

ROWING CANADA AVIRON TOKYO 2020 PARALYMPIC TEAM SELECTION GUIDELINES

REVISED November 2020

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PREAMBLE

This version of the Rowing Canada Aviron 2020 Paralympic Team Selection Guidelines was approved November 2020 and replaces the version approved October 2019, and any other previous version of this Selection Guidelines as it relates to the Tokyo Paralympic Games.

Rowing Canada Aviron (RCA) is carefully following the evolution of the effects of the coronavirus (COVID-19) on the global and domestic level and how it may impact obtaining quota spots for the 2020 Tokyo Paralympic Games and/or domestic nomination of athletes for the 2020 Tokyo Paralympic Games. Unless otherwise required by exceptional and unforeseen circumstances related to the impact of COVID-19, Rowing Canada Aviron will follow these published Internal Nomination Procedures as written.

However, situations related to the COVID-19 pandemic may arise that require this Internal Nomination Procedure to be modified. Any modifications will be made promptly and as often as required following developments that directly impact the Internal Nomination Procedure. In such circumstances, any modifications will be communicated to all affected individuals as soon as possible.

Further, situations may arise that do not allow this Internal Nomination Procedure to be modified or applied as written due to time constraints or other exceptional and unforeseen circumstances. In such situations, any decision, including nomination decisions, will be made by the High Performance Director, as stated in this Internal Nomination Procedure, in consultation with the relevant National Team Coaches and staff, and in accordance with the stated performance objectives and selection philosophy and approach as stated herein. Should it be necessary to make any decision in this manner, RCA will communicate with all affected individuals as soon as possible.

To provide clarity and confirmation, any references to the 2020 Paralympic Games, originally scheduled for August 25th to September 6th, 2021 will apply to the revised dates announced by the International Paralympic Committee (IPC) of August 24th to September 5th, 2021 and the rowing specific regatta dates as defined by the IPC / International Rowing Federation (FISA) within that window.

1. PURPOSE

The objective of these selection guidelines is to select crews that have potential to accomplish RCA's National Team goal of achieving an 'A' Final position (top 6) at the 2020 Tokyo Paralympic Games, with the ultimate aim of winning Gold medals. In this policy, the terms 'crew' and 'crews' include single scullers.

The following outlines RCA's internal process to determine final crew nominations to the Canadian Paralympic Committee (CPC) for the 2020 Paralympic Games. Athletes competing for position within a crew must follow all the steps below in order to be considered for nomination.

2. OVERVIEW

If RCA qualifies for entry in the 2020 Paralympic Games in accordance with FISA's Paralympic Qualification System as outlined in <u>Appendix 1</u>, athletes will be nominated by RCA to the CPC for membership on the 2020 Paralympic Team.

As outlined within the Selection Flowchart (attached as <u>Appendix 2</u>) there are two ways in which an athlete can be nominated to the 2020 Paralympic Team:

1. Paralympic Stream

2. 2021 Sr National Team Stream

RCA may nominate to the CPC up to the maximum number permitted by Paralympic entry regulations in each event, and overall. RCA internal crew nominations are to be declared by the High Performance Director on June 9th, 2021 and will be submitted to the CPC on June 25th, 2021 and are subject to further reallocation of entry places by FISA (see <u>Appendix 1</u>). The announcement of the 2020 Paralympic Team is not official until communicated by the CPC.

Final decisions on the nomination process, and the nomination of crews and staff to the CPC for the 2020 Paralympic Games, rests with the RCA High Performance Director.

Once the CPC accepts those athletes nominated by RCA, it is up to RCA to decide the final event entries at the Paralympic Games, (see Section 3, below).

Entries at the Paralympic Games will be made in accordance with IPC and FISA Rules and regulations.

This Selection Guidelines document was drafted and prepared by RCA staff, reviewed by the RCA Athletes Council and came into effect immediately upon publication on the RCA website. RCA may also communicate and distribute the Internal Nomination Procedure to relevant athletes through other channels available to the athletes. RCA reserves the right to amend this document for changes imposed by parties external to RCA or for changes that become necessary due to typographical error or a lack of clarity in a definition or wording. Any updates due to the global COVID-19 pandemic and the postponement of the 2020 Tokyo Paralympic Games are captured within this document identified by italics and circulated as per the date identified in the document footer.

Any changes made by RCA are deemed to come into effect immediately upon publication on the RCA website. Additional publication of the amended Internal Nomination Procedure will be made by whatever means and wherever the original Internal Nomination Procedure was published.

3. <u>SCOPE</u>

This Selection Guidelines document will be used to select Athletes, Coaches and Support Staff to the 2020 Paralympic Rowing Team (Women & Men) competing at the Paralympic Games in Tokyo (August 24th - September 5th, 2021), and any lead up events including World Rowing Cups, or Paralympic Qualification regattas - as designated by RCA's High Performance Director.

**Note Olympic Selection Guidelines will be published in a separate document.

4. <u>SELECTION ELIGIBILITY REQUIREMENTS</u>

All athletes wishing to be considered for selection must satisfy all of the following requirements:

4.1. GENERAL ELIGIBILITY REQUIREMENTS

All athletes and coaches selected to RCA National Teams must be registered and be in good standing with the Canadian Amateur Rowing Association (CARA), which operates under the name RCA. In order to be eligible for nomination to the Canadian Paralympic Committee for Paralympic or Team selection, an athlete must:

- Meet the IPC 2020 Tokyo Paralympic Games eligibility requirements as outlined in Appendix 1;
- Have a valid Canadian passport that does not expire on or before February 9th, 2021;
- Sign and submit the CPC Athlete Agreement and Eligibility Conditions Form no later than June 9th, 2021;
- Sign and submit the 2020 RCA Athlete Agreement no later than January 1st, 2020;
- Sign and submit the 2021 RCA Athlete Agreement no later than January 1st, 2021, and
- Submit an Expression of Interest as indicated in section 4.3

For clarity, to be in good standing with the CARA, an athlete must be a member of the CARA and:

- Their membership dues and any debts to RCA are not overdue;
- They are not subject to a disciplinary sanction of either suspension from specified or from all RCA teams, activities, events, or competitions or expulsion from CARA membership, following a process under the RCA Discipline Policy (or equivalent); and
- In any case where disciplinary sanction by CARA under the RCA Discipline Policy (or equivalent), they have fulfilled all terms and conditions of the disciplinary sanction to the satisfaction of the Board of Directors or its designate.

