



ROWING CANADA AVIRON

TOKYO 2020 OLYMPIC TEAM

SELECTION GUIDELINES

SCHEDULE 'A'

FISA/IOC QUALIFICATION SYSTEM

AUGUST, 2019

# SELECTION GUIDELINES 2020 Olympic Team



QUALIFICATION SYSTEM – GAMES OF THE XXXII OLYMPIAD – TOKYO 2020

## WORLD ROWING FEDERATION (FISA)

### Rowing

#### A. EVENTS (14)

Men's Events (7)	Women's Events (7)
Single Sculls (1x)	Single Sculls (1x)
Pair (2-)	Pair (2-)
Double Sculls (2x)	Double Sculls (2x)
Four (4-)	Four (4-)
Quadruple Sculls (4x)	Quadruple Sculls (4x)
Eight (8+)	Eight (8+)
Lightweight Double Sculls (2x)	Lightweight Double Sculls (2x)

#### B. ATHLETES QUOTA

##### 1. Total Quota for Rowing:

	Qualification Places	Host Country Places	Tripartite Commission Invitation Places	Total
Men	260*	1	2	263
Women	260*	1	2	263
Total	520	2	4	526

\* Coxswains are members of the crew and are included in the quota of qualification places. The gender of the coxswain shall be open so that a men's crew may be coxed by a woman and a women's crew by a man.

##### 2. Maximum Number of Athletes per NOC:

	Quota per NOC	Event Specific Quota
Men	24	1 boat per event
Women	24	1 boat per event
Total	48	

##### 3. Type of Allocation of Quota Places:

The quota places are allocated to the NOCs.

For quota places obtained at the 2019 World Rowing Championships in Linz-Ottensheim, Austria, the NOC may enter a boat with different athletes at the Olympic Games Tokyo 2020 than those who qualified the boat and these athletes may row in different events at the Olympic Games Tokyo 2020 than those in which they competed in 2019.

# SELECTION GUIDELINES 2020 Olympic Team



## QUALIFICATION SYSTEM – GAMES OF THE XXXII OLYMPIAD – TOKYO 2020

For quota places obtained at the African, Asian-Oceania, Americas and European Continental Qualification regattas and the Final Qualification regatta, the athletes that qualified the boat(s) at these events must compete in the same event if they compete in any events at the Olympic Games Tokyo 2020. Similarly, in the case of Tripartite Commission Invitation Places, the places are allocated to specific athletes and these athletes must participate in the events if the place is accepted.

### C. ATHLETE ELIGIBILITY

#### 1. Eligibility for the Olympic Games

All athletes must comply with the provisions of the Olympic Charter currently in force, including but not limited to, Rule 41 (Nationality of Competitors) and Rule 43 (World Anti-Doping Code and the Olympic Movement Code on the Prevention of Manipulation of Competitions). Only those athletes who comply with the Olympic Charter may participate in the Olympic Games Tokyo 2020.

#### 2. Eligibility to qualify for the Olympic Games

To be eligible to participate in the 2019 World Rowing Championships, all athletes must be eligible under FISA Rules and Regulations ("Eligibility and Nationality" Rule 19 on page 51 of the FISA Rule Book <http://www.worldrowing.com/fisa/publications/rule-book>).

To be eligible to participate in the continental Olympic qualification regattas and the final Olympic qualification regatta, all athletes must comply with the provisions of the Olympic Charter currently in force, including but not limited to Rule 41 (Nationality of Competitors).

To be eligible for a Tripartite Commission Invitation Place in Rowing, athletes proposed from an NOC must attend and participate in at least one of the qualification events and be eligible for the Olympic Games (as explained in the paragraph C. Athlete Eligibility.).

### D. QUALIFICATION PATHWAY

#### QUALIFICATION PLACES

Number of boat quota places available per qualification event (subject to the reallocation of unused quota places):								
		Continental Qualification Regattas						
	2019 World Champs	Asia/ Oceania	Africa	Americas	European	Final Qualif Regatta	Total Boats	Total Athletes
<b>Men</b>								
Single Sculls (M1x)	9	5	5	5	3	2	29	29
Pair (M2-)	11	-	-	-		2	13	26
Double Sculls (M2x)	11	-	-	-		2	13	26
Four (M4-)	8	-	-	-		2	10	40
Quadruple Sculls (M4x)	8	-	-	-		2	10	40
Eight (M8+)	5	-	-	-		2	7	63
<b>Men Lightweight</b>								
Double Sculls (LM2x)	7	3	1	3	2	2	18	36
<b>Other</b>								
Host Country Places (M1x)							1	1

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Tripartite Places (M1x)							2	2
Total Men's Boats	59	8	6	8	5	14	103	263

Number of boat quota places available per qualification event (subject to the reallocation of unused quota places):								
Continental Qualification Regattas								
	2019 World Champs	Asia/ Oceania	Africa	Americas	European	Final Qualif Regatta	Total Boats	Total Athletes
<b>Women</b>								
Single Sculls (W1x)	9	5	5	5	3	2	29	29
Pair (W2-)	11	-	-	-		2	13	26
Double Sculls (W2x)	11	-	-	-		2	13	26
Four (W4-)	8	-	-	-		2	10	40
Quadruple Sculls (W4x)	8	-	-	-		2	10	40
Eight (W8+)	5	-	-	-		2	7	63
<b>Women Lightweight</b>								
Double Sculls (LW2x)	7	3	1	3	2	2	18	36
<b>Other</b>								
Host Country Places (W1x)							1	1
Tripartite Places (W1x)							2	2
Total Women's Boats	59	8	6	8	5	14	103	263

## QUALIFICATION EVENTS

### 1. 2019 FISA World Rowing Championships Linz-Ottensheim (AUT)

The 2019 World Rowing Championships are open to all NOCs that have NFs that are members of FISA. For each event, the NOCs of the highest placed crews at the 2019 World Rowing Championships will qualify according to the number of quota places indicated below:

Boat Class	Men	Men Lightweight	Women	Women Lightweight
Single Sculls (1x)	9	-	9	-
Pair (2-)	11	-	11	-
Double Sculls (2x)	11	7	11	7
Four (4-)	8	-	8	-
Quadruple Sculls (4x)	8	-	8	-
Eight (8+)	5	-	5	-

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## QUALIFICATION SYSTEM – GAMES OF THE XXXII OLYMPIAD – TOKYO 2020

### 2. FISA Continental Olympic Qualification Regattas

The Continental Qualification Regattas are open only to those NOCs that have qualified in only one event or have not qualified in any events at the 2019 World Rowing Championships.

