



ROWING CANADA AVIRON

TOKYO 2020 PARALYMPIC

SELECTION GUIDELINES

SCHEDULE 'A'

AUGUST, 2019

SELECTION GUIDELINES 2020 Paralympic Team



ROWING

Medal Events

Male	Female	Mixed	Total
1	1	2	4
Single Sculls PR1 M1x	Single Sculls PR1 W1x	Double Sculls PR2 Mix2x Coxed Four PR3 Mix4+	

Athlete Quota

Male	Female	Gender Free	Total
48	48	0	96*

*Does not include coxswains. Coxswains may be either male or female and there will be one coxswain per qualified coxed four.

Allocation of Qualification Slots

The qualification slot is allocated to the NPC not to the individual athlete or team.

Maximum Quota Allocation per NPC

An NPC can be allocated no more than one (1) boat per medal event for a maximum allocation of four (4) male and four (4) female qualification slots (excluding coxswains).

Athlete Eligibility

To be eligible for selection by an NPC, athletes must:

- have competed in at least one (1) official FISA competition between 1 January 2018 and 7 June 2020;
- be internationally classified either with a 'Confirmed' sport class status or a 'Review' sport class status with a review date after 31 December 2020.

Maximum Entry per NPC

An NPC can enter a maximum of one (1) boat per medal event and may select a maximum of:

- one (1) male athlete for the Single Sculls PR1M1x medal event;
- one (1) female athlete for the Single Sculls PR1W1x medal event;
- one (1) male and one (1) female athlete for the Double Sculls PR2Mix2x medal event; and
- two (2) male and two (2) female athletes for the Coxed Fours PR3Mix4+ medal event.

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QUALIFICATION SYSTEM

Qualification slots will be allocated as follows:

METHOD	QUALIFICATION	TOTAL
2019 FISA World Rowing Championships Allocation	<p>The highest ranked boats in each medal event at the 2019 World Rowing Championships will qualify according to the number of quota places indicated below:</p> <ul style="list-style-type: none"> PR1 Men's Single Sculls (PR1M1x): 7 PR1 Women's Single Sculls (PR1W1x): 7 PR2 Mixed Double Sculls (PR2Mix2x): 8 PR3 Mixed Coxed Fours (PR3Mix4+): 8 	<p>31 male athletes</p> <p>31 female athletes</p>
Continental Qualification Regattas	<p>The highest ranked boat in each of the following medal events shall qualify:</p> <ul style="list-style-type: none"> PR1 Men's Single Sculls (PR1M1x) PR1 Women's Single Sculls (PR1W1x) <p>Continental Qualification Regattas shall be held for the following continental groupings:</p> <ul style="list-style-type: none"> Africa Americas Asia and Oceania Europe 	<p>4 male athletes</p> <p>4 female athletes</p>
2020 Final Paralympic Qualification Regatta Allocation	<p>The highest ranked boats at the Final Paralympic Qualification Regatta will qualify according to the number of quota places indicated below:</p> <ul style="list-style-type: none"> PR1 Men's Single Sculls (PR1M1x): 1 boat PR1 Women's Single Sculls (PR1W1x): 1 boat PR2 Mixed Double Sculls (PR2Mix2x): 2 boats PR3 Mixed Coxed Fours (PR3Mix4+): 2 boats 	<p>7 male athletes</p> <p>7 female athletes</p>
Host Country Allocation	<p>In the case that it does not qualify a boat at the 2019 World Rowing Championships or the relevant Continental Qualification Regatta, the Host Country may be allocated a qualification place or places, with a maximum of four athlete places (2 men and 2 women).</p> <p>In the case that the Host Country is allocated a boat, the allocation may ensure both male and female representation and should be at least in a medal event in which the Host Country has participated in/is ranked highest at the 2019 World</p>	<p>2 male athletes</p> <p>2 female athletes</p>

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	Rowing Championships, the Continental Qualification Regatta or the Final Paralympic Qualification Regatta. Any unused Host Country slots will be allocated via the Bipartite Commission Invitation Allocation (see below).	
Bipartite Commission Invitation Allocation	Four (4) eligible male athletes and four (4) eligible female athletes will be considered by the IPC and FISA for Bipartite Commission Invitation slots. To be considered for a Bipartite Commission Invitation, NPCs must submit an official application in writing to FISA by 25 May 2020.	4 male athletes 4 female athletes
Total		48 male athletes 48 female athletes

QUALIFICATION PRINCIPLES

Only those countries that have not qualified any boats at the 2019 World Rowing Championships shall be eligible to participate in the Continental Qualification Regattas. There will be no restriction on who may participate in the Final Qualification Regatta. This means that those NPCs that have participated in the Continental Qualification Regatta in an event but not qualified may compete again in the same event at the Final Qualification Regatta.

