



**CANADIAN UNIVERSITY
ROWING ASSOCIATION**

PLAYING REGULATIONS

Approved at 4th Special General Meeting, January, 25th January, 2013

Effective for the 2013 Canadian University Rowing Championships



A. TEAM COMPOSITION

- A.1 Maximum of 24 rowers and 4 coxswains, no limits on coaches and manager with the following allocation:
A.1.1 Men's Crew: 12 athletes and 2 coxswains maximum.
A.1.2 Women's Crew: 12 athletes and 2 coxswains maximum.

B. TEAM FUNDING

- B.1 All teams are self-funded

C. PARTICIPANTS

C.1 TEAMS

- C.1.1 The Canadian University Rowing Championship (CURC) will be an open championship;
C.1.2 Each member institution may send one team;
C.1.3 Member institutions may send individual crews if they are unable to field a full team.

C.2 INDIVIDUAL ELIGIBILITY

- C.2.1 CIS Rules of Eligibility and participating institution guidelines shall apply subject to the following changes:
C.2.1.1 **MAXIMUM YEARS**
C.2.1.1.1 Providing athletes meet all other eligibility rules, CURC participants can compete for a period of five (5) years;
C.2.1.1.2 An athlete will be charged with a year of eligibility for each year of post secondary competition in the sport of Rowing;
C.2.1.1.3 An athlete competing in their novice year with any institution is deemed to be in their first year of eligibility.
C.2.1.2 **ROSTERS**
C.2.1.2.1 Entire team rosters including novices & experienced athletes not at the CURCs shall be submitted to the 1st Vice President-Eligibility twenty (20) days prior to the event and signed by the head coach;
C.2.1.2.2 Complete CURC entry forms shall be submitted, including ALL information requested, to the 1st VP-Eligibility fourteen (14) days prior to the event and signed by the institution's head coach.
C.2.1.3 **CARDED ATHLETES**
C.2.1.3.1 Athletes carded prior to attending their first university are eligible to compete at CURCs;



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- C.2.1.3.2 Athletes competing for a university who become carded after having competed for a university are eligible to continue competing only for that university;
- C.2.1.3.3 Rule C.2.1.3.2 does not apply to athletes who lose their carding, although they remain subject to all other eligibility requirements.
- C.2.1.4 TRANSFER STUDENTS
 - C.2.1.4.1 Teacher's College shall be defined as a post graduate degree in accordance with CIS rule 40.10.3.5.1;
 - C.2.1.4.2 CIS rules apply for students transferring from any university outside Canada to a Canadian university with the exception that they are immediately eligible to compete.
- C.3 TEAM ENTRIES
 - C.3.1 The host institution must send entry forms to each CURA member institution sixty (60) days before the event;
 - C.3.2 The deadline for entry form is ten (10) days before the event.
- C.4 ENTRY FEES
 - C.4.1 Fees are set at \$50 per participant athlete (rowers and coxswains) for each school;
 - C.4.2 Teams may scratch crews for any reason in writing to the Regatta Chair up until the coaches' technical meeting without penalty so long as the original fee is paid;
 - C.4.3 Non-medical or non-exceptional scratches made after the coaches' technical meeting must be accompanied with \$250 as penalty;
 - C.4.4 Institutional membership fees are \$100, collected annually from institutions participating in the CURCs;
 - C.4.5 All fees and penalties will be reviewed annually.

D. COMPETITION

- D.1 EVENT DETAILS AND ADMINISTRATION
 - D.1.1 The location of the Championship regatta shall be decided not less than one year prior to the regatta.
 - D.1.2 The Championship shall be held in November;
 - D.1.3 The events shall be as follows for both men and women:
 - D.1.3.1 Open Eights (M8+ and W8+)
 - D.1.3.2 Open Pairs (M2- and W2-)
 - D.1.3.3 Open Singles (M1x and W1x)
 - D.1.3.4 Lightweight Fours (LM4+ and LW4+)
 - D.1.3.5 Lightweight Doubles (LM2x and LW2x)
 - D.1.3.6 Lightweight Singles (LM1x and LW1x)



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- D.1.4 Day One (1) Time Trial qualifications for the Day Two (2) six boat final will be rowed on the race course meeting the recommended CURC standards.
- D.1.5 Times from the Time Trial are final regardless of changes in water conditions.
- D.1.6 Day Two (2) A, B, and C Finals shall be rowed as necessary on the race course that meets the recommended CURC standards.
- D.2 **DRAW FOR TIME TRIALS, SEEDING**
 - D.2.1 Crews will be seeded for time trials based on the team placing in each event from the previous year's results.
 - D.2.2 Teams that did not compete in the previous year shall be drawn randomly at the back of the start order.
- D.3 **PROCEDURES AND PROTESTS**
 - D.3.1 The RCA Rules of Racing shall apply for procedures and protests except as noted within section F of the CURA Playing Regulations.
- D.4 **SCHEDULE AND ORDER OF EVENTS**
 - D.4.1 **SCHEDULE**
 - D.4.1.1 The hosting institution shall provide a preliminary schedule of racing at least two (2) days in advance of the event.
 - D.4.2 **ORDER OF EVENTS**