There will be four (4) Continental Qualification Regattas:

- Asia/Oceania: Open to NOCs that are members of the Olympic Council of Asia and the Oceania National Olympic Committees;
- Africa: Open to NOCs that are members of the Association of National Olympic Committees of Africa;
- Americas: Open to NOCs that are members of Organización Deportiva Panamericana;
- Europe: Open to NOCs that are members of the European Olympic Committees.

There will be four (4) events at each Continental Qualification Regatta as listed in the table below.

For each event listed below, the NOCs of the highest placed boats at the relevant Continental Qualification Regatta will qualify according to the number of quota places indicated below:

Boat Class	Asia / Oceania	Africa	Americas	Europe
<b>Men</b>				
Single Sculls (1x)	5	5	5	3
<b>Men Lightweight</b>				
Double Sculls (2x)	3	1	3	2
<b>Women</b>				
Single Sculls (1x)	5	5	5	3
<b>Women Lightweight</b>				
Double Sculls (2x)	3	1	3	2

- An eligible NOC may only enter one (1) boat per event at the relevant Continental Qualification Regatta and only in the events in which they have not already qualified at the 2019 World Rowing Championships.
- Entries for the Continental Qualification regattas should be accompanied by a letter from the NOC confirming that the athletes entered are eligible according to section C. **Athlete Eligibility** above;
- The Continental Qualification Regattas will be held according to the [FISA Rules of Racing](#) and have the same status as World Rowing Championships (Rule 5, page 47);
- The sites of the four qualification regattas shall be confirmed by the end of December 2018;
- Except as provided below, at the Continental Qualification Regattas, an NOC may qualify a maximum of one (1) boat. If two (2) boats from an NOC meet the qualification criteria at a Continental Qualification Regatta, then it is the highest-ranking boat that qualifies. In the case that two or more boats have an equal ranking other than first place (which is dealt with separately below), the NOC shall select one of these boats to qualify for the Games;
- For NOCs not having qualified any boats at the 2019 World Rowing Championships and having two boats placed first in two events at the Continental Qualification Regatta, both first placed boats shall qualify. Where an NOC as described in the first sentence above has more than two boats placing first at the Continental Qualification Regatta, the NOC shall select two of these boats to qualify for the Games.
- For NOCs having qualified one boat at the 2019 World Rowing Championships and having two or more boats placed first in events at the Continental Qualification Regatta, the NOC shall select one of these boats to qualify for the Games.



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- In all cases mentioned above, the NOC shall have two weeks from notification to decide which boat or boats shall qualify for the Games.

### 3. FISA Final Olympic Qualification Regatta

The Final Olympic Qualification regatta is open to all NOCs that have NFs that are members of FISA.

For the boat categories listed below, the highest placed NOCs at the Final Olympic Qualification Regatta will qualify according to the number of quota places indicated below:

Boat Class	Men	Men Lightweight	Women	Women Lightweight
Single Sculls (1x)	2	-	2	-
Pair (2-)	2	-	2	-
Double Sculls (2x)	2	2	2	2
Four (4-)	2	-	2	-
Quadruple Sculls (4x)	2	-	2	-
Eight (8+)	2	-	2	-

- Subject to section C. Athlete Eligibility above, all NOCs may enter boats in the Final Qualification Regatta in those events in which they have not yet qualified.
- An NOC may only enter one (1) boat per event at the Final Qualification Regatta, and only in the events in which they have not already qualified at the 2019 World Rowing Championships or Continental Qualification regatta.
- An NOC that entered a boat in an event at a Continental Qualification regatta but did not qualify, may also enter a boat and attempt to qualify in the same event at the Final Qualification Regatta.
- Entries for the Final Qualification Regatta should be accompanied by a letter from the NOC confirming that the athletes entered are eligible according to paragraph C. Athlete Eligibility above.
- The Final Qualification Regatta will be held according to the [FISA Rules of Racing](#) and have the same status as World Rowing Championships (Rule 5, page 47).

### HOST COUNTRY PLACES

Should the Host Country not have achieved a man's or a woman's quota place at the various qualification events, it is guaranteed one (1) quota place for men's single sculls and one (1) for women's single sculls. If not used, these places will be reallocated in accordance with the paragraph "Reallocation of Unused Host Country Places" below.

### TRIPARTITE COMMISSION INVITATION PLACES

Four (4) Tripartite Commission Invitation quota places are made available for eligible NOCs in the single sculls, two (2) for Men (M1x) and two (2) for Women (W1x).

On 14 October 2019, the International Olympic Committee will invite all eligible NOCs to submit their requests for Tripartite Commission Invitation Places. The deadline for NOCs to submit their requests is 15 January 2020. The NOCs can submit their requests. The Tripartite Commission will confirm, in writing, the allocation of invitation places to the relevant NOCs after the end of the qualification period for the concerned sport.

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Detailed information on Tripartite Invitation places is contained in the "Games of the XXXII Olympiad, Tokyo 2020 - Olympic Games Tripartite Commission Invitation Places - Allocation Procedure and Regulations".

