

PARA ROWING CLASSIFICATION

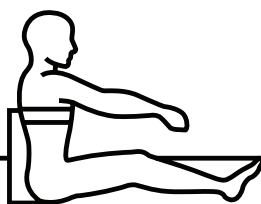
Do you know someone who may be interested in para-rowing?

Rowing Canada Aviron offers opportunities for athletes with physical and visual impairments to train and compete. Para athletes can compete in 3 rowing classifications depending on their specific impairment. For more information, please contact Kayla Cornale at kcornale@rowingcanada.org.

PR1

PARA ROWING 1

Formerly known as arms & shoulders



For athletes with spinal cord injury, cerebral palsy, brain injury or stroke; is a wheelchair user; seating: upright fixed

Rowers use arms and shoulders and are unable to use trunk, or legs to push a sliding seat.

PR2

PARA ROWING 2

Formerly known as trunk and arms



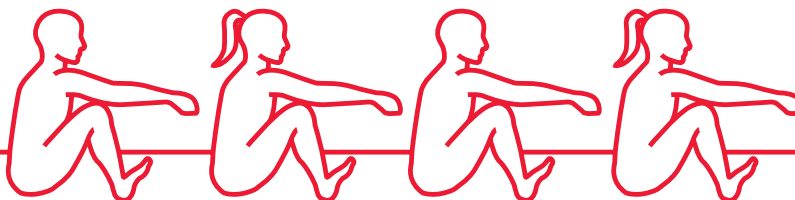
For athletes with limb loss/deficiency (double above knee), muscle strength loss in both legs, cerebral palsy, brain injury or stroke which affects both legs or one side of body. Seating: fixed

Rowers use trunk and arms and are unable to use their legs to push a sliding seat. Strapping around the legs provides stability.

PR3

PARA ROWING 3

Formerly known as legs, trunk and arms



For athletes with limb loss, muscle strength loss, cerebral palsy, brain injury, stroke, ms, visual impairment. Seating: sliding seat

Rowers use legs, trunk and arms and can push a sliding seat.