



## **2021 RCA National Rowing Championships Regatta** Elk Lake, BC | Thursday Nov 11th – Saturday Nov 13th

### **Bulletin No. 1**

*RCA acknowledges that our 2021 National Rowing Championships is being hosted on the traditional territories of the Lək̓ʷəŋən peoples known today as Songhees and Esquimalt Nations and the W̱SÁNEĆ peoples known today as W̱JOḺEŁP (Tsartlip), BOŶÉĆEN (Pauquachin), SṮÁUTW̱ (Tsawout), W̱SIŶEM (Tseycum) and MÁLEXEŁ (Malahat) Nations.*

On behalf of Chair York Langerfeld and the 2021 NRC Organizing Committee, Rowing Canada Aviron (RCA) is looking forward to welcoming athletes, coaches, umpires and supporters to British Columbia and Elk Lake – the site of the 2021 National Rowing Championships. This year's NRCs event will be held from Thursday Nov 11<sup>th</sup> through to Saturday Nov 13<sup>th</sup>.

In light of the COVID-19 pandemic and its effects on sport, rowing and broader community life, the 2021 NRC regatta will be streamlined to minimize the financial and logistical impact upon all participants and the Organizing Committee (OC). Whilst RCA will aim to deliver a simpler, lower impact, lower footprint event, the OC and RCA are committed to delivering a safe, fair and high-quality experience for athletes and coaches. Social interactions and non-essential or high-risk situations and activities will be minimized (e.g., the NRC athlete awards dinner will not be staged) and the Canada Cup will not be run in 2021 to allow participants to minimize accommodation and transport costs. Full details of any restrictions or changes from a 'standard' NRC regatta will be outlined in Bulletin 2, or as required.

### **RIGHT OF ENTRY**

Athlete entries are to be submitted by Provincial Rowing Associations (PRA). Athletes who do not qualify to race for their PRA may register and race the NRC regatta for their RCA Member Club (club).

Athletes training at RCA's National Training Centre (NTC) shall compete under the PRA they are affiliated with. The RCA High Performance Director will provide a list of NTC athletes to the PRAs seven days ahead of the NRC regatta entry deadline.

Athletes who receive Sport Canada Athlete Assistance Program (AAP) support or direct or indirect provincial funding, are on the RCA NextGen Targeted Athlete list,

or qualify through any published selection criteria defined with the athlete's respective PRA must represent their PRA. Entries that do not fit into the categories described above may be made by a club.

## 2021 NRC REGATTA EVENTS

Women's Single Sculls (W1x)  
 Lightweight Women's Single Sculls (LW1x)  
 Under 23 Women's Single Sculls (BW1x)  
 Under 23 Lightweight Women's Single Sculls (BLW1x)  
 Junior Women's Single Sculls (JW1x)  
 PR1 Women's Single Sculls (PR1 W1x)  
 PR2 Women's Single Sculls (PR2 W1x)  
 PR3 Women's Single Sculls (PR3 W1x)

Women's Pair (W2-)  
 Under 23 Women's Pair (BW2-)  
 Junior Women's Pair (JW2-)  
 PR3 Women's Pair (PR3 W2-)

Men's Single Sculls (M1x)  
 Lightweight Men's Single Sculls (LM1x)  
 Under 23 Men's Single Sculls (BM1x)  
 Under 23 Lightweight Men's Single Sculls (BLM1x)  
 Junior Men's Single Sculls (JM1x)  
 PR1 Men's Single Sculls (PR1 M1x)  
 PR2 Men's Single Sculls (PR2 M1x)  
 PR3 Men's Single Sculls (PR3 M1x)

Men's Pair (M2-)  
 Under 23 Men's Pair (BM2-)  
 Junior Men's Pair (JM2-)  
 PR3 Men's Pair (PR3 M2-)

## 2021 GENERAL SCHEDULE

	Morning	Afternoon	Notes
Thursday 11 November 2021	Venue closed for training	Venue open for training from 1:00pm	a) Compulsory coaches meeting 4:00pm. b) Water closes for training at 5:00pm (all boats over the finish).
Friday 12 November 2021	NRC Time Trials	NRC Quarter Finals	a) Training and racing hours to be advised b) Other meetings to be advised
Saturday 13 November 2021	NRC Semi Finals	NRC Finals	
Sunday 14 November 2021	Spare for adverse weather	Return	

\*Additional information about the evening events will be released in Bulletin 2.

## **ENTRY FEES**

The entry fee for all competitors at the NRCs is \$40 per 1x entry and \$80 for a 2-entry, plus seat fee and GST.

The RCA seat fee of \$3.50 will apply.

