

FREQUENCY OF **CLEANING and DISINFECTING** AT THE BOATHOUSE



As a general rule, cleaning and disinfecting should be completed **before, during (between athletes) and between training groups.**

ROWING SHELLS (including shoes, foot stretchers and riggers) **AND OARS**

Includes private shells and oars



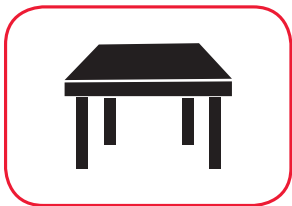
CLEAN AND
DISINFECT



**between
each use**

- * Detergent and water with a brush and sponge
- * Rinse well, preferably with a hose
- * Shoes, seat, deck, oar locks and handles should be disinfected with a wipe or spray after washing

HARD SURFACES AND HEAVY USE AREAS



CLEAN AND
DISINFECT



**at least
twice a day**



Cleaning equipment should be rinsed post wash and stored in an accessible area.

WASHROOMS (including taps, toilet handles, door handles), **OTHER HANDLES AND TAPS**



CLEAN AND
DISINFECT



**between each
training group**

It is preferable for each athlete to have their own dedicated bucket, sponge and brush.

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