### E. CONFIRMATION PROCESS FOR QUOTA PLACES

Following each qualification event, FISA will publish the results on its website ([www.worldrowing.com](http://www.worldrowing.com)) and inform the respective NOCs of their allocated quota places. The NOCs will then have 14 days to confirm if they wish to use these quota places, as detailed in paragraph H. Qualification Timeline.

### F. REALLOCATION OF UNUSED QUOTA PLACES

#### REALLOCATION OF UNUSED QUALIFICATION PLACES

If a quota place allocated is not confirmed by the NOC by the deadline for confirmation or is declined by the NOC, the quota place will be reallocated as follows:

- If the boat qualified through the 2019 FISA World Rowing Championships, the quota place will be reallocated to the next highest placed boat not yet qualified from the same event at the World Championships.
- If the boat qualified through a Continental Qualification regatta, the quota place will be reallocated to the next highest placed boat from an NOC that has not yet qualified a boat for the Olympics, whether through the World Rowing Championships or the Continental Qualification regatta. Where there are no further crews to which qualifying places can be allocated, such places shall be added to the qualifying places in the same event at the Final Qualification regatta.
- If the boat qualified through the FISA Final Qualification Regatta, the quota place will be allocated to the next highest placed boat in that event.
- Where there are no further crews to which qualifying places can be allocated at the Final Qualification regatta, these places may be reallocated taking into consideration the following criteria in no particular order: universality, performance, representation and participation in qualification events. For this specific purpose, any boat class quota can be transferred to another boat class or gender as long as the total athlete quota and the total quotas per gender are respected.

Any unused places will be reallocated by the FISA Executive Committee by 8 June 2020.

The decisions of the FISA Executive Committee in this regard will be final;

The FISA Executive Committee is empowered to deal with all unforeseen situations arising in relation to these rules, to fill any omissions and to interpret the rules in case of any disputes.

#### REALLOCATION OF UNUSED HOST COUNTRY PLACES

Unused Host Country Place(s) will be reallocated to the NOC of the next highest placed boat in Single Sculls in the respective gender at the Asia-Oceania Continental Qualification regatta that has not yet qualified a boat for the Olympics at either the World Rowing Championships or the Continental Qualification regatta.

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## QUALIFICATION SYSTEM – GAMES OF THE XXXII OLYMPIAD – TOKYO 2020

### REALLOCATION OF UNUSED TRIPARTITE COMMISSION INVITATION PLACES

If the Tripartite Commission is not able to allocate a Tripartite Commission Invitation place (M1x or W1x), the unused place will be reallocated to the NOC of the next highest placed boat in Single Sculls in the respective gender at the Final Qualification regatta.

### G. GENERAL PRINCIPLES REGARDING THE USE OF P ALTERNATE ATHLETES

#### P ALTERNATE ATHLETES

P alternate athletes are non-competing athletes, and are not included within the athlete's quota as described in Paragraph B. *Athletes Quota*. More detailed information about entitlements and quotas can be found in the 'Accreditation at the Olympic Games – Users Guide'. P alternate athletes can only become competing athletes as per the conditions outlined in the 'IOC/Tokyo 2020 Late Athlete Replacement policy'.

#### Eligibility:

P alternate athletes must comply with the same eligibility rules as competing athletes as described in above paragraph C. *Athlete Eligibility*.

Quota: Each qualified boat in the following events may be allocated one (1) P alternate athlete, within the limit on the number of P accreditations determined by the IOC:

- Men's Four (4-)
- Men's Quadruple Sculls (4x)
- Men's Eight (8+)
- Women's Four (4-)
- Women's Quadruple Sculls (4x)
- Women's Eights (8+)

However, if an NOC qualifies both a Men's Four (4-) and a Men's Eight (8+) or a Women's Four (4-) and a Women's Eight (8+), they are only entitled to one (1) P alternate athlete between both boats.

P alternate athletes may be used by NOCs in any of the relevant events. The above system is simply the means to allocate the P accreditations.



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## QUALIFICATION SYSTEM – GAMES OF THE XXXII OLYMPIAD – TOKYO 2020

### H. QUALIFICATION TIMELINE

Date	Milestone
31 December 2018	FISA to determine location of Continental Olympic Qualification Regattas
9 August 2019	Entry Deadline for the 2019 World Rowing Championships
25 August – 1 September 2019	2019 World Rowing Championships, Linz-Ottensheim, Austria
6 September 2019	FISA to ask NOCs / NFs to confirm their quota places from the World Rowing Championships
20 September 2019	NOCs / NFs to confirm their use of quota places from the World Rowing Championships
10-13 October 2019	African Continental Qualification Regatta, Tunis, Tunisia.
14 October 2019	FISA to ask NOCs / NFs to confirm their quota places from the African Continental Qualification Regattas
28 October 2019	NOCs / NFs to confirm their quota places from the African Continental Qualification Regattas
TBD*	Deadline for NOCs to submit their requests for Tripartite Commission Invitation Places
In relation to end of qualification period for each sport	The Tripartite Commission to confirm in writing the allocation of Invitation Places to the NOCs
2-5 April 2020	Americas Continental Qualification Regatta, Rio de Janeiro, Brazil
10 April 2020	FISA to ask NOCs / NFs to confirm their quota places from the Americas Continental Qualification Regattas
24 April 2020	NOCs / NFs to confirm their quota places from the Americas Continental Qualification Regattas
27-29 April 2020	European Qualification Regatta in Varese, Italy
27-30 April 2020	Asian & Oceania Continental Qualification Regatta, Chungju, Korea
30 April 2020	FISA to ask NOCs / NFs to confirm their quota places from the European Qualification Regatta
01 May 2020	FISA to ask NOCs / NFs to confirm their quota places from the Asian & Oceania Continental Qualification Regattas
14 May 2020	NOCs / NFs to confirm their quota places from the Asian & Oceania Continental Qualification Regattas
14 May 2020	NOCs / NFs to confirm their quota places from the European Qualification Regatta
17-19 May 2020	Final Qualification Regatta in Lucerne, Switzerland
20 May 2020	FISA to ask NOCs / NFs to confirm their quota places from the Final Qualification Regatta
3 June 2020	NOCs / NFs to confirm their quota places from the Final Qualification Regatta
8 June 2020	FISA to reallocate all unused quota places and seek confirmations
6 July 2020	Tokyo 2020 Sport Entries deadline
22 July 2020	Olympic Regatta Draw meeting
24 July 2020 – 9 August 2020	Olympic Games Tokyo 2020

