



SAMPLE ONLY

**Daylight Rowing Club**  
Coach Agreement

As a coach with Daylight Rowing Club, I agree to abide by the following guidelines, to ensure a quality sport experience for all athletes and Crews.

*As a designated coach with Daylight Rowing Club, I commit to:*

- Create a rowing environment that is safe, well-organized, professional and fun;
- Project a positive image of the sport of rowing and of coaching;
- Be responsible for my own behaviour and also the behaviour of my Crew members, their parents and their supporters and fans;
- Never physically, verbally or mentally harm a young person in my care;
- Respect the rights of rowers, coaches, officials, volunteers, parents and spectators;
- Lead by example and encourage my Crew members to compete to a high standard, in compliance with the rules of the sport and the rules of Daylight Rowing Club;
- Provide a sport environment for my Crew that is free of drugs, tobacco, alcohol, hazing, harassment and abusive behaviour and language;
- Make every effort to improve my knowledge of coaching techniques so that I continue to improve my skills as a rowing coach;
- Place the emotional and physical well-being of rowers and Crews ahead of any personal desire or external pressures to win;
- Ensure that my Crews are supervised by myself or another designated adult at all times, and never allow my Crews to be left unattended or unsupervised at a competition or training session for any period of time;
- Never knowingly permit an ill or injured rower to return to training or competition without proper medical approval;
- Not allow my athletes or Crews to train or compete in unsafe conditions;
- Respect the sport, its officials and other coaches, and communicate with them in an appropriate, respectful and professional manner;
- Ensure all rowers have an opportunity to develop and improve their skills while participating with Daylight Rowing Club; and
- Support the True Sport Principles of *Go For It, Play Fair, Respect Others, Keep It Fun, Stay Healthy and Give Back.*

Coach's name: \_\_\_\_\_

Coach's signature: \_\_\_\_\_

Date: \_\_\_\_\_