An eligible NPC may only enter one (1) boat per event at the relevant Continental Qualification Regatta and at the Final Qualification Regatta.

An NPC will be allowed to qualify a maximum of one boat through the Continental Qualification Regatta. If an NPC achieves more than one qualifying place at a Continental Qualification Regatta, it is the highest-ranking boat from the NPC that qualifies for the Paralympic Games. If two boats have equal rank in qualifying places, then the NPC must select the boat that will qualify for the Paralympic Games.

In the case where two boats from an NPC achieve a qualifying place at the Continental Qualification Regatta, the qualification place of the boat that is not selected by the NPC to qualify for the Paralympic Games passes to the next highest ranked boat in that event.

There shall be no restriction on the number of boats which an NPC may qualify at the 2019 World Rowing Championships and the Final Qualification Regatta up to the entry limit of one boat per NPC per medal event at the Paralympic Games.

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TIMELINE

25 Aug–1 Sept 2019	2019 FISA Rowing World Championships, Linz-Ottensheim, Austria
16 September 2019	FISA confirms in writing to the NPCs the number of allocated qualification slots from World Championships
30 September 2019	NPCs confirm in writing to FISA the use of allocated qualification slots from the 2019 World Rowing Championships
2019/2020, tbc	Africa Continental Qualification Regatta (location tbc)
2019/2020, tbc	Americas Continental Qualification Regatta (location tbc)
2019/2020, tbc	Asia & Oceania Continental Qualification Regatta (location tbc)
27–29 April 2020	European Continental Qualification Regatta, Varese, Italy
1 May 2020	FISA confirms in writing to the NPCs the number of allocated qualification slots from all Continental Qualification Regattas
8 May 2020	NPCs confirm in writing to FISA the use of allocated qualification slots from all Continental Qualification Regattas
8 May 2020	Deadline for Tokyo 2020 Organising Committee to receive accreditation application forms submitted by NPCs (“Accreditation Long List”)
8–10 May 2020	2020 Final Paralympic Qualification Regatta, Gavirate, Italy
11 May 2020	FISA confirms in writing to the NPCs the allocated qualification slots from the Final Qualification Regatta
11 May 2020	Start of Bipartite application process
25 May 2020	NPCs confirm in writing to FISA the use of allocated qualification slots from the Final Qualification Regatta
25 May 2020	Deadline for NPCs to submit Bipartite applications to FISA
1 June 2020	FISA confirms in writing to the NPCs the reallocation of unused qualification slots and awarding of Bipartite invitations
3 August 2020	Deadline for Tokyo 2020 Organising Committee to receive sport entry forms submitted by NPCs

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CONFIRMATION PROCESS OF ALLOCATED SLOTS

By 30 September 2019 each qualified NPC must confirm to FISA in writing (fax and email are accepted) the qualification slots from the 2019 FISA World Championships they will use. By 8 May 2020 each qualified NPC must confirm to FISA in writing the qualification slots from Continental Qualification Regattas they will use. By 25 May 2020 each qualified NPC must confirm to FISA in writing the qualification slots from the Final Qualification Regatta they will use. NPCs that have not responded by these dates will lose their qualification slots, and FISA may reallocate these slots.

By 1 June 2020 FISA will confirm in writing the reallocation of all unused qualification slots and the allocation of Bipartite Commission Invitation places.

By 1 June 2020 it is officially declared that the respective NPCs will use the allocated quotas granted for the Tokyo 2020 Paralympic Games. Any NPC that does not use some or all of its allocated qualification slots may be subject to sanctions by IPC and FISA.

REALLOCATION OF UNUSED QUALIFICATION SLOTS

Any qualification slots that are not used by an NPC will be reallocated to the next highest ranked and not otherwise qualified NPC in the same medal event at the respective competition where the slot was obtained. In the case that no eligible athletes are available for reallocation at the respective competition, any unused slots will be reallocated by the Bipartite Invitation Commission.

INTERNATIONAL FEDERATION

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Switzerland
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1. PURPOSE

The objective of the National Team Selection Policy is to select crews that have potential to accomplish Rowing Canada Aviron's (RCA's) National Team goal of achieving an 'A' Final position (top 6) at the 2020 Tokyo Paralympic Games, with the ultimate aim of winning Gold medals. In this policy, the terms 'crew' and 'crews' include single scullers.

