be contacted directly and an updated list will be posted to the NextGen Microsoft Teams platform. To join this platform please contact Laurence Côté at lcote@rowingcanada.org.

Athletes may be removed from RCA's PAG Squad if their performance declines from the level of performance which warranted their initial invitation.

Selection Camp: Athletes must be part of the PAG Squad to attend the selection camp and to be eligible for selection to the PAG Qualification Regatta. Athletes will be streamed toward targeted selection activities based on their performances up to the selection event.

The Selection Camp for the 2023 PAG Qualification Regatta will be held from February 18th – 26th, 2023 on Quamichan Lake, in North Cowichan BC.

RCA will use a series of races to rank and select athletes to each boat. This may include, but is not limited to:

- Side by side racing
- Matrixing
- Seat Racing
- Time trials

Information will be communicated to invited athletes prior to each round of racing.

Results will be published at the conclusion of each stage of selection.

Other criteria, as outlined in the 2023 NextGen Selection Policy document, may also be used to select athletes to a crew or team.

Nomination of athletes and crews: After the completion of each stage of selection activities, results and proposed nominations will be presented to a NextGen Selection Panel. The NextGen Selection Panel will review all the data and either approve the nominations or ask for further information to be provided or further selection activities to be completed.

The outcome of the NextGen Selection Panel's decision will be communicated directly to athletes involved in the selection process.

The terms of reference for the NextGen Selection Panel can be found on the RCA Website at the following link <https://rowingcanada.org/resources/>

Training Camp: The training camp for the PAG Qualification Regatta will commence immediately after the completion of selection and continue until the departure for the event.

**** THE PAN AM GAMES QUALIFICATION REGATTA IS A SELF FUNDED EVENT****
RCA will organize all logistics for the team and will assess costs to athletes accordingly.

2023 PAN AM GAMES SELECTION

The objective of the Pan Am Games (PAG) Selection Process is to select athletes and crews (which shall include coxswains and single scullers) that have the potential to support the success of RCA teams at future Olympic events. This includes but is not limited to achieving a top four (4) Ranking in the 'A' Final the 2023 Pan Am Games in Santiago, Chile. It is expected that the 2023 PAG Team will be comprised of both Under 23 and Senior athletes.

On or before April 21st, 2023, confirmation will be provided to RCA regarding the boats that have qualified, and the number of quota spaces available for the 2023 PAG Team.

The following steps have been established to support the selection of athletes to the 2023 Pan Am Games: 1) Completion of Expression of Interest (EOI)

- 2) Nomination to RCA's PAG Squad
- 3) Confirmation of qualified boats and Quota spaces
- 4) Squad activities
- 5) Selection Camp
- 6) Nomination of athletes and crews.
- 7) Training Camp

*NOTE: athletes should refer to the **2023 NextGen Selection Policy** document for additional details that will support this process. As outlined therein, RCA reserves the right to amend this document as may be required from time to time.*

The following outlines each step of the PAG Selection Process in greater detail.

Completion of Expression of Interest (EOI)

All athletes are required to complete the EOI at the following [link](#).

- Athletes should complete this form as soon as they have intent to seek selection to a 2023 Team.
- For consideration for the Pan Am Games, the form must be completed by January 15th, 2023

Nomination to RCA's PAG Squad: Athletes will be invited to remain in the PAG Squad, following the conclusion of the PAG Qualification Regatta, based on one or more of the following criteria.

- Performance at the 2022 National Rowing Championships.
- Performance within RCA's National Testing and Monitoring program. o RCA Testing and Monitoring document can be found at the following [link](#).
- Racing results, including but not limited to, results achieved at the 2022 World Rowing Under 23 Championships.
- Racing results achieved at the 2023 PAG Qualification event.
- Selection to represent Canada at 2023 World Cups and/or the 2023 World Rowing Under 23 Championships.
- Such other criteria as RCA may deem relevant in the circumstances, in accordance with the 2023 NextGen Selection Policy

Invitations will be compiled and communicated on an ongoing basis. Invited athletes will be contacted directly and an updated list will be posted to the NextGen Microsoft Teams platform. To join this platform please contact Laurence Côté at lcote@rowingcanada.org.