4.2. ATHLETE TRACKING AND MONITORING (RADAR)

Athletes must comply with the minimum monitoring requirements. This information is outlined in RCA's Athlete monitoring document available on the RCA website. <u>https://rowingcanada.org/resources/</u>

4.3. EXPRESSION OF INTEREST

An Expression of Interest must be submitted by all athletes who wish to be considered for selection in the 2020 Paralympic team before: **January 31st, 2021**. Please go to the following link, login and fill in the Letter of Intent: <u>LINK to 2020 Paralympic Selection Camp Expression of Interest Form</u>

4.4. ATHLETE AGREEMENT

All athletes must fully review, complete and sign the 2020 RCA Athletes Agreement by January 1, 2020 and the 2021 Athlete Agreement by January 1, 2021. The RCA Athlete Agreement is available online on the RCA website https://rowingcanada.org/resources/. The signed agreement can be completed and submitted online.

Late receipt of signed RCA Athlete Agreements may jeopardize selection.

5. <u>SELECTION PROCESS</u>

Athletes pursuing nomination to the 2020 Paralympic Team shall follow a sequential process as set out in the flowchart in <u>APPENDIX 2</u> herein. The specific details of each stage in the process are outlined within this document.

Nomination to the 2020 Paralympic Team can occur through either section 5.1 (Paralympic Stream) or section 5.3 (Sr National Team Stream).

5.1. PARALYMPIC SELECTION CAMP INVITATIONS (PARALYMPIC STREAM)

5.1.1 Overview

The 2020 Paralympic Selection Camp will be held at the National Training Centre in Victoria, BC. The 2020 Paralympic Selection Camp began on October 7, 2019 and continues through to *June 11th, 2021*. Only athletes invited to this camp may attend.

Qualification of a boat through the 2019 World Rowing Championships process does not pre-qualify athletes within that crew for 2020 Paralympic Team nomination. Participation at the 2020 Paralympic Selection Camp does not pre-qualify athletes within that crew for 2020 Paralympic Team nomination.

5.1.2 Invitations

There are two ways in which athletes may be invited to the 2020 Paralympic Selection Camp:

- 1. Athletes who were active participants within the 2020 Paralympic Selection Camp as of the National Training Centre's (NTC) closure on March 23, 2020 due to the COVID-19 pandemic, will continue to be considered as active 2020 Paralympic Selection Camp athletes during isolated/decentralized training. This list is attached hereto as <u>Appendix 3</u>.
- 2. In accordance with the Performance criteria and Other Criteria, the NTC Crew / Program coach has the discretion to nominated high-performing athlete with supporting performance data to the High Performance Director for consideration of an invitation into the 2020 Paralympic Selection Camp. Said athlete will then have an opportunity to participate in the 2020 Paralympic Selection Camp and have an opportunity to be nominated to the 2020 Paralympic Team, along with all other members of the 2020 Paralympic Selection Camp.

The 2020 Paralympic Selection Camp will resume centralized training at RCA's NTC on August 15th, 2020. This decision was made in close consultation with RCA's Chief Medical Officer and in alignment with local health authority directives. Athletes deselected from the 2020 Paralympic Selection Camp pre-COVID-19 NTC closure are not active 2020 Paralympic Selection Camp candidates, unless otherwise specifically re-invited to the 2020 Paralympic Selection Camp by RCA.

5.1.3 TRANSFER FROM 2020 PARALYMPIC SELECTION CAMP TO 2021 SR NATIONAL TRAINING SQUAD

As per the Selection Flowchart, athletes participating in the 2020 Paralympic Selection Camp may be transferred to the 2021 Sr National Training Squad:

- 1. Between October 2020 and June 2021, if RCA's High Performance Director exercises his discretion to remove the athlete from the 2020 Paralympic Selection Camp after evaluating the athlete according to the Performance Criteria and Other Criteria; or,
- 2. If the athlete/the athlete's boat does not qualify for the 2020 Paralympic Games.

5.2. 2020 PARALYMPIC TEAM NOMINATIONS FROM 2020 PARALYMPIC SELECTION CAMP

At the 2020 Paralympic Selection Camp, nominations to the 2020 Paralympic Team will be made by evaluating athletes for crew and team selection using the process outlined in <u>Appendix 4</u> in accordance with an individual athlete's performance and achievement with respect to the following criteria ("Performance Criteria"):

- Performance results in 2019, 2020 *and 2021* including but not limited to:
 - Time trials of various distances, including but not limited to 2000M
 - Small and/or large boat seat racing matrices (ie: seat racing all athletes against each other) and/or targeted seat racing (ie: select head to head races with direct swaps of relevant athletes)
 - Designated ergometer assessments
 - Racing results, including but not limited to, results achieved at national or international rowing regattas
 - NTC inter-squad (2020 Paralympic Camp &/or 2021 Sr National Training Squad) assessments as scheduled by RCA
- Ongoing ergometer testing as per 2019, 2020, *and 2021* RCA Athlete Monitoring Program including RADAR

In addition, RCA, within its reasonable exercise of discretion, may take into account the following other factors during the team selection processes ("Other Criteria"):

- Ongoing technique and ability to adjust to technical feedback;
- Factors relevant to crew combination, namely crew compatibility (ie: how individuals perform as a team), coachability, and technical compatibility;
- Commitment to the program;
- Assessment of competitive readiness (ie: fitness relative to previous assessments and to peers);
- Ability to meet and maintain bodyweight targets (for lightweights and coxswains only); and
- Additional factors relevant to achieving RCA team objectives including but not limited to potential development of the athlete or coach for subsequent National Teams and ultimately Senior Team selection.

