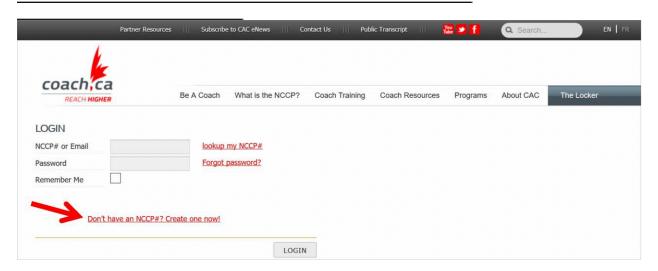
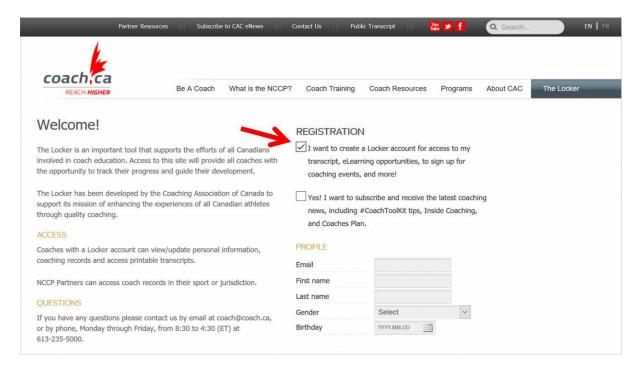
CAC NCCP access to eLearning Modules

Step 1: Create a Locker account

- 1. Go to this website: https://thelocker.coach.ca
- 2. If you already have a Locker account, log in by entering your NCCP (National Coaching Certification Program) number and your password.
- 3. If you don't have a NCCP number and Locker account yet, create one from the link provided on the login page: "Don't have an NCCP#? Create one now!". Note that if you have already done any type of NCCP training in the past (multisport or sport specific), you DO have a NCCP number. Please use the same one.
- 4. Follow the registration process, step by step.



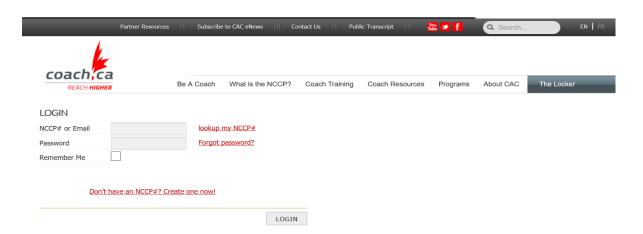
5. Make sure that you check the box "I want to create a Locker account... for coaching events, and more!"



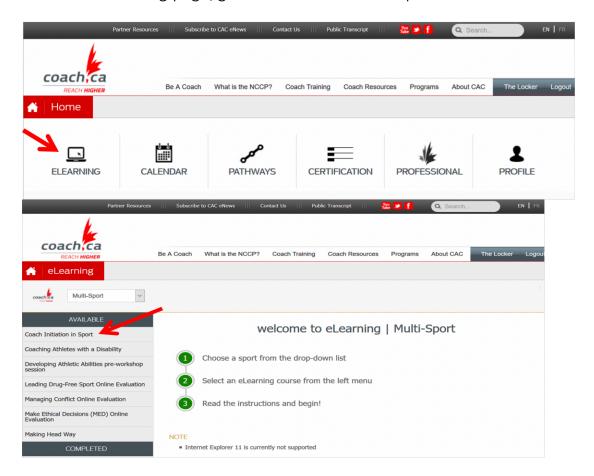
6. Once you have completed your registration, you will receive an e-mail notification to validate your e-mail address and asking you to create a password.

Step 2: Access all e-learning training opportunities in the Locker.

1. Once you have completed your Locker registration, go back to Locker login page and enter your NCCP number and password to access your account.

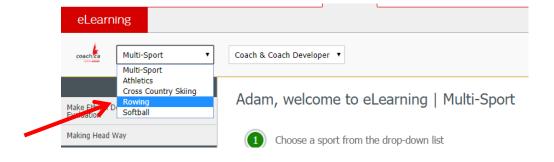


- 2. On the home page of your account, click on "eLearning".
- 3. On eLearning page, go to Coach Initiation in Sport » in the menu on the left.



4. Follow the instructions to complete "Coach Initiation in Sport" module.

Step 3: Once completed, go to the drop-down menu and select Rowing.



Click on the RCA Rowing Essentials eLearning module and begin.

- 1. Then click on "Pay now" at the bottom of the page. You will be asked to proceed with the payment of the registration fees using a credit card. Once your payment is confirmed, make sure you scroll down to the bottom of the page and click on "Begin".
- 2. You can now complete your RCA Rowing Essentials training! Once you have started the module, you can quit at any time and continue later on from where you last left the module.
- 3. When you have completed the module, it will automatically get credited to your account and you will be credited with In Training Status in advance of your Learn to Row or RCA Coach Workshop. You will then be able to continue with in person workshop. For a schedule of available workshops in your area, please contact your Provincial Rowing Association.