Athletes may be removed from RCA's PAG Squad if their performance declines from the level of performance which warranted their initial invitation.

Confirmation of qualified boats and Quota spaces: RCA will confirm what boats have been qualified and the number of quota spaces received to the athletes invited to participate in the PAG Squad.

Squad Activities: A series of squad activities will be established through the year to monitor, support, and assess athlete performance. This may include regional and national camps, and other competitive training and racing opportunities.

RCA will use the results of these camps to assess competitive readiness of athletes and establish priority boats for selection.

Squad activities will be communicated directly with those invited to participate in the squad.

Selection Camp: Athletes must be part of the PAG Squad to attend the selection camp and to be eligible for selection to the 2023 PAG. Athletes will be contacted directly to discuss date of arrival “in camp” and which stage of selection they are eligible for.

Athletes will be streamed toward targeted selection activities based on their performances up to the selection event.

The 2023 PAG Selection Camp will be based out of RCA’s National Training Centre on Quamichan Lake, in North Cowichan, BC. The camp will open August 14th, 2023 and run through to September 17th, 2023.

Selection activities will be completed between September 4th and 17th.

**dates may change based on availability of athletes and other factors impacting selection.*

RCA will use a series of races to rank and select athletes to fill qualified boats and quota spaces allotted for the 2023 PAG. This may include, but is not limited to:

- Side by side racing
- Matrixing
- Seat Racing
- Time trials

Information will be communicated to invited athletes prior to each round of racing.

Results will be published at the conclusion of each stage of selection.

Other criteria, as outlined in the 2023 NextGen Selection Policy document, may also be used to select athletes to a crew or team.

Nomination of athletes and crews: After the completion of each stage of selection activities, results and proposed nominations will be presented to a NextGen Selection Panel. The NextGen Selection Panel will review all the data and either approve the nominations, or ask for further information to be provided or for further selection activities to be completed.

The outcome of the NextGen Selection Panel’s decision will be communicated directly to athletes involved in the selection process.

The terms of reference for the NextGen Selection Panel can be found on the RCA Website at the following link <https://rowingcanada.org/resources/>

Final nomination of Quota athletes and alternates will be submitted to the Canadian Olympic Committee (COC) prior to September 24th, 2023.

Team Announcement: Rowing Canada will work with the COC to ensure team announcements are aligned and in conjunction with the COC.

Training Camp: The training camp for the 2023 PAG will commence immediately after the completion of selection and continue until the departure for the event.

APPENDIX 1 - PERFORMANCE TARGETS FOR PAG SQUAD INVITATION

RCA reserves the right to adjust these targets to engage a larger group of athletes in the squad. Any adjustment will be done consistently across all categories using percentage behind winning time for Water performance and age-appropriate erg targets for ergometer performance.

National Rowing Championships:

Athletes who achieve any of the following performances will receive automatic invitation to the squad.

- 1) Eligible athletes who achieve and “A Final” finish in the Open Men’s or Open Women’s 1x or 2- event.
- 2) All eligible athletes in the Open Men’s or Open Women’s 1x or 2- event with a percentage behind winning time of 4% or less in the time trial
And/Or
All eligible athletes in the Open Men’s or Open Women’s 1x or 2- event achieving an A or B Final with a percentage behind the “A final” winning time of 5% or less
- 3) Top ranked senior athlete in the Lightweight Men’s 1x and Lightweight Women’s 1x’s

RCA’s National Testing and Monitoring program:

Eligible athletes who achieve one of the following ergometer targets will receive automatic invitation to the squad. These targets are set based off of RCA’s Age-appropriate erg targets.

	Women	LWT Women	Men	LWT Men
2000m Target	6:59.0	7:14.0	6:09.5	6:17.0
6000m Target	22:30.0	23:05.0	19:35.0	20:15.0

Percentage behind winning time calculation

$$\left(\frac{\text{Gold Medal Standard}}{\text{Winning time}}\right)\% - \left(\frac{\text{Gold Medal Standard}}{\text{FinishTime}}\right)\% = \text{Percentage behind winning time}$$