

# ST. CATHARINES ROWING CLUB

## Lead Coach Positions Available

Programs: Junior B (Under 17) Men  
Junior A (under 19) Men

Timeline: Email interest to Mark Welsh by April 27<sup>th</sup>2018  
Erg Test June 8<sup>th</sup>2018 (Season starts)  
Henley Sunday August 12<sup>th</sup>2018 (Season ends)

Expectations: Training program for competitive athletes  
Daily training with days off as needed; Wednesday morning time trial  
Traditionally: JrA Men early morning weekdays and weekend morning  
JrB Men early evening weekdays and weekend morning  
Regattas: CORA Dominion Day  
West Side SCRC Invite  
RowOntario Henley  
Other regattas are possible; not all athletes go to all regattas

Past Success: High level of competitive results at all attended regattas  
2018 Henley GOLD JrB Men 4+ and 8+  
JrA Men 2- and 8+

Qualifications: 3+ years of experience as an athlete at the competitive club level or higher  
3+ seasons of experience as a coach at the competitive club level or higher  
NCCP certification preferred & Boating Operators Card

The roles require a strong ability to communicate to athletes and parents with clarity, in terms of athlete expectations, selection and participation. With guidance from the Club Head Coach, the Lead Coach will be the go to person for parents and athletes. The Lead Coach will continue to represent the program and the Club with the professionalism, respect and leadership that has become the norm at the St. Catharines Rowing Club.

Remuneration – Although the position is a voluntary role, the Club continues to support its coaches whenever possible through travel and accommodation support, annual gifts, and seasonal dinners and lunches. We do our very best to support the Coaching staff as valuable resource to the athletes, and therefore to the future of the Club. When possible, the Club will support one Conference or Educational clinic, per coach, annually.

Process – Please submit an email response indicating your program of interest, your intentions for the program, along with how your past rowing experience will benefit the St. Catharines Rowing Club.  
Send to Mark Welsh at [scrc-coach@hotmail.com](mailto:scrc-coach@hotmail.com) by April 27<sup>th</sup>2018.

Thank you

Mark Welsh  
Head Coach  
St.Catharines Rowing Club