

PARA ROWING CLASSIFICATION

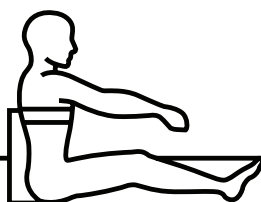
Do you know someone who may be interested in Para rowing?

Rowing Canada Aviron offers opportunities for athletes with physical and visual impairments to train and compete. Para athletes can compete in 3 rowing classifications depending on their specific impairment. For more information, please contact Taylyr Dickinson at tdickinson@rowingcanada.org.

PR1

PARA ROWING 1

Formerly known as arms & shoulders



For athletes with spinal cord injury, cerebral palsy, brain injury or stroke; is a wheelchair user; seating: upright fixed

Rowers use arms and shoulders and are unable to use trunk, or legs to push a sliding seat.

PR2

PARA ROWING 2

Formerly known as trunk and arms



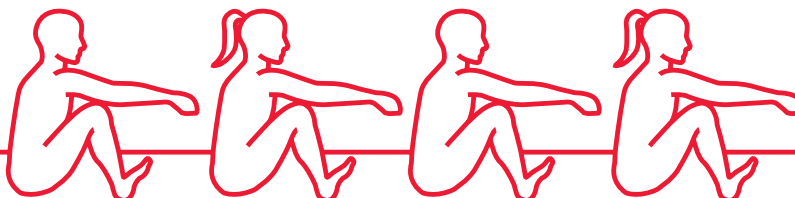
For athletes with limb loss/deficiency (double above knee), muscle strength loss in both legs, cerebral palsy, brain injury or stroke which affects both legs or one side of body. Seating: fixed

Rowers use trunk and arms and are unable to use their legs to push a sliding seat. Strapping around the legs provides stability.

PR3

PARA ROWING 3

Formerly known as legs, trunk and arms



For athletes with limb loss, muscle strength loss, cerebral palsy, brain injury, stroke, ms, visual impairment. Seating: sliding seat

Rowers use legs, trunk and arms and can push a sliding seat.