	Even Yrs.	or	Odd Yrs.
D.4.2.1 09:00am	W1x		M1x
D.4.2.2 09:30am	LM2x		LW2x
D.4.2.3 10:00am	LW1x		LM1x
D.4.2.4 10:30am	M2-		W2-
D.4.2.5 11:00am	W8+		M8+
D.4.2.6 11:30am	LM4+		LW4+
D.4.2.7 12:00pm	M1x		W1x
D.4.2.8 12:30pm	LW2x		LM2x
D.4.2.9 01:00pm	W2-		M2-
D.4.2.10 01:30pm	LM1x		LW1x
D.4.2.11 02:00pm	LW4+		LM4+
D.4.2.12 02:30pm	M8+		W8+
D.4.2.13	In even years the Championship shall begin with the W1x and conclude with the M8+;		
D.4.2.14	In odd years the Championship shall begin with the M1x and conclude with the W8+.		
 - D.4.3 In events with more than six (6) entries, the seeding of finals shall be determined by the order of finish in the time trial.
 - D.4.4 The fastest six crews in the time trial shall be seeded into Final A and the remaining crews shall be seeded by order of finish into Final B, C, or D as appropriate.
 - D.4.5 Lanes in the finals may be seeded according to time trial finish order.
- D.5 **PRACTICE TIMES / WARM-UPS**
 - D.5.1 The hosting institution shall provide maps illustrating patterns for warm-up, cool-down, racing, and training to each participating team and post them at the official rowing venue before practice times commence;



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D.5.2 The venue should be viable for crews to practice on the course by 09:00am on the Thursday morning before racing begins.

D.5.3 Crews practicing are responsible for their own safety during this training time.

D.6 TIE-BREAKING

D.6.1 In the event of a tie in the overall standings, the higher placing in the Eight (8+) for either of these teams shall determine the winner.

D.7 SCORING

D.7.1 Scoring for the team championship shall be done on an institutional basis;

D.7.2 A Women's Team Champion and a Men's Team Champion shall be declared;

D.7.3 Points per event shall be awarded from first (1st) through twelfth (12th) place in the finals as follows:

	Boat	Place	1	2	3	4	5	6	7	8	9	10	11	12
D.7.3.1	1x		15	12	10	9	8	7	6	5	4	3	2	1
D.7.3.2	2x/-		20	16	12	10	9	8	7	6	5	4	3	2
D.7.3.3	4+		25	20	15	12	10	9	8	7	6	5	4	3
D.7.3.4	8+		40	35	30	25	22	20	19	18	17	16	15	14

D.8 RECORD OF RESULTS

D.8.1 The Board shall maintain a record of past results and this record shall be passed along to subsequent Boards, which shall be charged with the task of maintaining the historical performance records of CURA.

E. EQUIPMENT AND FACILITIES

E.1 VIDEO

E.1.1 A video camera shall be provided by the host institution for the purposes of recording the finish order of each race.

E.2 FACILITY AND MEET REQUIREMENTS

E.2.1 FACILITY

E.2.1.1 The host institution should make every effort to install a buoyed course of 2000m.

E.2.1.2 If there are geographic, safety, or fairness reasons why 2000m is not possible, the course may be shortened up to the minimum distance of 1750m.

E.2.1.3 The course shall be a maximum distance of 2000m.

E.2.1.4 RECOMMENDED STANDARDS

E.2.1.4.1 Length 1750m to 2000m

E.2.1.4.2 A minimum of six (6) buoyed lanes of width between 13.5m and 15m

E.2.1.4.3 A buoyed lane must be marked on at least one side with buoys that are ideally 10m apart but no further than 20m apart;

E.2.1.4.4 Three (3) shared lanes equal to twice the lane width is acceptable;



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- E.2.1.4.5 The course shall be clearly marked in four (4) sections ideally of equal distance;
 - E.2.1.4.6 There shall be a fixed starting area.
 - E.2.2 **EQUIPMENT**
 - E.2.2.1 Each school is responsible for providing it's own rowing equipment;
 - E.2.2.2 The host institution is responsible for providing the following equipment and staff:
 - E.2.2.2.1 At least one (1) electronic calibrated scale for weigh-ins and one (1) additional electronic calibrated scale for use as a test scale;
 - E.2.2.2.2 Electronic timing equipment;
 - E.2.2.2.3 At least two (2) safety boats and equipment meeting minimum Canadian Coast Guard requirements and conforming to safety standards set out in the RCA Rules of Racing;
 - E.2.2.2.4 All personnel and staff required to run the regatta.
- E.3 **UNIFORMS**
 - E.3.1 All crews shall race in identical team uniforms.