If an athlete has any questions with respect to the above Selection Criteria and/or Other Criteria, they may contact their applicable RCA NTC Coach, High Performance Director or the identified designate to obtain clarification. From time to time as required, supplemental program specific information may be posted on the RCA website at: <u>https://rowingcanada.org/resources/</u> and circulated through communication channels such as WhatsApp.

5.3 2021 SR NATIONAL TRAINING SQUAD (2021 SR NATIONAL TEAM STREAM)

5.3.1 Overview

In the normal course of a Paralympic cycle and year one of a quadrennial RCA is intent on inviting athletes into a targeted 2021 Sr National Training Squad to initiate training targeting podium performance at the 2024 Paralympic Games. The training location of this Squad will be confirmed and circulated in the summer of 2020 including Invitation guidelines and required selection standards.

There will be planned overlap between the 2021 Sr National Training Squad and the 2020 Paralympic Selection Camp athletes/crews through NTC inter-squad assessments activities.

5.3.2 CREW NOMINATION TO 2020 PARALYMPIC TEAM FROM 2021 SR NATIONAL TRAINING SQUAD

In addition to individual athletes moving from the 2021 Sr National Training Squad to the 2020 Paralympic Selection Camp as per section 5.1.2, a crew(s) of athletes not otherwise in the 2020 Paralympic Selection Camp could potentially be nominated to the 2020 Paralympic Team as follows:

- 1. A Crew(s) may be selected from the 2021 Sr National Training Squad to compete at 2021 World Cup 1 in accordance with the Performance Criteria and Other Criteria set out in the 2021 Sr National Team Selection Guidelines.
- 2. If a crew(s) finishes within the Top 2 of non-qualified nations at Rowing World Cup 1, RCA will nominate that crew to compete at the Final Paralympic Qualification Regatta. Upon successfully achieving qualification, those athletes will be added to RCA's 2020 Paralympic Selection Camp.

5.4 COXSWAINS

For Coxswains to be considered for selection, the following will also be considered, in addition to the above Selection Criteria and Other Factors:

- Whether a 'coxed' boat (PR3 Mixed 4+) has either qualified for, or will be nominated by the High Performance Director to the CPC for 2020 selection;
- Athlete and coach assessment of the coxswain's ability;
- Compatibility with other athletes in the selected crew and coaches;
- Demonstrated ability to meet weight guidelines (as per FISA Rule 27), and
- Racing experience and results.

5.5 COACHES

For coaches to be considered for selection, RCA reserves the right to nominate the coach believed to be able to produce the best performance of the athlete or crew at the designated event. Coaching appointments may be made to achieve strategic objectives or meet certain principled standards. The details of coach selection are outlined in Appendices below.

5.6 2020 PARALYMPIC SELECTION CAMP

The 2020 Paralympic Selection Camp consists of athletes competing for nomination for the following potential crews:

- Men's PR1 Single
- Mixed PR2 Double
- Mixed PR3 Coxed Four

Any additions to this list are defined by the process within section 5.3.2.

6. FINAL NOMINATION

Following the process outlined in 5, nominations to the 2020 Paralympic Team will be announced *June 9th, 2021*. The specific crew composition for events will follow IPC/CPC/FISA guidelines and specific timelines contained within this document.

The final 2020 Paralympic Team will be confirmed by the CPC Team Selection Committee on *July 30, 2021*. As part of that process, RCA will nominate Coaches, Support Staff and any Alternate Athletes for consideration by the CPC for selection onto the 2020 Paralympic Team. Entry at the Paralympic Games will be in accordance with FISA rules and regulations.

After these dates, there will be no further additions to the 2020 Paralympic Team, except as allowed by certain 'Special Circumstances' (Section 11).

7. <u>NOMINATION AUTHORITY</u>

The final authority for nomination rests with the RCA High Performance Director. This authority is based upon the nominations made by individuals noted in the chart below and all other criteria within this document. Athletes may be considered for late invitation to various selection activities (depending on schooling commitments, or other special circumstances, etc.). The High Performance Director may exercise his discretion to invite athletes based on 'Special Circumstances' outlined in Section 11. The High Performance Director will consult the relevant NTC Crew/Program Coach/Chief Medical *Officer* and may delegate his or her authority for selection to another individual(s) as required.

8. <u>AUTHORITY TO MAKE CHANGES TO THE COMPOSITION OF CREWS -</u> ONCE THE TEAM IS SELECTED

Selection to the 2020 Paralympic Team as part of a crew (or an alternate) does not guarantee an athlete a place in a specific crew for the regatta. For crews selected to the above events, the composition of crews shall remain the discretion of the RCA High Performance Director and Crew Coach or their designate (and taking into account any relevant IPC/CPC/FISA policies). The configuration of crews may be changed based on a crew's competitiveness and such changes will follow the appropriate competition regulations.

The exception is in the event a crew qualifies through a Continental or Final Paralympic Qualification Regatta. In these instances, the athletes and boat class that race in the Continental or Final Paralympic Qualification Regatta are to be the same athletes that raced in the qualified boat at the Paralympic Games Regatta, as per FISA regulations.

