

# 20 21



# NATIONAL CONFERENCE

JANUARY 28 to 31, 2021 | Online

## WEDNESDAY January 27, 2021

TIME (PT)	TIME (ET)	SESSION
11:00am - 12:30pm	2:00 - 3:30pm	<b>FISA Coastal Coaching Session #1</b> <i>Guin Batten</i>

## THURSDAY January 28, 2021

TIME (PT)	TIME (ET)	SESSION
11:00am - 12:30pm	2:00 - 3:30pm	<b>FISA Coastal Coaching Session #2</b> <i>Guin Batten</i>
3:00 - 4:00pm	6:00 - 7:00pm	<b>Defining Success as a Coach: How to Win All Your Coaching Moments</b> <i>Dr. Wade Gilbert</i>
4:00 - 5:00pm	7:00 - 8:00pm	<b>Testing and Monitoring for Enhanced Performance</b> <i>Jordan Clarke &amp; Matt Davey</i>

## FRIDAY January 29, 2021

TIME (PT)	TIME (ET)	SESSION		
11:00am - 12:30pm	2:00 - 3:30pm	<b>FISA Coastal Coaching Session #3</b> <i>Guin Batten</i>		
1:30 - 2:30pm	4:30 - 5:30pm	<b>NCCP Performance Coach Pathway</b> <i>Volker Nolte, Jill Wurflinger, Howie Campbell, Mike Purcer &amp; Matt Waddell</i>		
3:00 - 4:00pm	6:00 - 7:00pm	<b>The Intentional Coach: How to Increase Influence Through Authenticity</b> <i>James Leath</i>		
4:00 - 5:00pm	7:00 - 8:00pm	<table border="0"> <tr> <td><b>Canadian University Rowing: How to Navigate Recruitment and What to Expect at University</b> <i>Katie Edwards, Craig Pond, Katie Bruggeling, Dan Bechard &amp; Dave Leger</i></td> <td><b>Attracting and Developing the New Rower in 2021</b> <i>Lesley Thompson-Willie &amp; Janine Stephens</i></td> </tr> </table>	<b>Canadian University Rowing: How to Navigate Recruitment and What to Expect at University</b> <i>Katie Edwards, Craig Pond, Katie Bruggeling, Dan Bechard &amp; Dave Leger</i>	<b>Attracting and Developing the New Rower in 2021</b> <i>Lesley Thompson-Willie &amp; Janine Stephens</i>
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 FISA Coastal Coaching Session

 Plenary Session

 Keynote

 Semi-Annual Meeting/  
Strategic Plan/Rules of Racing

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# NATIONAL CONFERENCE

JANUARY 28 to 31, 2021 | Online

## SATURDAY January 30, 2021

TIME (PT)	TIME (ET)	SESSION
8:00 - 9:15am	11:00am - 12:15pm	<b>The Long Win: Redefining Success to Create Inclusive Growth in Our Sport</b> KEYNOTE: <i>Cath Bishop</i>   PANEL: <i>Jennifer Walinga, Jason Dorland, Allison Ray</i>
9:30 - 10:30am	12:30 - 1:30pm	<b>Taking Action to Break a Climate of Silence</b> <i>Erin Davis</i>
10:30 - 10:45am	1:30 - 1:45pm	Break
10:45 - 11:30am	1:45 - 2:30pm	<b>Unconscious Bias to Inclusive Leadership Workshop</b> <i>Erin Davis &amp; Vandana Juneja</i> *10:45am - 1:15pm PT / 1:45 - 4:15pm ET
11:30 - 11:45am	2:30 - 2:45pm	Break
11:45am - 12:45pm	2:45 - 3:45pm	<b>Rowing Together: Building Brand Community During COVID-19</b> <i>Dr. Michael Naraine</i>
12:45 - 1:00pm	3:45 - 4:00pm	<b>Enhancing Training While Minimizing Injury in the Masters Rower</b> <i>Tricia McBride &amp; Jane Gumley</i>
1:00 - 2:00pm	4:00 - 5:00pm	<b>Make Ethical Decisions Training</b> <i>Adam Sollitt</i> *11:00am - 3:00pm PT / 2:00 - 6:00pm ET
2:00 - 2:45pm	5:00 - 5:45pm	<b>Creating Collaborative Coaching Practices</b> <i>John Wetzstein &amp; Phil Marshall</i>
3:00 - 4:00pm	6:00 - 7:00pm	<b>EmPower Oarlock for Technical Feedback</b> <i>Terry Paul &amp; Megan Kamachi</i>
		<b>Rules of Racing Review - Community Consultation</b>
		<b>RCA Semi-Annual Meeting Pre-Voting Perspectives and Considerations</b>

## SUNDAY January 31, 2021

TIME (PT)	TIME (ET)	SESSION
8:00 - 9:00am	11:00am - 12:00pm	<b>RCA Semi-Annual Meeting</b>
9:15 - 10:15am	12:15 - 1:15pm	<b>What Next for Rowing? Exploring the Discontinuous Side of Continuous Change</b> KEYNOTE: <i>Ian McCarthy</i>
10:30 - 11:30am	1:30 - 2:30pm	<b>RCA Strategic Priorities for 2025</b>
11:45am - 1:15pm	2:45 - 4:15pm	<b>Safe Sport: A Harmonized Approach to Prevent and Address Maltreatment in Canadian Rowing</b>

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