\*To Be Determined



**ROWING CANADA AVIRON**

**TOKYO 2020 OLYMPIC TEAM**

**SELECTION GUIDELINES**

**SCHEDULE 'B'**

**ROWING CANADA AVIRON/CANADIAN**

**OLYMPIC COMMITTEE PROCESS**

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# SELECTION GUIDELINES 2020 Olympic Team



## 1. PURPOSE

The objective of the National Team Selection Policy is to select crews that have potential to accomplish Rowing Canada Aviron's (RCA's) National Team goal of achieving an 'A' Final position (top 6) at the 2020 Tokyo Olympic Games, with the ultimate aim of winning Gold medals. In this policy, the terms 'crew' and 'crews' include single scullers.

The following outlines RCA's internal process to determine final crew nominations to the Canadian Olympic Committee (COC) for the 2020 Olympic Games. Athletes competing for position within a crew must follow all the steps below in order to be considered for nomination.

## 2. OVERVIEW

Schedule 'B' of the RCA / COC selection agreement represents the internal nomination procedures of RCA. These criteria, along with Schedule 'A', set forth the method by which RCA will determine its 2020 Olympic Team nominations for submission to the COC. Therefore, if RCA qualifies for entry in the Olympic Games in accordance with International Rowing Federation (FISA) Olympic Qualification System as outlined in Schedule 'A', athletes nominated by RCA to the COC for membership on the 2020 Olympic Team, must be those who qualify for nomination in accordance with the criteria outlined in Schedule 'B'.

The Athletes Quota and allocation of the quota is detailed in Schedule A, *B. Athletes Quota, 3. Type of Allocation of Quota Places*, where it explains the difference for athletes who are part of qualification through the 2019 World Rowing Championships compared to athletes who are part of qualification through Continental Regattas and the Final Olympic Qualification Regatta.

RCA may nominate to the COC up to the maximum number permitted by Olympic entry regulations in each event, and overall. RCA Internal crew nominations are to be declared by the High Performance Director on June 11<sup>th</sup>, 2020 and will be submitted to the COC on June 18<sup>th</sup>, 2020 and are subject to further reallocation of entry places by FISA (see Schedule 'A'). The announcement of the 2020 Olympic Team is not official until communicated by the COC.

Final decisions on the nomination process, and the nomination of crews and staff to the COC for the 2020 Olympic Games, rests with the RCA High Performance Director.

Once the COC accepts those athletes nominated by RCA, it is up to RCA to decide the final event entries at the Olympic Games, (see Section 3, below).

Entry at the Olympic Games will be in accordance with International Olympic Committee (IOC) and FISA Rules and regulations.

This Selection Guidelines document was drafted and prepared by RCA staff, reviewed by the RCA Athletes Council and came into effect immediately upon publication on the RCA website. RCA may also communicate and distribute this Selection Guidelines to relevant athletes through other channels available to the athletes. RCA reserves the right to amend this document for changes imposed by parties external to RCA or for changes that become necessary due to typographical error or a lack of clarity in a definition or wording.

Any changes made by RCA are deemed to come into effect immediately upon publication on the RCA website. Additional publication of the amended Selection Guidelines will be made by whatever means and wherever the original Selection Guidelines was published.



## SELECTION GUIDELINES 2020 Olympic Team



### 3. SCOPE

This Selection Guidelines document will be used to select Athletes, Coaches and Support Staff to the 2020 Olympic Rowing Team (Women & Men) competing at the Olympic Games in Tokyo (24 July – 1 Aug, 2020), and any lead up events including World Rowing Cups, or any Olympic Qualification regattas - as designated by RCA's High Performance Director.

*\*\*Note Paralympic Selection Guidelines will be published in a separate document.*

### 4. SELECTION ELIGIBILITY REQUIREMENTS

All athletes wishing to be considered for selection must satisfy all of the following requirements:

#### 4.1. GENERAL ELIGIBILITY REQUIREMENTS

All athletes and coaches selected to RCA National Teams must be registered and be in good standing with the Canadian Amateur Rowing Association (CARA), which operates under the name RCA. In order to be eligible for nomination to the Canadian Olympic Committee for Olympic or Team selection, an athlete must:

- Meet the eligibility requirements as outlined in Schedule A, Section C, *Athlete Eligibility*,
- Have a valid Canadian passport that does not expire on or before February 9<sup>th</sup>, 2021,
- Sign and submit the COC Athlete Agreement and Eligibility Conditions Form no later than June 18<sup>th</sup>, 2020,
- Sign and submit the 2020 RCA Athlete Agreement no later than January 1st, 2020, and
- Submit a Letter of Intent as indicated in section 4.3

For clarity, to be in good standing with the CARA, an athlete must be a member of the CARA and:

- their membership dues and any debts to RCA are not overdue;
- they are not subject to a disciplinary investigation or action by the Association; and
- has fulfilled all terms and conditions of any disciplinary action to the satisfaction of the Board of Directors.

#### 4.2. ATHLETE TRACKING AND MONITORING (RADAR)

Athletes must comply with the minimum monitoring requirements. This information is outlined in RCA's Athlete monitoring document available on the RCA website.