The following outlines RCA's internal process to determine final crew nominations to the Canadian Paralympic Committee (CPC) for the 2020 Paralympic Games. Athletes competing for position within a crew must follow all the steps below in order to be considered for nomination.

2. OVERVIEW

Schedule 'B' of the RCA / CPC selection agreement represents the internal nomination procedures of RCA. These criteria, along with Schedule 'A', set forth the method by which RCA will determine its 2020 Paralympic Team nominations for submission to the CPC. Therefore, if RCA qualifies for entry in the Paralympic Games in accordance with International Rowing Federation (FISA) Paralympic Qualification System as outlined in Schedule 'A', athletes nominated by RCA to the CPC for membership on the 2020 Paralympic Team, must be those who qualify for nomination in accordance with the criteria outlined in Schedule 'B'.

The Athletes Quota and allocation of the quota is detailed within the Schedule A's *Athlete Quota* and *Qualification System* sections, where it explains the difference for athletes who are part of qualification through the 2019 World Rowing Championships compared to athletes who are part of qualification through Continental Qualification Regattas and the Final Paralympic Qualification Regatta.

RCA may nominate to the CPC up to the maximum number permitted by Paralympic entry regulations in each event, and overall. RCA Internal crew nominations are to be declared by the High Performance Director on June 11th, 2020 and will be submitted to the CPC on June 18th, 2020 and are subject to further reallocation of entry places by FISA (see Schedule 'A'). The announcement of the 2020 Paralympic Team is not official until communicated by the CPC.

Final decisions on the nomination process, and the nomination of crews and staff to the CPC for the 2020 Paralympic Games, rests with the RCA High Performance Director.

Once the CPC accepts those athletes nominated by RCA, it is up to RCA to decide the final event entries at the Paralympic Games, (see Section 3, below).

Entry at the Paralympic Games will be in accordance with International Paralympic Committee (IPC) and FISA Rules and regulations.

This Selection Guidelines document was drafted and prepared by RCA staff, reviewed by the RCA Athletes Council and came into effect immediately upon publication on the RCA website. RCA may also communicate and distribute this Selection Guidelines to relevant athletes through other channels available to the athletes. RCA reserves the right to amend this document for changes imposed by parties external to RCA or for changes that become necessary due to typographical error or a lack of clarity in a definition or wording.

Any changes made by RCA are deemed to come into effect immediately upon publication on the RCA website. Additional publication of the amended Selection Guidelines will be made by whatever means and wherever the original Selection Guidelines was published.

3. SCOPE

This Selection Guidelines document will be used to select Athletes, Coaches and Support Staff to the 2020 Paralympic Rowing Team (Women & Men) competing at the Paralympic Games in Tokyo (August 25th – September 6th, 2020), and any lead up events including World Rowing Cups, or Paralympic Qualification regattas - as designated by RCA's High Performance Director.

***Note Olympic Selection Guidelines will be published in a separate document.*

4. SELECTION ELIGIBILITY REQUIREMENTS

All athletes wishing to be considered for selection must satisfy all of the following requirements:

4.1. GENERAL ELIGIBILITY REQUIREMENTS

All athletes and coaches selected to RCA National Teams must be registered and be in good standing with the Canadian Amateur Rowing Association (CARA), which operates under the name RCA. In order to be eligible for nomination to the Canadian Paralympic Committee for Paralympic or Team selection, an athlete must:

- Meet the IPC 2020 Tokyo Paralympic Games eligibility requirements as outlined in Schedule A;
- Have a valid Canadian passport that does not expire on or before February 9th, 2021;
- Sign and submit the CPC Athlete Agreement and Eligibility Conditions Form no later than June 18th, 2020;
- Sign and submit the 2020 RCA Athlete Agreement no later than January 1st, 2020; and
- Submit a Letter of Intent as indicated in section 4.3

For clarity, to be in good standing with the CARA, an athlete must be a member of the CARA and:

- their membership dues and any debts to RCA are not overdue;
- they are not subject to a disciplinary investigation or action by the Association; and
- has fulfilled all terms and conditions of any disciplinary action to the satisfaction of the Board of Directors.

4.2. ATHLETE TRACKING AND MONITORING (RADAR)

Athletes must comply with the minimum monitoring requirements. This information is outlined in RCA's Athlete monitoring document available on the RCA website.