Any changes occurring after *July 30th, 2021* are subject to relevant IPC/CPC/Tokyo 2020 'Late Athlete Replacement' Policies.

9. <u>ALTERNATES SELECTION</u>

FISA will allocate to the CPC a quota of alternate athletes for the Paralympic Games according to the process and terms identified in Schedule A, *G. General Principles Regarding the Use of P Alternate Athletes.* RCA's High Performance Director will designate alternates out of the pool of 2020 Paralympic Selection Camp athletes not selected to a specific crew in accordance with the Performance Criteria and Other Criteria. The High Performance Director will consider requests from the respective Crew Coaches and may identify a different combination of alternates to support the 2021 FISA Rowing World Cup regattas, and or the *2021 FISA Final Paralympic Qualification Regatta.* P Alternate Athletes attendance at the Games will be identified in the announcement of the 2020 Paralympic Team. In advance of this selection, RCA will confirm the financial commitment to the athletes being on-site and any additional terms associated with the P Alternate role.

Note: Alternates are not considered to be part of the official Canadian Paralympic Team.

10. ON-SITE DECISION-MAKING AUTHORITY

During the training and competition period at an 'away' venue all final decision-making authority will reside with the team leader, who will be appointed as per <u>Appendix 5</u>.

The responsibilities of the team leader will first and foremost be creating and supporting an environment that supports performance excellence at their event, in addition to:

- Leading all matters related to crisis management, emergency preparedness and response,
- Manages team member human resources, roles and responsibilities, accreditations and conduct issues on behalf of RCA,
- Acts as spokesperson for the team and RCA on-site pertaining to any issues on entries, FISA/IPC regulations and organizing committee communication, and
- Responsible for ensuring the team and members comply with RCA/FISA/IPC regulations and agreements signed by team and members.

11. <u>SPECIAL CIRCUMSTANCES</u>

11.1 PROGRAM WIDE POLICY

This Internal Nomination Process is intended to apply as drafted and, specifically, where no athletes are prevented from competing because of an unforeseen injury or other unanticipated or unforeseen circumstances. Situations may arise where unforeseen circumstances or circumstances beyond RCA's control do not allow competition or nomination (List of important dates with respect to competitions and nominations are found in <u>Appendix 6</u>) to take place in a fair manner or in the best interests of the priorities and general principles for selection as indicated in these criteria, or do not allow the procedure for nomination as described in this document to be applied.

In the event of such unforeseen circumstances, the HPD will, where possible, consult with the other coaches and technical staff to determine if the circumstances justify competition or nomination should take place in an alternative manner. In such circumstances, the HPD shall communicate the alternative selection or nomination process to all impacted individuals as soon as possible.

11.2 SPECIAL CIRCUMSTANCES THAT APPLY TO ATHLETES ONLY

If because of injury, illness, or extenuating circumstance an athlete is unable to meet any of the criteria set out in this document, an athlete may still be considered for the 2020 Paralympic Team Selection process, World Cups, or the FISA Paralympic Qualifying Regatta and the Paralympic Games. Athletes must advise the RCA High Performance Director in writing of any injury, illness, or personal extenuating circumstance as soon as possible and in advance of the before mentioned events. In the case of illness or injury, a medical certificate signed by the Athlete's doctor must be submitted to RCA's Chief Medical Officer. In the event an Athlete who has been selected to a National Team and/or Paralympic Team becomes injured or ill, and in the opinion of the High Performance Director (with advice of the Chief Medical Officer where relevant), is not deemed fit to train or compete, then the athlete may be replaced with another athlete. The choice of replacement athlete is at the sole discretion of the High Performance Director, in consultation of the relevant coach. Athletes selected as replacements will be active members of the 2020 Paralympic Selection Camp or where deemed necessary the 2021 Sr National Training Squad.

In all cases, permission to be exempted from any requirement contained within this document must be obtained in writing from the High Performance Director (contacts provided in <u>Appendix 7</u>).

Failure to properly report injury, illness, and/or other personal extenuating circumstances prior to the selection processes of each event may result in the athlete being de-selected and financially responsible for all the athlete's costs associated with the event.

12. REMOVAL FROM TEAMS, CAMPS, and PROGRAMS

The High Performance Director (or their designate Team Lead) may, at any time, and at their discretion, disqualify an athlete from being considered for nomination to the 2020 Paralympic Team based on terms and conditions outlined in the RCA Athlete Agreement. RCA will advise the affected athlete, in writing, of the decision.

For the 2020 Paralympic Team, following nomination to the CPC, any such removals are subject to the approval of the CPC Team Selection Committee. Reasons for dismissal include, but are not limited to:

- Inability to maintain high training standards,
- Inability to meet performance expectations in competition,
- Inability to perform due to injury, illness or for other medical reasons as determined by RCA's Chief Medical Officer, or
- Violation of terms and conditions as set out in the RCA Athlete Agreement, or as set out in any other RCA/CPC/IPC documents which athletes have been asked to adhere to.

The High Performance Director reserves the right to withdraw an athlete from nomination:

- If the athlete has not taken part in the mandatory training camps organised by RCA prior to the event or,
- If the athlete has not fulfilled his/her responsibilities as identified in the RCA Athlete Agreement.

The RCA Athlete Agreement can be found on the following page: <u>https://rowingcanada.org/resources/</u> and the relevant policies identified as components of the Athlete Agreement can be found at: <u>https://rowingcanada.org/governance/</u>

13. <u>APPEAL PROCESS</u>

Decisions made pursuant to these Selection Guidelines document may be appealed in accordance with the <u>RCA Appeal Policy</u> located on the RCA website.