## **SUBMITTING ENTRIES**

All registration will be processed through RegattaCentral. Competitors must be registered with their rowing club, province and RCA through the RCA Web Registration System (WRS) prior to any entry being made.

RegattaCentral online registration will open on September 9<sup>th</sup>, 2021. The deadline to submit entries is 11:59 PM PDT, October 28<sup>th</sup>, 2021. Managers and coaches should contact their PRA for internal selection deadlines. A preliminary draw for the NRC regatta will be posted on November 4<sup>th</sup>.

Please note that entries for which payment has not been submitted by the entry deadline will not be drawn and late entries will not be accepted. Withdrawals made less than 24 hours before the race time that alter the race progression will forfeit the entry fee.

## **RCA NRC PARTICIPATION FUNDING SUPPORT PROGRAM**

RCA will provide funding to support the participation of targeted athletes at the 2021 NRCs. Detailed information including eligibility and funding amount ranges will be circulated in the near future.

## **PROGRESSION**

A modified FISA progression system based on the FISA World Cup Regatta progression shall be used at the 2021 NRC regatta. All NRC events will commence with 1800m time trials in their respective groups, regardless of the number of total entries within a group. All finals will take place on Saturday November 13<sup>th</sup>.

## **SEEDING PANEL**

As mandated in the NRC Regatta Technical Package, a Seeding Panel will be struck to as best as possible, seed scullers and crews. The panel will use the following criteria to seed the 2021 NRC regatta time trials in order to avoid faster crews overtaking slower crews. Depending on the number of entries in each event, up to 20 entries in each event will be seeded. The criteria for seeding will be:

- NTC athlete ranking;
- Domestic and/or international results; and
- RADAR submissions
- Other factors relevant to seeding crews as accurately as possible (given the previous COVID-19 impacts on racing in 2019-21)

## WHERE TO ACCESS INFORMATION, SCHEDULES AND RESULTS

Official information including entries, draws and results will be accessed through RegattaCentral.

## FOOD and ACCOMMODATION and TRANSPORT

Athletes are responsible for their own food, accommodation and transportation arrangements. A concession at the regatta site will serve hot and cold drinks and light snacks on Thursday afternoon, Friday and Saturday (we encourage you to support this fundraiser for Victoria City Rowing Club Juniors).

Information, rates and links can be found at several websites. A recent [www.booking.com](http://www.booking.com) search of Elk Lake, BC can be found here: [link](#)

You may also check the VCRC website for more information on local accommodation, local transportation, parking and directions. (<https://www.vcrc.bc.ca/regattas-and-events/vcrc-regattas#accommodation-and-travel>).

## ENVIRONMENTAL REQUIREMENTS FOR BOATS BEING BROUGHT TO BC

The Ministry of Environment requires that all equipment arriving in BC after having been in Ontario, Quebec or Manitoba go through an inspection to help stop the spread of invasive zebra and quagga mussels. Before being loaded onto your trailer, equipment must be cleaned with soap and fresh water, drained and fully dried. Each trailer driver must arrange for an inspection of all equipment to be completed upon arrival in BC before any boats can be unloaded and used for practice or for racing. To pass the inspection the inside of boats must be fully dry so that there is nowhere for larvae or adult mussels to live or be transferred from. More information can be found at the [link here](#).

## ATHLETE IDENTIFICATION

Please note that photo ID is mandatory for athlete weigh-ins and dock access during racing. Acceptable ID includes any government issued document with a photo and date of birth. Copies of ID on cell phones will be acceptable (however, an original document may be requested if there is doubt); a clear photocopy of a passport will be acceptable.

## ANTI-DOPING

All competitors are advised that doping control may be in effect, and that all competitors are subject to doping control under the Canadian Anti-Doping Program (CADP). Coaches and other athlete support personnel are also subject to the rules of the CADP. Athletes are strongly encouraged to visit <http://www.cces.ca/athletezone> for helpful information and resources; to know their rights and responsibilities as athletes with regards to anti-doping; to understand the sample collection procedures; to check all medications and products before taking them to ensure they do not contain banned substances; to avoid taking supplements (but if they choose to, learn

how to minimize their risk); to verify medical exemption requirements; and contact the CCES directly should they have any questions or would like additional information (call 1-800-672-7775 or email [info@cces.ca](mailto:info@cces.ca)). Athletes who test positive risk being sanctioned in accordance to the rules of the CADP. Athletes are responsible for reviewing this information prior to competition.

## INFORMATION

If you have further questions about the regatta, please contact:

2021 Event Information - Matt Draper: [mdraper@rowingcanada.org](mailto:mdraper@rowingcanada.org)

High Performance related - Adam Parfitt: [parfitt@rowingcanada.org](mailto:parfitt@rowingcanada.org)