<https://rowingcanada.org/resources/>

4.3. LETTER OF INTENT

The Letter of Intent must be submitted by all athletes who wish to be considered for selection in the 2020 Paralympic team before: September 20, 2019. Please go to the following link, login and fill in the Letter of Intent: <https://rca-athlete-tracker.sportingdna.com/users/login>

4.4. ATHLETE AGREEMENT

All athletes wishing to be considered for national team selection must complete and sign the 2020 RCA Athletes Agreement by January 1, 2020. The RCA Athlete Agreement is available online on the RCA website <https://rowingcanada.org/resources/>. The signed agreement can be hand delivered, posted or email scanned and should be sent to:

c/o Rowing Canada Aviron
321- 4371 Interurban Road, Victoria, BC V9E 2C5

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hp@rowingcanada.org

Late receipt of signed RCA Athlete Agreements may jeopardize selection.

5. SELECTION CRITERIA

Athletes pursuing selection to the 2020 Paralympic Rowing Team shall follow a sequential process summarized as follows:

- 1) Invitation to selection camp;
- 2) Participate in selection camp;
- 3) Selected to Paralympic Squad;
- 4) Final Selection; followed by
- 5) Nomination of crews and athletes to CPC

The specific details of each stage in the process are outlined within this document.

5.1. SELECTION CAMP INVITE

The list of invited athletes to the selection camp will be posted on the RCA website by September 30, 2019. RCA Head Coaches are to nominate their invitation list to the High Performance Director for approval.

Invitations to athletes will be extended by the High Performance Director based on:

- 2019 International Racing Results including World Rowing Championships, World Rowing Cups and Gavirate Para-Rowing International Regatta;
- Attendance at and performance in the 2019 National Rowing Championships, September 27th to 29th in Burnaby, BC;
- 2019 RCA Athlete Monitoring Program Results (RADAR);
- Meeting eligibility requirements as outlined in 4.1 *General Eligibility Requirements* above;
- The capacity of the overall National Training Centre environment; &
- Number of 2020 Paralympic Qualification places available per category (PR1, PR2 and PR3).

Athletes who competed and qualified boats through the FISA Paralympic and qualification criteria at the 2019 World Rowing Championships, must comply with the 2020 Paralympic Selection Camp invitation process for entry into the Paralympic Selection Camp. RCA's High Performance Director will consult with the Para-Rowing Head Coach to determine if it is within RCA's performance objectives (top 6) to consider and pursue an entry(ies) into the Final Paralympic Qualification Regatta. The final decision rests with the High Performance Director.

5.2. SELECTION CAMP CREW NOMINATIONS

The 2020 Paralympic Selection Camp will be held at the National Training Centre in Victoria, BC. The Selection Camp begins on October 7, 2019 and continues through to March 28, 2020. Only athletes invited to this camp may attend.

Qualification of a boat through the 2019 World Rowing Championships process does not pre-qualify athletes within that crew for 2020 Paralympic team nomination.

Athletes will be evaluated for crew and team selection using the process outlined in Appendix 1 in accordance with an individual athlete's performance and achievement with respect to the following criteria ("Selection Criteria"):

- Performance results in 2019 and 2020 including but not limited to:

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- Time trials of various distances, including but not limited to 2000M;
 - Small and/or large boat seat racing matrices (ie: seat racing all athletes against each other) and/or targeted seat racing (ie: select head to head races with direct swaps of relevant athletes);
 - Designated ergometer assessments; &/or
 - Racing results, including but not limited to, results achieved at national or international rowing regattas.
- Ongoing ergometer testing as per 2019 & 2020 RCA Athlete Monitoring Program including RADAR

In addition, RCA may take into account the following other factors during the team selection processes (“Other Criteria”):

- Ongoing technique and ability to adjust to technical feedback;
- Factors relevant to crew combination, namely crew compatibility (ie: how individuals perform as a team), coachability, and technical compatibility;
- Commitment to the program;
- Assessment of competitive readiness (ie: fitness relative to previous assessments and to peers);
- Ability to meet and maintain bodyweight targets (for coxswains only); and
- Additional factors relevant to achieving RCA team objectives including but not limited to potential development of the athlete or coach for subsequent National Teams and ultimately Senior Team selection.

If an athlete has any questions with respect to the above Selection Criteria and/or Other Criteria, they may contact the RCA Para-Rowing Head Coach, High Performance Director or the identified designate to obtain clarification. From time to time as required, supplemental program specific information may be posted on the Rowing Canada Aviron website at: <https://rowingcanada.org/resources/> and circulated through communication channels such as the Athlete Tracker Database or WhatsApp.