<https://rowingcanada.org/resources/>

#### 4.3. LETTER OF INTENT

The Letter of Intent must be submitted by all athletes who wish to be considered for selection in the 2020 Olympic team before: **September 20, 2019**. Please go to the following link, login and fill in the Letter of Intent: <https://rca-athlete-tracker.sportingdna.com/users/login>

#### 4.4. ATHLETE AGREEMENT

All athletes wishing to be considered for national team selection must complete and sign the 2020 RCA Athletes Agreement by January 1, 2020. The RCA Athlete Agreement is available online on the RCA website <https://rowingcanada.org/resources/> The signed agreement can be hand delivered, posted or email scanned and should be sent to:

c/o Rowing Canada Aviron  
321- 4371 Interurban Road, Victoria, BC V9E 2C5  
[hp@rowingcanada.org](mailto:hp@rowingcanada.org)

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*Late receipt of signed RCA Athlete Agreements may jeopardize selection.*

### 5. SELECTION CRITERIA

Athletes pursuing selection to the 2020 Olympic Rowing Team shall follow a sequential process summarized as follows:

- 1) Invitation to selection camp;
- 2) Participate in selection camp;
- 3) Selected to Olympic Squad;
- 4) Final Selection; followed by
- 5) Nomination of crews and athletes to COC

The specific details of each stage in the process are outlined within this document.

#### 5.1. SELECTION CAMP INVITE

The list of invited athletes to the selection camp will be posted on the RCA website by **September 30, 2019**. RCA Head Coaches are to nominate their invitation list to the High Performance Director for approval.

Invitations to athletes will be extended by the High Performance Director based on:

- 2019 International Racing Results including World Rowing Championships, Under 23 World Rowing Championships, PanAmerican Games and U21 Trans Tasman Regatta;
- Attendance at and performance in the 2019 National Rowing Championships, September 27<sup>th</sup> to 29<sup>th</sup> in Burnaby, BC;
- 2019 RCA Athlete Monitoring Program Results (RADAR);
- Meeting eligibility requirements as outlined in *4.1 General Eligibility Requirements* above;
- The capacity of the overall NTC environment; &
- Number of 2020 Olympic Qualification places available per category (Open/Lightweight).

Athletes who competed and qualified boats through the FISA Olympic and qualification criteria at the 2019 World Rowing Championships, must comply with the 2020 Olympic Selection Camp invitation process for entry into the Olympic Selection Camp. RCA's High Performance Director will consult with the Head Coaches to determine if it is within RCA's performance objectives (top 6) to consider and pursue an entry(ies) into the Final Olympic Qualification Regatta. The final decision rests with the High Performance Director.

#### 5.2. SELECTION CAMP CREW NOMINATIONS

The 2020 Olympic Selection Camp will be held at the National Training Centre in Victoria, BC. The Selection Camp begins on October 7, 2019 and continues through to March 28, 2020. Only athletes invited to this camp may attend.

Qualification of a boat through the 2019 World Rowing Championships process does not pre-qualify athletes within that crew for 2020 Olympic team nomination.

Athletes will be evaluated for crew and team selection using the process outlined in Appendix 1 in accordance with an individual athlete's performance and achievement with respect to the following criteria ("Selection Criteria"):

- Performance results in 2019 and 2020 including but not limited to:
  - Time trials of various distances, including but not limited to 2000M
  - Small and/or large boat seat racing matrices (ie: seat racing all athletes against each other) and/or targeted seat racing (ie: select head to head races with direct swaps of relevant athletes)

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- Designated ergometer assessments
- Racing results, including but not limited to, results achieved at national or international rowing regattas
- Ongoing ergometer testing as per 2019 & 2020 RCA Athlete Monitoring Program including RADAR

In addition, RCA may take into account the following other factors during the team selection processes ("Other Criteria"):

- Ongoing technique and ability to adjust to technical feedback;
- Factors relevant to crew combination, namely crew compatibility (ie: how individuals perform as a team), coachability, and technical compatibility;
- Commitment to the program;
- Assessment of competitive readiness (ie: fitness relative to previous assessments and to peers);
- Ability to meet and maintain bodyweight targets (for lightweights and coxswains only); and
- Additional factors relevant to achieving RCA team objectives including but not limited to potential development of the athlete or coach for subsequent National Teams and ultimately Senior Team selection.

If an athlete has any questions with respect to the above Selection Criteria and/or Other Criteria, they may contact their RCA Head Coach, High Performance Director or the identified designate to obtain clarification. From time to time as required, supplemental program specific information may be posted on the Rowing Canada Aviron website at: <https://rowingcanada.org/resources/> and circulated through communication channels such as the Athlete Tracker Database or WhatsApp.

### 5.2.1. COXSWAINS

For Coxswains to be considered for selection, the following will also be considered, in addition to the above Selection Criteria and Other Factors:

- Whether a 'coxed' boat (8+) has either qualified for, or will be nominated by the High Performance Director to the COC for 2020 selection;
- Athlete and coach assessment of the coxswain's ability;
- Compatibility with other athletes in the selected crew and coaches;
- Demonstrated ability to meet weight guidelines (as per FISA Rule 27), and
- Racing experience and results.

### 5.2.2. LIGHTWEIGHTS

For Lightweight athletes to be considered for selection, they must be able to demonstrate they are able to meet crew average weight requirements (as per FISA Rule 31) and are expected to be able to follow a weight management protocol throughout the year. For identified selection activities within the Selection Camp Athletes must demonstrate their ability to meet the following targets:

Lightweight Women 59kg	Lightweight Men: 72.5 kg
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### 5.2.3. COACHES

For Coaches to be considered for selection, RCA reserves the right to nominate the coach believed to be able to produce the best performance of the athlete or crew at the designated event. Coaching appointments may be made to achieve strategic objectives or meet certain principled standards. The details of coach selection are outlined in Appendices below.