If both parties (RCA and the appellant) are in agreement, or if timing restrictions require it, the RCA Appeal Guidelines can be bypassed and the matter may be brought immediately before the Sport Dispute Resolution Centre of Canada (SDRCC), who will then manage the appeals process.

14. RELOCATION and TEAM FUNDING

Relocation for carded athletes: Sport Canada's Athlete Assistance Program (AAP), provides financial assistance for carded athletes with relocation expenses to a National Training Centre.

For additional information, please visit Section 8.4 (Supplementary AAP Support) within Sport Canada's AAP Policies and Procedures.



ROWING

MEDAL EVENTS

Male	Female	Mixed	Total
1	1	2	4
Single Sculls PR1 M1x	Single Sculls PR1 W1x	Double Sculls PR2 Mix2x	
		Coxed Four PR3 Mix4+	

ATHLETE QUOTA

Male Female		Gender Free	Total	
	48	48	0	96*

*Does not include coxswains. Coxswains may be either male or female and there will be one coxswain per qualified coxed four.

ALLOCATION OF QUALIFICATION SLOTS

The qualification slot is allocated to the NPC not to the individual athlete or team.

MAXIMUM QUOTA ALLOCATION PER NPC

An NPC can be allocated no more than one (1) boat per medal event for a maximum allocation of four (4) male and four (4) female qualification slots (excluding coxswains).

ATHLETE ELIGIBILITY

To be eligible for selection by an NPC, athletes must:

- have competed in at least one (1) official FISA competition between 1 January 2018 and 13 June 2021;
- be internationally classified either with a 'Confirmed' sport class status or a 'Review' sport class status with a review date after 31 December 2021.

MAXIMUM ENTRY PER NPC

An NPC can enter a maximum of one (1) boat per medal event and may select a maximum of:

- one (1) male athlete for the Single Sculls PR1M1x medal event;
- one (1) female athlete for the Single Sculls PR1W1x medal event;
- one (1) male and one (1) female athlete for the Double Sculls PR2Mix2x medal event; and
- two (2) male and two (2) female athletes for the Coxed Fours PR3Mix4+ medal event.

QUALIFICATION SYSTEM

Qualification slots will be allocated as follows:

METHOD	QUALIFICATION	TOTAL
2019 FISA World Rowing Championships Allocation	The highest ranked boats in each medal event at the 2019 World Rowing Championships will qualify according to the number of quota places indicated below:	31 male athletes 31 female athletes
	 PR1 Men's Single Sculls (PR1M1x): 7 PR1 Women's Single Sculls (PR1W1x): 7 PR2 Mixed Double Sculls (PR2Mix2x): 8 PR3 Mixed Coxed Fours (PR3Mix4+): 8 	
Continental Qualification	The highest ranked boat in each of the following medal events shall qualify:	4 male athletes
Regattas	 PR1 Men's Single Sculls (PR1M1x) PR1 Women's Single Sculls (PR1W1x) 	4 female athletes
	Continental Qualification Regattas shall be held for the following continental groupings: • Africa • Americas • Asia and Oceania • Europe	
	In case only one boat is entered in an event at a Continental Qualification Regatta, the respective qualification slot will be allocated via the Bipartite Commission Invitation method and no boat would qualify from that Continental Qualification Regatta in this particular medal event. A race would not be held for Continental Qualification to the	

	In case a Continental Qualification Regatta is not held the respective slots will be allocated to the highest ranked NPC from that region at the 2019 World Rowing Championships, up to a maximum of one (1) slot per NPC. If an NPC would achieve more than one (1) qualifying slot, then the NPC must select the boat that will qualify for the Paralympic Games. Only those NPCs that have not yet qualified any slots at the 2019 World Rowing Championships will be considered for this allocation. Any slots that can still not be allocated shall be allocated via the Bipartite Commission Invitation Allocation.	
2021 Final Paralympic Qualification Regatta Allocation	 The highest ranked boats at the Final Paralympic Qualification Regatta will qualify according to the number of quota places indicated below: PR1 Men's Single Sculls (PR1M1x): 1 boat PR1 Women's Single Sculls (PR1W1x): 1 boat PR2 Mixed Double Sculls (PR2Mix2x): 2 boats PR3 Mixed Coxed Fours (PR3Mix4+): 2 boats In case the Final Paralympic Qualification Regatta is not held the respective slots will be allocated, in the same medal events, to the highest ranked eligible NPCs at the 2019 World Rowing Championships. 	7 male athletes 7 female athletes
Host Country Allocation	In the case that it does not qualify a boat at the 2019 World Rowing Championships or the relevant Continental Qualification Regatta, the Host Country may be allocated a qualification place in either the PR2Mix2x or the PR3Mix4+ event. In the case that the Host Country is allocated a boat, the allocation should be in the medal event in which the Host Country has participated in/is ranked highest at the 2019 World Rowing Championships.	2 male athletes 2 female athletes

	Any unused Host Country slots will be allocated via the Bipartite Commission Invitation Allocation (see below).	
Bipartite Commission Invitation Allocation	Four (4) eligible male athletes and four (4) eligible female athletes will be considered by the IPC and FISA for Bipartite Commission Invitation slots. To be considered for a Bipartite Commission Invitation, NPCs must submit an official application in writing to FISA by tbd, 2021.	4 male athletes 4 female athletes
Total		48 male athletes 48 female athletes

QUALIFICATION PRINCIPLES

Only those countries that have not qualified any boats at the 2019 World Rowing Championships shall be eligible to participate in the Continental Qualification Regattas. There will be no restriction on who may participate in the Final Qualification Regatta. This means that those NPCs that have participated in the Continental Qualification Regatta in an event but not qualified may compete again in the same event at the Final Qualification Regatta.

An eligible NPC may only enter one (1) boat per event at the relevant Continental Qualification Regatta and at the Final Qualification Regatta.