5.2.1. COXSWAINS

For Coxswains to be considered for selection, the following will also be considered, in addition to the above Selection Criteria and Other Factors:

- Whether a ‘coxed’ boat (4+) has either qualified for, or will be nominated by the High Performance Director to the CPC for 2020 selection;
- Athlete and coach assessment of the coxswain’s ability;
- Compatibility with other athletes in the selected crew and coaches;
- Demonstrated ability to meet weight guidelines (as per FISA Rule 27); &
- Racing experience and results.

5.2.2. COACHES

For Coaches to be considered for selection, RCA reserves the right to nominate the coach believed to be able to produce the best performance of the athlete or crew at the designated event. Coaching appointments may be made to achieve strategic objectives or meet certain principled standards. The details of coach selection are outlined in Appendices below.

5.3 PARALYMPIC SQUAD

Upon completion of the Selection Camp process outlined in 5.2, A Paralympic Squad will be announced April 1, 2020. The Paralympic Squad will be those who participate at any 2020 Rowing World Cups, Final Paralympic Qualification Regatta (if pursuing), and 2020 Paralympic Regatta as a competing athlete or Alternate (see 9. Alternates Selection below). The specific crew composition for events will follow IPC/CPC/FISA guidelines and specific timelines contained within this document.

6. FINAL SELECTION

The final Paralympic Team will be confirmed by the CPC Team Selection Committee on July 4, 2020. As part of that process, RCA will nominate Coaches, Support Staff and identify any Alternate Athletes for consideration by the CPC for selection onto the Paralympic Team. Entry at the Paralympic Games will be in accordance with FISA rules and regulations.

After these dates, there will be no further additions to the Paralympic Team, except as allowed by certain 'Special Circumstances' (Section 11). However, placement of these athletes in specific crews may be changed up to the date of competition (and taking into account any relevant IPC/CPC/FISA policies), based upon the appropriate assessment of the Crew's competitiveness by the program's Head/Crew Coach and subsequent approval by the High Performance Director.

7. SELECTION AUTHORITY

The final authority for Team selection rests with the RCA High Performance Director. This authority is based upon the nominations made by individuals noted in the chart below and all other criteria within this document.

Athletes may be considered for late invitation to various selection activities (depending on schooling commitments, or other special circumstances, etc.). The High Performance Director may also choose to invite athletes based on 'Special Circumstances' outlined in Section 11. The High Performance Director will consult the relevant National Head Coach and may delegate his or her authority for selection to another individual(s) as required.

8. AUTHORITY TO MAKE CHANGES TO THE COMPOSITION OF CREWS - ONCE THE TEAM IS SELECTED

Selection to a National Team as part of a crew (or an alternate) does not guarantee an athlete a place in a specific crew for the regatta. For crews selected to the above events, the composition of crews shall remain the discretion of the RCA High Performance Director and Para-Rowing Head Coach or their designate. The configuration of crews may be changed based on a crew's competitiveness and such changes will follow the appropriate competition regulations.

The exception is in the event a crew qualifies through the Final Paralympic Qualification Regatta. In these instances, the athletes and boat class that race in the Final Paralympic Qualification Regatta are to be the same athletes that raced in the qualified boat at the Paralympic Games Regatta, as per FISA regulations.

Any changes occurring after July 6, 2020 are subject to relevant IPC/CPC/Tokyo 2020 'Late Athlete Replacement' Policies.

9. ALTERNATES SELECTION

To meet the needs of the National Para Program, RCA's High Performance Director may designate alternates out of the pool of Paralympic Camp athletes not selected to a specific crew. The High Performance Director will consider requests from the Para-Rowing Head Coach to support the 2020 FISA Rowing World Cup regattas, and or the 2020 FISA Final Paralympic

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Qualification Regatta. Alternate Athletes shall remain eligible to race under the 'Late Athlete Replacement' Policies as mentioned in Section 8.

Attendance at the Games will be identified in the announcement of the Paralympic Squad. In advance of this selection, RCA will confirm the financial commitment to the athletes being on-site and any additional terms associated with being an Alternate Athlete.

Note: Alternates are not considered to be part of the official Canadian Paralympic Team.

10. ON-SITE DECISION-MAKING AUTHORITY

During the training and competition period at an 'away' venue all final decision-making authority will reside with the team leader.