### 5.3 OLYMPIC SQUAD

Upon completion of the Selection Camp process outlined in 5.2, An Olympic Squad will be announced **April 1, 2020**. The Olympic Squad will be those who participate at any 2020 Rowing World Cups, Final Olympic Qualification Regatta (if pursuing), and 2020 Olympic Regatta as a competing athlete or a P Alternate (see 9. *Alternates Selection* below). The specific crew composition for events will follow IOC/COC/FISA guidelines and specific timelines contained within this document.

## 6. FINAL SELECTION

The final Olympic Team will be confirmed by the COC Team Selection Committee on July 4, 2020. As part of that process, RCA will nominate Coaches, Support Staff and any Alternate Athletes ('P' Athlete) for consideration by the COC for selection onto the Olympic Team. Entry at the Olympic Games will be in accordance with FISA rules and regulations.

After these dates, there will be no further additions to the Olympic Team, except as allowed by certain 'Special Circumstances' (Section 11). However, placement of these athletes in specific crews may be changed up to the date of competition (and taking into account any relevant IOC/COC/FISA policies), based upon the appropriate assessment of the Crew's competitiveness by the program's Head/Crew Coach and subsequent approval by the High Performance Director.

## 7. SELECTION AUTHORITY

The final authority for Team selection rests with the RCA High Performance Director. This authority is based upon the nominations made by individuals noted in the chart below and all other criteria within this document.

Athletes may be considered for late invitation to various selection activities (depending on schooling commitments, or other special circumstances, etc.). The High Performance Director may also choose to invite athletes based on 'Special Circumstances' outlined in Section 11. The High Performance Director will consult the relevant National Head Coach and may delegate his or her authority for selection to another individual(s) as required.

## 8. AUTHORITY TO MAKE CHANGES TO THE COMPOSITION OF CREWS - ONCE THE TEAM IS SELECTED

Selection to a National Team as part of a crew (or an alternate) does not guarantee an athlete a place in a specific crew for the regatta. For crews selected to the above events, the composition of crews shall remain the discretion of the RCA High Performance Director and Head Program Coach or their designate. The configuration of crews may be changed based on a crew's competitiveness and such changes will follow the appropriate competition regulations.

The exception is in the event a crew qualifies through a Continental or Final Olympic Qualification Regatta. In these instances, the athletes and boat class that race in the Continental or Final Olympic Qualification Regatta are to be the same athletes that raced in the qualified boat at the Olympic Games Regatta, as per FISA regulations.

Any changes occurring after July 6, 2020 are subject to relevant IOC/COC/Tokyo 2020 'Late Athlete Replacement' Policies.

## 9. ALTERNATES SELECTION

FISA will allocate to the COC a quota of alternate athletes for the Olympic Games according to the process and terms identified in Schedule A, *G. General Principles Regarding the Use of P Alternate Athletes*. RCA's High Performance Director will designate alternates out of the pool of Olympic Camp athletes not selected to a specific crew. The High Performance Director will consider requests from



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the respective Head Coaches and may identify a different combination of alternates to support the 2020 FISA Rowing World Cup regattas, and or the 2020 FISA Final Olympic Qualification Regatta. P Alternate Athletes attendance at the Games will be identified in the announcement of the Olympic Squad. In advance of this selection, RCA will confirm the financial commitment to the athletes being on-site and any additional terms associated with the P Alternate roll.

**Note:** Alternates are not considered to be part of the official Canadian Olympic Team.

### 10. ON-SITE DECISION-MAKING AUTHORITY

During the training and competition period at an 'away' venue all final decision-making authority will reside with the team leader.

The responsibilities of the team leader will first and foremost be creating and supporting an environment that supports performance excellence at their event, in addition to:

- Leading all matters related to crisis management, emergency preparedness and response,
- Manages team member human resources, roles and responsibilities, accreditations and conduct issues on behalf of RCA,
- Acts as spokesperson for the team and RCA on-site pertaining to any issues on entries, FISA/IOC regulations and organizing committee communication, and
- Responsible for ensuring the team and members comply with RCA/FISA/IOC regulations and agreements signed by team and members.

### 11. SPECIAL CIRCUMSTANCES

If because of injury, illness, or extenuating circumstance an athlete is unable to meet any of the criteria set out in this document, an athlete may still be considered for the Olympic Team Selection process, World Cups, or the FISA Olympic Qualifying Regatta and the Olympic Games. Athletes must advise the RCA High Performance Director in writing of any injury, illness, or personal extenuating circumstance

as soon as possible and in advance of the before mentioned events. In the case of illness or injury, a medical certificate signed by the Athlete's doctor must be submitted to RCA's Chief Medical Officer. In the event an Athlete who has been selected in National Team becomes injured or ill, and in the opinion of the High Performance Director (with advice of the Chief Medical Officer where relevant), is not deemed fit to compete, then the Athlete may be replaced with another Athlete. The choice of replacement Athlete is at the sole discretion of the High Performance Director, in consultation of the relevant coach. In all cases, permission to be exempted from any requirement contained within this document must be obtained in writing from the High Performance Director.

Failure to properly report injury, illness, and/or other personal extenuating circumstances prior to the selection processes of each event may result in the athlete being de-selected and financially responsible for all the athlete's costs associated with the event.

### 12. REMOVAL FROM A TEAM ONCE SELECTED

The High Performance Director (or their designate Team Lead) may, at any time, and at their discretion, disqualify an athlete from being considered for nomination to the Canadian Team based on terms and conditions outlined in the RCA Athlete Agreement. RCA will advise the affected athlete, in writing, of the decision.