An NPC will be allowed to qualify a maximum of one (1) boat through the Continental Qualification Regatta. If an NPC achieves more than one qualifying place at a Continental Qualification Regatta, it is the highest-ranking boat from the NPC that qualifies for the Paralympic Games. If two boats have equal rank in qualifying places, then the NPC must select the boat that will qualify for the Paralympic Games.

In the case where two boats from an NPC achieve a qualifying place at the Continental Qualification Regatta, the qualification place of the boat that is not selected by the NPC to qualify for the Paralympic Games passes to the next highest ranked boat in that event.

There shall be no restriction on the number of boats which an NPC may qualify at the 2019 World Rowing Championships and the Final Qualification Regatta up to the entry limit of one boat per NPC per medal event at the Paralympic Games.

TIMELINE

25 Aug-1 Sept 2019	2019 FISA Rowing World Championships, Linz- Ottensheim, Austria		
16 September 2019	FISA confirms in writing to the NPCs the number of allocated qualification slots from World Championships		
30 September 2019	NPCs confirm in writing to FISA the use of allocated qualification slots from World Championships		
10-13 Oct. 2019	Africa Continental Qualification Regatta, Tunis, Tunisia		
Tbd	Americas Continental Qualification Regatta, tbd		
Tbd	Asia & Oceania Continental Qualification Regatta, tbd		
Tbd	Europe Continental Qualification Regatta, tbd		
Tbd	FISA confirms in writing to the NPCs the number of allocated qualification slots from all Continental Qualification Regattas		
Tbd	NPCs confirm in writing to FISA the use of allocated qualification slots from all Continental Qualification Regattas		
14 May 2021	Deadline for Tokyo 2020 Organising Committee to receive accreditation application forms submitted by NPCs ("Accreditation Long List")		
2021, tbd	2021 Final Paralympic Qualification Regatta, Gavirate, Italy		
2021, tbd	FISA confirms in writing to the NPCs the number of allocated qualification slots from the Final Qualification Regatta		
2021, tbd	Start of Bipartite application process		
2021, tbd	NPCs confirm in writing to FISA the use of allocated qualification slots from the Final Qualification Regatta		
2021, tbd	Deadline for NPCs to submit Bipartite applications to FISA		
2021, tbd	FISA confirms in writing to the NPCs the reallocation of unused qualification slots and awarding of Bipartite invitations		
2 August 2021	Deadline for Tokyo 2020 Organising Committee to receive sport entry forms submitted by NPCs		

CONFIRMATION PROCESS OF ALLOCATED SLOTS

By 30 September 2019 each qualified NPC must confirm to FISA in writing (fax and email are accepted) the qualification slots from World Championships they will use. By tbd, 2021 each qualified NPC must confirm to FISA in writing the qualification slots from Continental Qualification Regattas they will use. By tbd, 2021 each qualified NPC must confirm to FISA in writing the qualification slots from the Final Qualification Regatta they will use. NPCs that have not responded by these dates will lose their qualification slots, and FISA may reallocate these slots.

By tbd, 2021 FISA will confirm in writing the reallocation of all unused qualification slots.

By tbd, 2021 it is officially declared that the respective NPCs will use the allocated quotas granted for the Tokyo 2020 Paralympic Games. Any NPC that does not use some or all of its allocated qualification slots may be subject to sanctions by IPC and FISA.

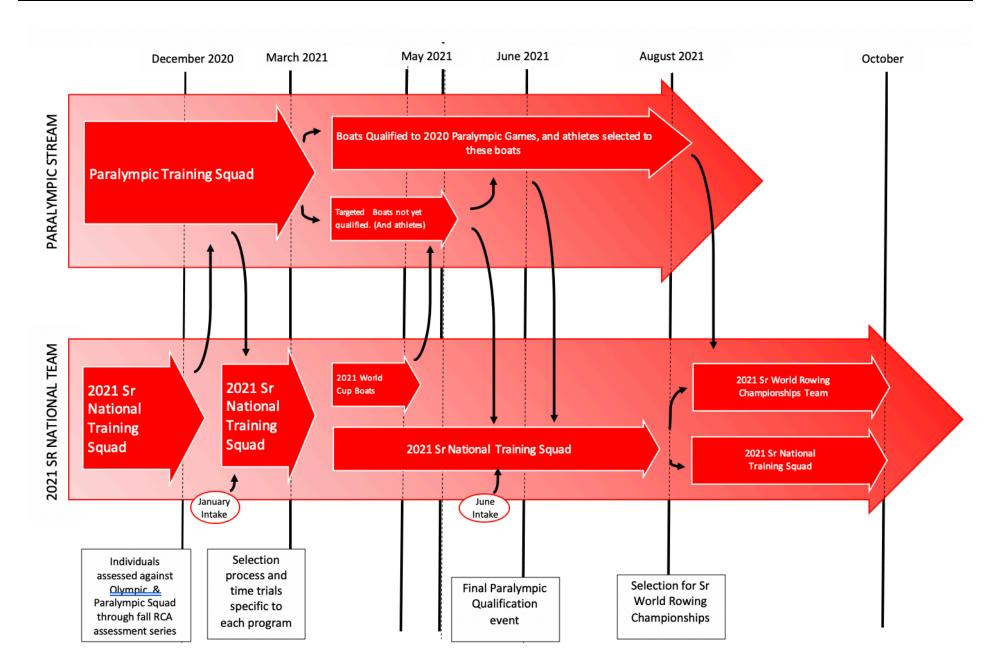
REALLOCATION OF UNUSED QUALIFICATION SLOTS

Any qualification slots that are not used by an NPC will be reallocated to the next highest ranked and not otherwise qualified NPC in the same medal event at the respective competition where the slot was obtained. In the case that no eligible athletes are available for reallocation at the respective competition, any unused slots will be reallocated by the Bipartite Invitation Commission.