The responsibilities of the team leader will first and foremost be creating and supporting an environment that supports performance excellence at their event, in addition to:

- Leading all matters related to crisis management, emergency preparedness and response,
- Manages team member human resources, roles and responsibilities, accreditations and conduct issues on behalf of RCA,
- Acts as spokesperson for the team and RCA on-site pertaining to any issues on entries, FISA/IPC regulations and organizing committee communication, and
- Responsible for ensuring the team and members comply with RCA/FISA/IPC regulations and agreements signed by team and members.

11. SPECIAL CIRCUMSTANCES

If because of injury, illness, or extenuating circumstance an athlete is unable to meet any of the criteria set out in this document, an athlete may still be considered for the Paralympic Team Selection process, World Cups, or the FISA Paralympic Qualifying Regatta and the Paralympic Games. Athletes must advise the RCA High Performance Director in writing of any injury, illness, or personal extenuating circumstance as soon as possible and in advance of the before mentioned events. In the case of illness or injury, a medical certificate signed by the Athlete's doctor must be submitted to RCA's Chief Medical Officer. In the event an Athlete who has been selected in a National Team becomes injured or ill, and in the opinion of the High Performance Director (with advice of the Chief Medical Officer where relevant), is not deemed fit to compete, then the Athlete may be replaced with another Athlete. The choice of the replacement Athlete is at the sole discretion of the High Performance Director, in consultation of the relevant coach. In all cases, permission to be exempted from any requirement contained within this document must be obtained in writing from the High Performance Director.

Failure to properly report injury, illness, and/or other personal extenuating circumstances prior to the selection processes of each event may result in the athlete being de-selected and financially responsible for all the athlete's costs associated with the event.

12. REMOVAL FROM A TEAM ONCE SELECTED

The High Performance Director (or their designate Team Lead) may, at any time, and at their discretion, disqualify an athlete from being considered for nomination to the Canadian Team based on terms and conditions outlined in the RCA Athlete Agreement. RCA will advise the affected athlete, in writing, of the decision.

For the 2020 Paralympic Games Team, following nomination to the CPC, any such removals are subject to the approval of the CPC Team Selection Committee. Reasons for dismissal include, but are not limited to:

- Inability to maintain high training standards,
- Inability to meet performance expectations in competition,

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- Inability to perform due to injury, illness or for other medical reasons as determined by RCA's Chief Medical Officer, or
- Violation of terms and conditions as set out in the RCA Athlete Agreement.

The High Performance Director reserves the right to withdraw an athlete from nomination:

- If the athlete has not taken part in the mandatory training camps organised by RCA prior to the event or,
- If the athlete has not fulfilled his/her responsibilities as identified in the RCA Athlete Agreement.

The RCA Athlete Agreement can be found on the following page: <https://rowingcanada.org/resources/> and the relevant policies identified as components of the Athlete Agreement can be found at: <https://rowingcanada.org/governance/>

13. APPEAL PROCESS

Decisions made pursuant to this Selection Guidelines document may be appealed in accordance with the RCA Appeal Policy located in the Athlete Handbook and on the RCA website here: <https://rowingcanada.org/governance/>

14. RELOCATION and TEAM FUNDING

Relocation for carded athletes: Sport Canada's Athlete Assistance Program (AAP), provides financial assistance for carded athletes with relocation expenses to a National Training Centre.

For additional information, please visit Section 8.4 (Supplementary AAP Support) within [Sport Canada's AAP Policies and Procedures](#).

15. APPENDICES

The appendices attached in the following pages, outline the requirements and information regarding:

- 2020 Paralympic Rowing Team Selection - Event Requirements
- Coach, Team Leader & Team Support Staff Selection
- Important Dates
- RCA High Performance Contact Details

APPENDIX 1

2020 PARALYMPIC ROWING TEAM - EVENT REQUIREMENTS

These Event Requirements operate as an appendix to the Schedule B RCA/CPC Selection Guidelines (above) and outline the activities that rowers and coxswains must complete to be eligible for selection for the Canadian Paralympic Rowing Team.