For the 2020 Olympic Games Team, following nomination to the COC, any such removals are subject to the approval of the COC Team Selection Committee. Reasons for dismissal include, but are not limited to:

- Inability to maintain high training standards,

## SELECTION GUIDELINES 2020 Olympic Team



- Inability to meet performance expectations in competition,
- Inability to perform due to injury, illness or for other medical reasons as determined by RCA's Chief Medical Officer, or
- Violation of terms and conditions as set out in the RCA Athlete Agreement.

The High Performance Director reserves the right to withdraw an athlete from nomination:

- If the athlete has not taken part in the mandatory training camps organised by RCA prior to the event or,
- If the athlete has not fulfilled his/her responsibilities as identified in the RCA Athlete Agreement.

The RCA Athlete Agreement can be found on the following page: <https://rowingcanada.org/resources/> and the relevant policies identified as components of the Athlete Agreement can be found at: <https://rowingcanada.org/governance/>

### 13. APPEAL PROCESS

Decisions made pursuant to this Selection Guidelines document may be appealed in accordance with the RCA Appeal Policy located in the Athlete Handbook and on the RCA website here:

<https://rowingcanada.org/governance/>

### 14. RELOCATION and TEAM FUNDING

Relocation for carded athletes: Sport Canada's Athlete Assistance Program (AAP), provides financial assistance for carded athletes with relocation expenses to an National Training Centre.

For additional information, please visit Section 8.4 (Supplementary AAP Support) within [Sport Canada's AAP Policies and Procedures](#).

### 15. APPENDICES

The appendices attached in the following pages, outline the requirements and information regarding:

- 2020 Olympic Rowing Team Selection – Event Requirements
- Coach, Team Leader & Team Support Staff Selection
- Important Dates
- RCA High Performance Contact Details

## APPENDIX 1

### 2020 OLYMPIC ROWING TEAM – EVENT REQUIREMENTS

These Event Requirements operate as an appendix to the Schedule B RCA/COC Selection Guidelines (above) and outline the activities that rowers and coxswains must complete to be eligible for selection for the Canadian Olympic Rowing Team.

*\*\*Note Paralympic Selection Guidelines will be published in a separate document.*

All athletes must complete all activities stipulated in these Event Requirements (except for activities marked 'participation encouraged') unless there are *Special Circumstances* (Section 11) that prevent this, in which case RCA's High Performance Director is to be notified of the particular reason as soon as is practicable, and in accordance with the Guidelines noted in this document. The selection process for the Senior National Team will include the following requirements as indicated (and as outlined below):

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Item	Event	Date	Athletes	Location	Detail	Objective
1	2020 Letter of Intent	On or before September 20, 2019	Required for athletes wishing to be considered for Senior National Squad.	Online	See Schedule 2, Section 4.3 of 2020 Selection Guidelines	Program Commitment
2	RADAR monitoring ergometer	Deadline Period 1: Nov. 30 2019 Period 2: March 31, 2020	Required for all athletes wishing to be considered for selection	Supervised in: National Training Centre (NTC) or Local Training Environment	Lightweights November Women: 60kg Men: 74kg March Women: 59kg Men: 72.5kg	Individual performance monitoring in accordance with Selection Criteria
3	2019 National Rowing Championships	September 27-29, 2019	Required for all athletes wishing to be considered for selection	Burnaby, BC	Lightweights: Women: 59kg Men: 72.5kg	Individual performance monitoring in accordance with Selection Criteria
4	Olympic Camp Invitation	September 30, 2019	Required for all athletes wishing to be considered for selection	RCA NTC Victoria, BC	See Schedule 2, Section 5.1 of 2020 Selection Guidelines	Entry point to selection process.
5	Olympic Selection Camp	October 7, 2019 to March 28, 2020	<b>Invitation Only:</b> 2020 Olympic Training Camp nominees invited into the NTC	Victoria BC (Elk Lake, Shawnigan Lake &/or Quamichan Lake)	See Schedule 2, Section 5.2 of 2020 Selection Guidelines	Selection of athletes into Olympic Squad
6	2020 Athlete Agreement	On or before January 1 <sup>st</sup> 2020	Required for all athletes wishing to be considered for selection	Signed Hardcopy	See notes above	Program Commitment
7	Accreditation data submission	February 17, 2020	Required for all Olympic Camp athletes, all coaches and all potential support staff	COC Bridge	Submission of data required by COC, IOC and Games Organising Committee	Meeting Accreditation eligibility
8	Olympic Squad	April 1, 2020	Athletes Identified from Selection Camp to Olympic squad	World Cup events incl possible Final Olympic Qualification Regatta	See Schedule 2, Section 5.3 of 2020 Selection Guidelines	Identified Athletes race in potential Olympic crews and participate in pre-Olympic Competitions.
9	Internal Announcement of Olympic Nominations	June 11	Olympic Squad Athletes		See Schedule 2, Section 6.0 of 2020 Selection Guidelines	RCA Announces Nominations for the 2020 Olympic Games Regatta to Olympic Squad Athletes
10	COC Athlete Agreement and Tokyo 2020 Eligibility Conditions Form	June 18	Required for all nominated team member	Signed Hardcopy	See notes above	Program Commitment
11	Announcement of Olympic Nominations to COC	June 18	Olympic Squad Athletes		See Schedule 2, Section 6.0 of 2020 Selection Guidelines	Nomination of crews and athletes for the 2020 Olympic Games Regatta

### 2020 EVENT REQUIREMENTS - NOTES

Entry at the Olympic Games will be in accordance with FISA rules and regulations. Athletes not selected into the Olympic Team, may consider seeking selection for the Senior Non-Olympic World Rowing

## SELECTION GUIDELINES 2020 Olympic Team



Championships, Under 23, FISU Rowing Championships, Under 21 teams and any other High Performance Programming, by competing at the 2020 Speed Order Trials in June 2020. All athletes are recommended to be aware of the selection criteria for those events as identified on the RCA website.