INTERNATIONAL FEDERATION

International Rowing Federation (FISA) Maison du Sport Internationale Avenue de Rhodanie 54 CH-1007 Lausanne Switzerland Phone: (+41) 21 617 8373 Fax: (+41) 21 617 8375 Email: info@fisa.org

APPENDIX 2 - FLOWCHART



APPENDIX 3 - 2020 PARALYMPIC SELECTION CAMP - ATHLETE LIST



2020 Paralympic Selection Camp Roster

Victoria Nolan	PR3
Bayleigh Hooper	PR3
Jessye Brockway	PR2
Kyle Fredrickson	PR3
Jeremy Hall	PR2
Laura Court	PR3
Andrew Todd	PR3
Loren Pearson	PR1

*PR - Para-Rowing Classification

*This athlete list is an accurate reflection of those Athletes who were active participants within the 2020 Paralympic Selection Camp as of the National Training Centre's (NTC) closure on March 23, 2020 due to the COVID-19 pandemic



APPENDIX 4 - 2020 PARALYMPIC ROWING TEAM - EVENT REQUIREMENTS

These Event Requirements outline the activities that rowers and coxswains must complete to be eligible for selection for the 2020 Paralympic Team.

**Note Olympic Selection Guidelines will be published in a separate document.

All athletes must complete all activities stipulated in these Event Requirements (except for activities marked 'participation encouraged') unless there are *Special Circumstances* (Section 11) that prevent this, in which case RCA's High Performance Director is to be notified of the particular reason as soon as is practicable, and in accordance with the Guidelines noted in this document. The selection process for the Senior National Team will include the following requirements as indicated (and as outlined below):

lte m	Event	Date	Athletes	Location	Detail	Objective
1	2020 Expression of Interest	On or before September 20, 2020	Required for athlete's continuance in Paralympic Selection Camp.	Online	See Section 4.3 of 2020 Selection Guidelines	Program Commitment
2	2020 Athlete Agreement	On or before January 1 st 2020	Required for all athletes wishing to be considered for selection	Signed Hardcopy	See notes above	Program Commitment
3	RADAR monitoring ergometer	Deadline Period 1: Nov. 30 2019 Period 2: March 31, 2020	Required for all athletes wishing to be considered for selection	Supervised in: National Training Centre (NTC) or Local Training Environment		Individual performance monitoring in accordance with Selection Criteria
4	2019 National Rowing Championships	September 27-29, 2019	Required for all athletes wishing to be considered for selection	Burnaby, BC	Lightweights: Women: 59kg Men: 72.5kg	Individual performance monitoring in accordance with Selection Criteria
5	2020 Paralympic Camp Invitation	September 30, 2019	Required for all athletes wishing to be considered for selection	RCA NTC Victoria, BC	See Section 5.1 of 2020 Selection Guidelines	Entry point to selection process.
6	2020 Paralympic Selection Camp	October 7, 2019 to June 7 th , 2021	Invitation Only: 2020 Paralympic Training Camp nominees invited into the NTC	Victoria BC (Elk Lake, Shawnigan Lake &/or Quamichan Lake)	See Section 5.2 of 2020 Selection Guidelines	Selection of athletes into 2020 Paralympic Team
7	2021 Expression of Interest	On or before September 20, 2021	Required for athlete's continuance in Paralympic Selection Camp.	Online	See Section 4.3 of 2020 Selection Guidelines	Program Commitment
8	2021 Athlete Agreement	On or before January 1 st 2021	Required for all athletes wishing to be	Signed Hardcopy	See notes above	Program Commitment

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			considered for selection			
9	Accreditation data submission	TBD	Required for all Paralympic Camp athletes, all coaches and all potential support staff	CPC Bridge	Submission of data required by CPC, IPC and Games Organizing Committee	Meeting Accreditation Eligibility
10	2021 Sr National Team	April 1, 2021	Athletes Identified from 2020 Paralympic Selection Camp & 2021 Sr Training Squad	Final Paralympic Qualification Regatta	See Section 5.3 of 2020 Selection Guidelines	Identified Athletes race in potential Paralympic crews and participate in pre- Paralympic Competitions.
11	Internal Announcement of Paralympic Nominations	June 9, 2021	2020 Paralympic Team Athletes		See Section 6.0 of 2020 Selection Guidelines	RCA Announces Nominations for the 2020 Paralympic Games Regatta to 2020 Paralympic Team Athletes
12	CPC Athlete Agreement and Tokyo 2020 Eligibility Conditions Form	June 18, 2021	Required for all nominated team member	Signed Electronically or in Hardcopy	See notes above	Program Commitment See Section 13 for Appeals Process
13	Announcement of Paralympic Nominations to CPC	June 25, 2021	2020 Paralympic Team Athletes		See Section 6.0 of 2020 Selection Guidelines	Nomination of crews and athletes for the 2020 Paralympic Games Regatta

NOTES

Entry at the Paralympic Games will be in accordance with FISA rules and regulations. Athletes not selected into the 2020 Paralympic Team, may consider seeking selection to the 2021 Sr National Team (see 2021 Sr National Team Selection Guidelines).

Additional plans and details regarding the criteria outlined in this document, may be communicated from time to time on the RCA Website <u>https://rowingcanada.org/resources/</u> and will be circulated through communication channels such as the RCA Athlete Tracker Database, email, WhatsApp and/or NTC Athlete information sessions.