****Note Olympic Selection Guidelines will be published in a separate document.**

All athletes must complete all activities stipulated in these Event Requirements (except for activities marked 'participation encouraged') unless there are Special Circumstances (Section 11) that prevent this, in which case RCA's High Performance Director is to be notified of the particular reason as soon as is practicable, and in accordance with the Guidelines noted in this document. The selection process for the Senior National Team will include the following requirements as indicated (and as outlined below):

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Item	Event	Date	Athletes	Location	Detail	Objective
1	2020 Letter of Intent	On or before September 20, 2019	Required for athletes wishing to be considered for Senior National Squad.	Online	See Schedule 2, Section 4.3 of 2020 Selection Guidelines	Program Commitment
2	RADAR monitoring ergometer	Deadline Period 1: Nov. 30 2019 Period 2: March 31, 2020	Required for all athletes wishing to be considered for selection	Supervised in: National Training Centre (NTC) or Local Training Environment	PR1, PR2 & PR3	Individual performance monitoring in accordance with Selection Criteria
3	2019 National Rowing Championships	September 27-29, 2019	Required for all athletes wishing to be considered for selection	Burnaby, BC	PR1, PR2 & PR3	Individual performance monitoring in accordance with Selection Criteria
4	Paralympic Camp Invitation	September 30, 2019	Required for all athletes wishing to be considered for selection	RCA NTC Victoria, BC	See Schedule 2, Section 5.1 of 2020 Selection Guidelines	Entry point to selection process.
5	Paralympic Selection Camp	October 7, 2019 to March 28, 2020	Invitation Only: 2020 Paralympic Training Camp nominees invited into the NTC	Victoria BC (Elk Lake, Shawnigan Lake &/or Quamichan Lake)	See Schedule 2, Section 5.2 of 2020 Selection Guidelines	Selection of athletes into Paralympic Squad
6	2020 Athlete Agreement	On or before January 1st 2020	Required for all athletes wishing to be considered for selection	Signed Hardcopy	See notes above	Program Commitment
7	Accreditation data submission	February 17, 2020	Required for all Paralympic Camp athletes, all coaches and all potential support staff	CPC Bridge	Submission of data required by CPC, IPC and Games Organizing Committee	Meeting Accreditation eligibility
8	Paralympic Squad	April 1, 2020	Athletes Identified from Selection Camp to Paralympic squad	World Cup events incl possible Final Paralympic Qualification Regatta	See Schedule 2, Section 5.3 of 2020 Selection Guidelines	Identified Athletes race in potential Paralympic crews and participate in pre-Paralympic Competitions.
9	Internal Announcement of Paralympic Nominations	June 11	Paralympic Squad Athletes		See Schedule 2, Section 6.0 of 2020 Selection Guidelines	RCA Announces Nominations for the 2020 Paralympic Games Regatta to Paralympic Squad Athletes
10	CPC Athlete Agreement and Tokyo 2020 Eligibility Conditions Form	June 18	Required for all nominated team member	Signed Hardcopy	See notes above	Program Commitment
11	Announcement of Paralympic Nominations to CPC	June 18	Paralympic Squad Athletes		See Schedule 2, Section 6.0 of 2020 Selection Guidelines	Nomination of crews and athletes for the 2020 Paralympic Games Regatta

2020 EVENT REQUIREMENTS - NOTES

Entry at the Paralympic Games will be in accordance with FISA rules and regulations. Athletes not selected into the Paralympic Team, may consider seeking selection for the Senior Non-Paralympic World Rowing Championships and any other High Performance Programming, by

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competing at the 2020 Speed Order Trials in June 2020. All athletes are recommended to be aware of the selection criteria for those events as identified on the RCA website.

Additional plans and details regarding the criteria outlined in this document, may be communicated from time to time on the RCA Website <https://rowingcanada.org/resources/> and will be circulated through communication channels such as the RCA Athlete Tracker Database, email, WhatsApp and/or NTC Athlete information sessions.

APPENDIX 2

TEAM LEADER and SUPPORT STAFF SELECTION

The Paralympic Team 'Team Leader' and support staff will be appointed by the High Performance Director in consultation with the National Head Coaches. Generally, appointments will be made from existing RCA employees and RCA Performance Enhancement Team members, but should additional requirements exist, RCA will advertise the application process with an official notice. If additional sports science or sports medicine support staff are required to support the team, RCA's Chief Medical Officer will play a role in the identification and selection of those practitioners.

In addition to the technical requirements below, all support staff should be available to support the daily training environment as per the yearly plan, and are expected to be available for some travel to camps or competitions as requested.

Other considerations in the selection include compatibility and fit with the Team, Athletes, Coaches and other Support Staff and sport specific experience and knowledge. The individuals should have demonstrated efficiency and positive attitude within a high pressure event environment.

The list of practitioners within this section is meant to illustrate the certification/designation requirements and is not a list of all support staff attending camps or competitions.

