



ROWING CANADA AVIRON

2021 EVENT SELECTION GUIDELINES

World Rowing Beach Sprint Finals

SELECTION OVERVIEW

PURPOSE

The World Rowing Beach Sprint Finals will take place in Oeiras, Portugal September 24-26, 2021. Each National Federation is permitted only one entry per event. This document establishes the process and criteria to be used to select and nominate the 2021 Rowing Canada Aviron (RCA) Team for the World Rowing Beach Sprint Finals.

OVERVIEW

This Selection Guidelines document was drafted and prepared by RCA and will come into effect immediately upon publication on the RCA website. RCA may also communicate and distribute these Selection Guidelines to relevant athletes through other channels. RCA reserves the right to amend this document to account for changes imposed by parties external to RCA, for changes that become necessary due to typographical error or a lack of clarity in a definition or wording.

Any changes are deemed to come into effect immediately upon publication on the RCA website.

AMP Rowing has been tasked by RCA High Performance program to assist in the staging and running of the 2021 RCA High Performance Beach Sprint Trials as per the guidelines below.

SCOPE

This Selection Guidelines document will be used to select Athletes to compete at the 2021 World Rowing Beach Sprint Finals, taking place in September 2021 in Oeiras, Portugal.

SELECTION ELIGIBILITY REQUIREMENTS

All athletes wishing to be considered for selection must satisfy all of the following requirements:

1. GENERAL ELIGIBILITY REQUIREMENTS

All athletes and coaches selected to RCA National Teams must be registered and be in good standing with the Canadian Association of Amateur Oarsmen (CARA), which operates under the name Rowing Canada Aviron (RCA). Athletes must hold a valid Canadian passport or be eligible to row for Canada. Athletes must follow all relevant World Rowing, International Paralympic Committee (IOC) and International Olympic Committee (IOC) (&/or the Pan American Sport Organization) rules regarding eligibility.

For clarity, to be in good standing with the CARA, an athlete must be a registered participant with a member of the CARA and:

- a. their membership dues and any debts to RCA are not overdue;
- b. they are not subject to a disciplinary sanction of either suspension from specified or from all RCA teams, activities, events, or competitions or expulsion from CARA membership, following a process under the RCA Discipline Policy (or equivalent); and
- c. in any case where disciplinary sanction by CARA under the RCA Discipline Policy (or equivalent), they have fulfilled all terms and conditions of the disciplinary sanction to the satisfaction of the Board of Directors or its designate.

It is recommended that athletes competing in any of the Trials and at the World Rowing Beach Sprint Finals be fully vaccinated against Covid19. This will help avoid or reduce possible quarantine costs when returning to Canada and/or in Portugal.

1.1 Monitoring requirements

All athletes wishing to be considered for selection to the 2021 World Rowing Beach Sprint Finals Team must complete a 500m Concept 2 ergometer test without the use of sliders. Tests must be submitted one week prior to the event for which you are registering and must be monitored by your Club Coach or Official.

Submissions can be made through the following site: <https://forms.office.com/r/urh2rTr5Xc>

500m Ergometer Test Details:

Trial	Ergometer Test Due Date
Lunenburg, NS; August 7, 2021	July 31, 2021
Kingston, ON; August 14, 2021	August 7, 2021
Victoria, BC; August 21-22, 2021	August 14, 2021

Drag factor	
Open Women	110
Open Men	130

2. LETTER OF INTENT

The Letter of Intent must be submitted by all athletes who wish to be considered for selection to the 2021 World Rowing Beach Sprint Finals and can be found online at <https://signnow.com/s/zg9JNjTb> . Submission is due by 12 noon eastern on July 27, 2021.

3. ATHLETE AGREEMENT

All athletes selected to the World Rowing Beach Sprint Finals must fill in and sign the RCA Athlete Agreement prior to accepting entry into the World Rowing Beach Sprint Finals. The Athlete Agreement form is available to be completed from the following site <https://signnow.com/s/vkTmy47M> . The RCA 'Code of Conduct' shall apply at all times to selected crews.

4. ATHLETE FEES

All athletes wishing to be considered for selection to the World Rowing Beach Sprint Finals should be aware of and prepared for fees contingent on being named to the team for the 2021 World Rowing Beach Sprint Finals.

An estimate of costs that athletes can expect are listed in the table below:

Item	Estimated Cost	Details
Clothing Package	\$350	Must be authorized event clothing package purchased through Regatta Sport
Pre-Departure Covid 19 Testing Canada	\$200	Testing required to meet Organizing Committee COVID safety plan and entry requirements to Portugal.
Flight to Lisbon	\$1500+	
Local Transportation- Airport transfer/ Lisbon/Oeiras	100 Euros	Arranged by Organizing Committee.
Accommodation in Oeiras 3*/4* Bed and Breakfast	105 Euros per night based on double occupancy.	Accommodation will be determined in early August 2021. Expected length of stay is 6 nights.
Meals - Lunch and Dinner	35 Euros/day	
Equipment Rental (oars)	60 Euros	Through Organizing Committee
Pre-Departure Covid 19 Testing Portugal	75 Euros	Testing required to meet Canada entry regulations.

