



## Tokyo 2020 Viewing Parties

RCA encourages member organizations to cheer on our [National Team athletes](#) this summer by hosting viewing parties\* during the finals of the Tokyo 2020 Olympics and Paralympics!

\*Local, provincial and federal COVID-19 regulations must be adhered to.

### Official Supporter Apparel

RCA has launched official Tokyo supporter apparel, and member organizations have the opportunity to make bulk orders—a great addition to your viewing party! Fill your boathouse with a sea of red and white with RCA's **Tokyo Supporter T-Shirt** and **Starboard and Port Athletic Socks**.

To make a bulk order, please complete the [order form](#) and submit it to [Sukhraj Saraow](#) by **4:00pm PT on Thursday June 24**. Free shipping on orders of \$75 or more (Canada only) is available for a limited time.

### A Finals Schedule\*\*

\*\*Please note the times below indicate a window within which the finals are currently scheduled to take place. Specific race times will be confirmed and posted to the RCA website closer to the Olympic and Paralympic Games. The Olympic competition schedule can be found [HERE](#). The Paralympic competition schedule can be found [HERE](#).

#### *Olympics*

Final(s)	Japan Time	Pacific Time	Mountain Time	Central Time	Eastern Time	Atlantic Time
W4x	July 27, 8:30am- 12:00pm	July 26, 4:30pm- 8:00pm	July 26, 5:30pm- 9:00pm	July 26, 6:30pm- 10:00pm	July 26, 7:30pm- 11:00pm	July 26, 8:30pm- 0:00am
W2x, M4-	July 28, 8:30am- 11:40am	July 27, 4:30pm- 7:40pm	July 27, 5:30pm- 8:40pm	July 27, 6:30pm- 9:40pm	July 27, 7:30pm- 10:40pm	July 27, 8:30pm- 11:40pm
M2-, W2-, LM2x, LW2x	July 29, 8:30am- 11:50am	July 28, 4:30pm- 7:50pm	July 28, 5:30pm- 8:50pm	July 28, 6:30pm- 9:50pm	July 28, 7:30pm- 10:50pm	July 28, 8:30pm- 11:50pm
W1x, M1x, W8+	July 30, 8:45am- 10:55am	July 29, 4:45pm- 6:55pm	July 29, 5:45pm- 7:55pm	July 29, 6:45pm- 8:55pm	July 29, 7:45pm- 9:55pm	July 29, 8:45pm- 10:55pm

## Paralympics

Final(s)	Japan Time	Pacific Time	Mountain Time	Central Time	Eastern Time	Atlantic Time
PR3 Mix4+	August 29, 9:30am- 12:20pm	August 28, 5:30pm- 8:20pm	August 28, 6:30pm- 9:20pm	August 28, 7:30pm- 10:20pm	August 28, 8:30pm- 11:20pm	August 28, 9:30pm- 0:20am

## Social Media

Tag @rowingcanada in your social media posts on Facebook, Twitter and Instagram.

Use the hashtags: #Tokyo2020 #truenorthstrong #UnitedByWater