The minimum requirements for all include:

- Criminal Record Check;
- CCES True Sport 101 online course;
- Respect in Sport online module; and
- Other requirements as identified by the CPC

Sports Medicine practitioners specifically will be licensed and certified to practice in Canada with appropriate malpractice insurance and have one of the following certifications/designations:

- Physician – Sports Medicine Physician with Canadian Academy of Sport and Exercise Medicine (CASEM) Diploma
- Athletic Therapist – Certified Athletic Therapist (CAT-Canada), through the Canadian Athletic Therapist Association (CATA),
- Physiotherapist – Sport Certificate minimally, ideally Sport Diploma and/or Level 3 Orthopaedic division of the Canadian Physiotherapy Association
- Massage Therapy – Certified Sport Massage Therapists through the Canadian Sport Massage Therapists Association (CSMTA)
- Chiropractor – Royal College of Chiropractic Sport Science (Canada) or CCSS(C) Fellow

Sports Science practitioners are to have one of the following certifications/designations:

- Physiologist – Certified Exercise Physiologist (CEP) through Canadian Society for Exercise Physiology
- Mental performance consultant – Masters or PhD in Psychology and/or Sports Psychology.
- Performance Analysis – Masters or PhD in analytics and computer science

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- Nutrition - Registered Dietician, preferably with IOC Sports Nutrition Diploma

COACH SELECTION

Paralympic Team Coaches will be appointed by the High Performance Director in consultation with the Head Coaches. Generally, appointments will be made from existing RCA Coaching Staff. Should additional coaching requirements exist, RCA will advertise an Expression of Interest process through an official notice.

Selection of Crew Coaches through the Expression of Interest process will be at the sole discretion of the High Performance Director, with input from the respective National Head Coaches. Selection considerations include previous experience, performance of athletes coached, coaching qualifications and the long-term development strategy of RCA's high performance coaching structure.

RCA reserves the right to nominate the coach believed to be able to produce the best performance of the athlete or crew at the designated event. Coaching appointments may be made to achieve strategic objectives or meet certain principled standards.

Minimum Qualifications:

- Registered as a Coach in good standing with Rowing Canada Aviron
- Performance Coach Certified
- Registered Coach or Chartered Professional Coach (ChPC) with the Coaching Association of Canada

Other required certifications include:

- Coaching Essentials
- Making Ethical Decisions;
- Respect in Sport Online Module;
- CCES True Sport 101;
- Criminal Record Check; and
- Other requirements as identified by the CPC.

The announcement of the 2020 Paralympic Team coaching staff is not official until communicated by the CPC.

Training Location All Paralympic crews will be based at the National Training Centre in Victoria, British Columbia.

APPENDIX 3

2019 & 2020 IMPORTANT DATES

RCA OLYMPIC PROGRAM		
2019		
World Rowing Championships	August 21-29	Linz, Austria
Letter of Intent	September 20	Online RCA athlete tracker
National Rowing Championships	September 27-29	Burnaby, BC
Paralympic Selection Camp Invite	September 30	Online
Paralympic Selection Camp Opens	October 7	NTC Victoria
Period 1 RADAR Deadline	November 30, 2019	Online - RCA Athlete Tracker
2020		
RCA Athlete Agreement	January 1, 2020	Online/NTC Victoria

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CPC Accreditation Data Submission	February 17, 2020	Online via "The Bridge" (COC)
Paralympic Selection Camp Ends	March 28	NTC Victoria
Olympic Squad Announced	April 1	NTC Victoria
Period 2 RADAR Deadline	March 31, 2020	Online - RCA Athlete Tracker
Americas Paralympic Qualification Regatta - PR1 (*tbc)	April 2-5	Rio de Janeiro, BRA
Rowing World Cup 1 (*tbc)	April 10-12	Saubadia, ITA
Rowing World Cup 2 (*tbc)	May 1-3	Varase, ITA
Final Paralympic Qualification Regatta - all events (*tbc)	May 8-10	Gavirate, ITA
Rowing World Cup 3 (*tbc)	May 22-24	Lucerne, SUI
RCA declare crew nominations - Internal	June 11	NTC Victoria
RCA submit crew nominations to CPC	June 18	NTC Victoria
CPC Athlete Agreement and Eligibility Conditions Form	June 18	NTC Victoria
Paralympic Rowing Team Announced	Prior to July 1	
CPC confirms Nominations	TBC	
Paralympic Regatta	August 25 - September 6	Tokyo, Japan

APPENDIX 4

RCA CONTACT INFORMATION

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