APPENDIX 5 - SUPPORT STAFF ROLES & RESPONSIBILITIES

TEAM LEADER and SUPPORT STAFF SELECTION

The 2020 Paralympic Team 'Team Leader' and support staff will be appointed by the High Performance Director in consultation with the Crew Coaches. Generally, appointments will be made from existing RCA employees and RCA Performance Enhancement Team members, but should additional requirements exist, RCA will advertise the application process with an official notice. If additional sports science or sports medicine support staff are required to support the team, RCA's Chief Medical Officer will play a role in the identification and selection of those practitioners.

In addition to the technical requirements below, all support staff should be available to support the daily training environment as per the yearly plan and are expected to be available for some travel to camps or competitions as requested.

Other considerations in the selection include compatibility and fit with the Team, Athletes, Coaches and other Support Staff and sport specific experience and knowledge. The individuals should have demonstrated efficiency and positive attitude within a high-pressure event environment.

The list of practitioners within this section is meant to illustrate the certification/designation requirements and is not a list of all support staff attending camps or competitions.

The minimum requirements for all include current:

- Criminal Record Check;
- CCES True Sport 101 online course;
- Coaches Association of Canada: Safe Sport Module
- Respect in Sport online module; and
- Other requirements as identified by the CPC

Sports Medicine practitioners specifically will be licensed and certified to practice in Canada with appropriate malpractice insurance and have one of the following certifications/designations:

- Physician Sports Medicine Physician with Canadian Academy of Sport and Exercise Medicine (CASEM) Diploma.
- Athletic Therapist Certified Athletic Therapist (CAT-Canada), through the Canadian Athletic Therapist Association (CATA).
- Physiotherapist Sport Certificate minimally, ideally Sport Diploma and/or Level 3 Orthopaedic division of the Canadian Physiotherapy Association.
- Massage Therapy Certified Sport Massage Therapists through the Canadian Sport Massage Therapists Association (CSMTA).
- Chiropractor Royal College of Chiropractic Sport Science (Canada) or CCSS(C) Fellow.

Sports Science practitioners are to have one of the following certifications/designations:

- Physiologist Certified Exercise Physiologist (CEP) through Canadian Society for Exercise Physiology.
- Mental performance consultant Masters or PhD in Psychology and/or Sports Psychology.
- Performance Analysis Masters or PhD in analytics and computer science.
- Nutrition Registered Dietician, preferably with IPC Sports Nutrition Diploma.



COACH SELECTION

2020 Paralympic Team Coaches will be appointed by the High Performance Director. Generally, appointments will be made from existing RCA Coaching Staff. Should additional coaching requirements exist, RCA will advertise an Expression of Interest process through an official notice.

Selection of Crew Coaches through the Expression of Interest process will be at the sole discretion of the High Performance Director, with input from the respective NTC Coaches. Selection considerations include previous experience, performance of athletes coached, coaching qualifications and the long-term development strategy of RCA's high performance coaching structure.

RCA reserves the right to nominate the coach believed to be able to produce the best performance of the athlete or crew at the designated event. Coaching appointments may be made to achieve strategic objectives or meet certain principled standards.

Minimum Qualifications:

- Registered as a Coach in good standing with Rowing Canada Aviron
- Performance Coach Certified
- Registered Coach or Chartered Professional Coach (ChPC) with the Coaching Association of Canada

Other required certifications include:

- Coaching Essentials
- Making Ethical Decisions;
- Respect in Sport Online Module;
- Coaches Association of Canada: Safe Sport Module
- CCES True Sport 101;
- Criminal Record Check; and
- Other requirements as identified by the CPC.

The announcement of the 2020 Paralympic Team coaching staff is not official until communicated by the CPC.

Training Location All Paralympic crews will be based at the National Training Centre in Vancouver Island, British Columbia.

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APPENDIX 6 - 2019, 2020 & 2021 IMPORTANT DATES

RCA PARALYMPIC PROGRAM					
2019					
World Rowing	August 21-29	Linz, Austria			
Championships					
Expression of Interest	September 20	Online RCA athlete tracker			
National Rowing Championships	September 27-29	Burnaby, BC			
2020 Paralympic Selection Camp Invite	September 30	Online			
2020 Paralympic Selection Camp Opens	October 7	NTC Victoria			
Period 1 RADAR Deadline	November 30	Online – RCA Athlete Tracker			
2020					
Paralympic Camp NTC Opening (Post COVID-19 Closure)	August 17	National Training Centre (NTC), Victoria BC			
Expression of Interest	September 20	Online RCA athlete tracker			
Period 1 RADAR Deadline	November 30	Online – RCA Athlete Tracker			
2021		· · · · ·			
RCA Athlete Agreement	January 1	Online/NTC Victoria			
CPC Accreditation Data Submission	TBD	Online via "The Bridge" (CPC)			
Period 2 RADAR Deadline	March 31	Online – RCA Athlete Tracker			
Final Paralympic Qualification Regatta	May 21 - 23	Lucerne, SUI			
Rowing World Cup 3	June 4 - 6	Sabaudia ITA			
RCA declare crew nominations - Internal	June 9	NTC Victoria			
2020 Paralympic Selection Camp Ends	June 11	NTC Victoria			
RCA submit crew nominations to CPC	June 25	NTC Victoria			
CPC Athlete Agreement and Eligibility Conditions Form	June 18	NTC Victoria			
Paralympic Rowing Team Announced	ТВС	NTC Victoria			
CPC confirms Nominations					
Paralympic Regatta	August 28 - 30	Tokyo, Japan			



APPENDIX 7 - RCA CONTACT INFORMATION

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Adam Parfitt - National Teams Operations Director parfitt@rowingcanada.org

Michelle Boss - National Team Coordinator <u>mboss@rowingcanada.org</u>

Dr. Michael Wilkinson – Chief Medical Officer mwilkinson2010@icloud.com