



RCA Coach Mentoring Program: 2017-18

Program Purpose:

A strategic objective of Rowing Canada Aviron is to be amongst the world leading rowing programs by 2020. The development of sustainable stream of world leading High Performance Coaches will enhance and help deliver on this goal.

With that goal in mind, RCA has created the RCA Coach Mentoring Program that will be an annual professional development program for aspiring High Performance Coaches in Canada.

This purpose of this program is to assist in the identification of developing High Performance coaches and provide them with face-to-face interactions with a mentor coach and real-world experiences in high performance rowing.

Description:

Based on an application and review process, RCA will identify a select group of developing coaches and offer up to \$2,500 total in support which could be used towards the following activities for the 2017-18 season:

- Financial support (up to \$1,000) for coaches to visit a Mentor Coaches program for (1) week at one of the two RCA Training centres between May 1 and October 30, 2017. This support will cover travel expenses to the agreed upon site.
- Financial support (up to \$1,000) for attendance at the RCA Coaches Conference, Toronto, Jan. 25-27/18. This support will go towards registration for the conference and partly cover other expenses such as travel and accomodation.
- Attendance at the National Rowing Championships, Burnaby, Nov. 8-11, 2017. Ideally, this will be covered by the selected coaches club and/or provincial association.
- Possible financial (up to \$500) support to attend the FISA Coaches Conference, FISA Jr. Coaches Conference, U.S. Rowing Coaches Conference or Joy of Sculling Coaches Conference. This grant will be negotiated between the review committee of RCA and the selected coaches.

Maximum total support available is \$2,500

Requirements of Selected Coaches:

All coaches selected for this program are required to do the following:

- Research, plan and organize an appropriate mentorship opportunity. The mentorship opportunity must be approved by Rowing Canada Aviron and occur between May 1, 2017 and January 31, 2018.
- Deliver a 30 minute presentation about the mentorship experience to the other successful Mentorship program coaches on Jan. 28, 2018 , immediately following the RCA Coaches Conference.
- Establish a reporting plan with the Mentor Coach that continues through out the entire period of the program, May 1, 2017 to January 31, 2018.



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- Organize a 4 to 5 day visit by the Mentor Coach to the home club of the coach.
- Be available for ongoing evaluations of the program.
- Attend a minimum of one RCA High Performance/Row To Podium camp within the mentor program timeframe.
- Demonstrate the intent to coach at the following levels in 2018; World U23, FISU, World Junior, or CanAmMex regattas.
- Be available to attend the 2017 World Championships in Sarasota, U.S. (funding dependent)

Candidate Profile Guidelines:

The following are meant to provide guidelines as to the level of coach suited for this program:

- RCA Performance Coach stream candidate or Level 3 Coach. (there is a chance in this first year of the program that some exception may be made to this guideline)
- Demonstrated ability to coach athletes onto the Senior, Para, U23, and/or Junior teams.
- Currently has at least one rower who trying out for an RCA program by racing in the Speed Orders Regatta in May, or the Junior Selection Regatta in June.

Interested candidates should apply by submitting the following by April 15/17:

- A brief coaching resume that includes years you have been coaching rowing, level of Canadian rowing education achieved and plan to participate for the next year and top 5 coaching achievements you have had in rowing with an individual rower and/or crew.
- A brief letter of support from a senior coach or administrator in your club.
- A brief letter including your coaching ambitions for this year.... Which teams you will coach and/or hope to coach and what you feel are some important areas whereby a mentorship could target to improve your coaching

Send to; Al Morrow, Coordinator - Coach Mentoring and Development by April 15, 2017.

Email: almorrow@rowingcanada.org

Decisions on which applicants are selected candidates by a RCA review committee on April 17/17 and all applicants will be notified who the selected candidates are immediately after this date.