Additional plans and details regarding the criteria outlined in this document, may be communicated from time to time on the RCA Website <https://rowingcanada.org/resources/> and will be circulated through communication channels such as the RCA Athlete Tracker Database, email, WhatsApp and/or NTC Athlete information sessions.

### APPENDIX 2

#### TEAM LEADER and SUPPORT STAFF SELECTION

The Olympic Team 'Team Leader' and support staff will be appointed by the High Performance Director in consultation with the National Head Coaches. Generally, appointments will be made from existing RCA employees and RCA Performance Enhancement Team members, but should additional requirements exist, RCA will advertise the application process with an official notice. If additional sports science or sports medicine support staff are required to support the team, RCA's Chief Medical Officer will play a role in the identification and selection of those practitioners.

In addition to the technical requirements below, all support staff should be available to support the daily training environment as per the yearly plan and are expected to be available for some travel to camps or competitions as requested.

Other considerations in the selection include compatibility and fit with the Team, Athletes, Coaches and other Support Staff and sport specific experience and knowledge. The individuals should have demonstrated efficiency and positive attitude within a high-pressure event environment.

The list of practitioners within this section is meant to illustrate the certification/designation requirements and is not a list of all support staff attending camps or competitions.

The minimum requirements for all include current:

- Criminal Record Check;
- CCES True Sport 101 online course;
- Respect in Sport online module; and
- Other requirements as identified by the COC

Sports Medicine practitioners specifically will be licensed and certified to practice in Canada with appropriate malpractice insurance and have one of the following certifications/designations:

- Physician – Sports Medicine Physician with Canadian Academy of Sport and Exercise Medicine (CASEM) Diploma
- Athletic Therapist – Certified Athletic Therapist (CAT-Canada), through the Canadian Athletic Therapist Association (CATA),
- Physiotherapist – Sport Certificate minimally, ideally Sport Diploma and/or Level 3 Orthopaedic division of the Canadian Physiotherapy Association
- Massage Therapy – Certified Sport Massage Therapists through the Canadian Sport Massage Therapists Association (CSMTA)
- Chiropractor – Royal College of Chiropractic Sport Science (Canada) or CCSS(C) Fellow

Sports Science practitioners are to have one of the following certifications/designations:

- Physiologist – Certified Exercise Physiologist (CEP) through Canadian Society for Exercise Physiology
- Mental performance consultant – Masters or PhD in Psychology and/or Sports Psychology.
- Performance Analysis – Masters or PhD in analytics and computer science
- Nutrition – ~~Registered~~ Registered Dietician, preferably with IOC Sports Nutrition Diploma



## SELECTION GUIDELINES 2020 Olympic Team



### COACH SELECTION

Olympic Team Coaches will be appointed by the High Performance Director in consultation with the Head Coaches. Generally, appointments will be made from existing RCA Coaching Staff. Should additional coaching requirements exist, RCA will advertise an Expression of Interest process through an official notice.

Selection of Crew Coaches through the Expression of Interest process will be at the sole discretion of the High Performance Director, with input from the respective National Head Coaches. Selection considerations include previous experience, performance of athletes coached, coaching qualifications and the long-term development strategy of RCA's high performance coaching structure.

RCA reserves the right to nominate the coach believed to be able to produce the best performance of the athlete or crew at the designated event. Coaching appointments may be made to achieve strategic objectives or meet certain principled standards.

#### Minimum Qualifications:

- Registered as a Coach in good standing with Rowing Canada Aviron
- Performance Coach Certified
- Registered Coach or Chartered Professional Coach (ChPC) with the Coaching Association of Canada

#### Other required certifications include:

- Coaching Essentials
- Making Ethical Decisions;
- Respect in Sport Online Module;
- CCES True Sport 101;
- Criminal Record Check; and
- Other requirements as identified by the COC.

The announcement of the 2020 Olympic Team coaching staff is not official until communicated by the COC.

**Training Location** All Olympic crews will be based at the National Training Centre in Victoria, British Columbia.

# SELECTION GUIDELINES 2020 Olympic Team



## APPENDIX 3

### 2019 & 2020 IMPORTANT DATES

RCA OLYMPIC PROGRAM		
2019		
World Rowing Championships	August 21-29	Linz, Austria
Letter of intent	September 20	Online RCA athlete tracker
National Rowing Championships	September 27-29	Burnaby, BC
Olympic Selection Camp Invite	September 30	Online
Olympic Selection Camp Opens	October 7	NTC Victoria
Period 1 RADAR Deadline	November 30, 2019	Online – RCA Athlete Tracker
2020		
RCA Athlete Agreement	January 1, 2020	Online/NTC Victoria
COC Accreditation Data Submission	February 17, 2020	Online via “The Bridge” (COC)
Olympic Selection Camp Ends	March 28	NTC Victoria
Olympic Squad Announced	April 1	NTC Victoria
Period 2 RADAR Deadline	March 31, 2020	Online – RCA Athlete Tracker
Rowing World Cup 1 (*tbc)	April 10-12	Saubadia, ITA
Rowing World Cup 2 (*tbc)	May 1-3	Varase, ITA
Final Olympic Qualification Regatta (*tbc)	May 17-19	Lucerne, SUI
Rowing World Cup 3 (*tbc)	May 22-24	Lucerne, SUI
RCA declare crew nominations - Internal	June 11	NTC Victoria
RCA submit crew nominations to COC	June 18	NTC Victoria
COC Athlete Agreement and Eligibility Conditions Form	June 18	NTC Victoria
Olympic Rowing Team Announced	Prior to July 1	
COC confirms Nominations	July 4	
Olympic Regatta	July 24 to August 1	Tokyo, Japan

## APPENDIX 4

### RCA CONTACT INFORMATION

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Dick Tonks - Head Coach, Men  
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2020 Olympic Team



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