RCA anticipates contributing \$2500/athlete to the above costs. Details to be provided to selected athletes.

5. SELECTION CRITERIA

The objective of the 2021 Selection Guidelines is to select crews who are eligible and committed to compete at the 2021 World Rowing Beach Sprint Finals to be held at Praia dos Pescadores in Oeiras, Portugal. The following events are being considered:

- CW1x, CM1x (athletes selected to these events may also be entered in CMix2x)
- CMix2x

RCA will select crews from the results obtained by athletes or crews at the final trials of the 2021 RCA Beach Sprint Trials Series which will take place as per Table 2 below. Eligible winners from the two regional trials in Nova Scotia and Ontario may receive funding to attend the final Trial in BC. Only winners of the CW1x, CM1x and CMix2x will be eligible for subsidy.

The 2021 RCA High Performance Beach Sprint Trials will consist of three events as follows:

Date	Location	Entry Deadline
August 7, 2021	Lunenburg, NS	July 28, 2021
August 14, 2021	Kingston, ON	August 4, 2021
August 21-22, 2021	Victoria, BC	August 10, 2021

Each trial in the series is open. Athletes can compete in multiple trials. However, only the winners of each regional trial will be invited to the final trial in Victoria, BC. RCA High Performance Director or designate reserves the right to make entries for the final event in Victoria, BC, based on the following:

- An Athlete(s) who has/have been named to the Olympic Games Team, including spares,
- An Athlete(s) who has/have competed at the 2021 World Rowing U23 Championships, or
- Any other athlete(s) who is/are training within RCA's National Training Centre or Provincial NextGen Performance Centres.

Athletes who are not eligible for nomination to the World Rowing Beach Sprint Finals team may participate in any of the 2021 RCA High Performance Beach Sprint Trials, as per posted Trials requirements. RCA reserves the right not to nominate a crew for an event.

Each trial will be limited to the following number of competitors:

Event	Lunenburg, August 7	Kingston, August 14	Victoria, August 20-22
CW1x	12	12	16
CM1x	12	12	16
CMix2x	8	8	12

5.1 Support for Regional Trial Winners

Up to \$500.00 funding is available for trial winners to travel to the final event in Victoria, BC (subject to Covid-19 travel rules at the time of the event) under the following conditions:

Athletes or crews

- 1) Must place first in CW1x, CM1x, or CMix2x in their regional trials;
- 2) If successful at the final trial, be committed to accepting the nomination to the World Rowing Beach Sprint Finals team, and its associated fees; and
- 3) Meet other eligibility requirements as specified in Selection Guidelines.

Travel arrangements to the final trials in Victoria, BC, accommodation arrangements and other costs are the responsibility of the athletes and crews from the Regional Trials.

6. TEAM SUPPORT

Coaching and/or other support for the 2021 World Beach Sprint Finals Team will be self-funded and at the sole discretion of the High Performance Director.

Selection considerations include commitment to coastal rowing, and long-term development strategy.

Interested applicants should submit an Expression of Interest application before July 28, 2021 to hp@rowingcanada.org

Coaching applicants should include coaching record and qualifications with the following minimum requirements:

RCA Performance Coach Trained, and
Registered as a Coach in good standing with RCA.

All applicants will require the following requirements to be completed before September 1, 2021:

- Making Ethical Decisions,
- Respect in Sport Online Module,
- CCES True Sport 101, and
- Criminal Record Check.

An announcement of the selected coach will take place at the same time as the Team Announcement.

RCA reserves the right to name the coach notwithstanding any applications received by the aforementioned deadline.

7. IMPORTANT DATES

Selection Document Posted		Communication
Letter of Intent due	July 20, 2021	Deadline
Lunenburg Trial 1 Entry Deadline	July 28, 2021	
Ergometer Test Due - Lunenburg Trial	July 31, 2021	
RCA Beach Sprints Trial 1 - Lunenburg, NS	August 7, 2021	
Kingston Trial 2 Entry Deadline	August 4, 2021	
Ergometer Test Due - Kingston Trial	August 7, 2021	
RCA Beach Sprints Trial 2 - Kingston, ON	August 14, 2021	
Victoria Trial 3 Entry Deadline	August 10, 2021	
Ergometer Test Due - Victoria Trial	August 14, 2021	
RCA Beach Sprints Trial 3 - Victoria, BC	August 21-22, 2021	
Team Announced	August 26 th	Communication

Assessment Fee Due	August 30, 2021	Deadline
Departure for 2021 World Rowing Beach Sprint Finals	September 20, 2021	
World Rowing Beach Sprint Finals, Oeiras, Portugal	September 24-26, 2021	

8. CONTACT INFORMATION

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