F. RULES

- F.1 **RACING**
 - F.1.1 The RCA Rules of Racing shall apply to all events other than the exceptions noted in section F of the CURA Playing Regulations.
 - F.1.2 In particular, Safety (section 5.2) must be adhered to.
- F.2 **WEIGHING IN**
 - F.2.1 Weight-ins shall occur each day beginning two (2) hours before the first lightweight event for each sex, and remain open for two (2) hour for each sex.
 - F.2.2 Athletes are permitted an unlimited number of steps on the test scale;
 - F.2.3 Weigh-ins for the Saturday time trials shall first proceed in the order of seeding for the first event of the day for women and men respective of men's or women's lightweight event running first;
 - F.2.4 Crews will weigh-in according to this order, but weigh-in can occur for any individual during the allotted time for women's or men's weigh-ins.
 - F.2.5 Maximum weights for rowers shall be as follows:
 - F.2.5.1 Lightweight Men 72.5kg with no average for all lightweight men's events;
 - F.2.5.2 Lightweight Women 59.0kg with no average for all lightweight women's events.
 - F.2.6 Maximum weights for coxswains shall be as follows:
 - F.2.6.1 Coxswains 55.0kg minimum for men's events;
 - F.2.6.2 Coxswains 50.0kg minimum for women's events;



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- F.2.6.3 Deadweight shall be carried by the coxswain in the boat so that the weight of the coxswain plus the deadweight is equal to the appropriate minimum weight;
- F.2.6.4 There is no maximum on the amount of deadweight that a coxswain may carry.

G. MEETINGS

G.1 COACHES TECHNICAL MEETING

G.1.1 The technical meeting for participating coaches shall be held on the evening before racing begins for the following purposes:

- G.1.1.1 Final declaration and scratches of entries;
- G.1.1.2 Review of course maps, flow patterns, safety rules, and emergency plan;
- G.1.1.3 Review of weigh-in protocol;
- G.1.1.4 Review of checking in procedure;
- G.1.1.5 Review of the starting procedure;
- G.1.1.6 Any other business regarding the conduct of the current regatta.

G.2 COACHES ASSOCIATION MEETING

G.2.1 The CURA Annual General Meeting will be held on the morning following the last day of racing

G.3 COACHES CONFERENCE

G.3.1 The CURA semi-annual planning meeting or Special General Meeting during the Rowing Canada Coaches Conference

H. OFFICIALS

H.1 QUALIFICATIONS

H.1.1 RCA certified officials will be used at the championships in key positions such as Chief Referee, Race referees, Starter, Aligner, and Finish Judges.

I. AWARDS, TROPHIES, AND BANQUET

I.1 CURA CHAMPIONSHIP BANNERS AND TROPHIES

I.1.1 CURA National Championship Banners and Trophies shall be awarded to the highest ranking Men's and Women's institutions based on total Men's points and total Women's points:

I.1.2 These shall be awarded as follows:

- I.1.2.1 Men's Championship Team shall receive:
 - I.1.2.1.1 Men's CURA National Championship Banner;
 - I.1.2.1.2 Men's CURA National Championship Trophy.
[Name of trophy to be inserted]
- I.1.2.2 Women's Championship Team shall receive:
 - I.1.2.2.1 Women's CURA National Championship Banner;
 - I.1.2.2.2 Women's CURA National Championship Trophy.
[Name of trophy to be inserted]

I.2 CURA MEDALS AND EVENT TROPHIES



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- I.2.1 Top three placing crews in each event shall be awarded gold, silver, and bronze medals for each athlete;
- I.2.2 Event trophies shall be presented to the winning crew in the following events:
 - I.2.2.1 M8+ Book of Honour.
- I.2.3 Event trophies shall be added automatically to the slate of awards (section I.2.2) as they are from time to time created/donated to CURA.

I.3 INDIVIDUAL AWARDS

- I.3.1 The coaches shall meet one half hour after the final event to nominate and vote for recipients for the following individual awards:
 - I.3.1.1 Outstanding Male Athlete;
 - I.3.1.2 Outstanding Female Athlete;
 - I.3.1.3 Coach of the Year Men's Crews;
 - I.3.1.4 Coach of the Year Women's Crews.
- I.3.2 Each institution is allowed one vote only;
- I.3.3 Voting by proxy is not permitted.

I.4 OTHER AWARDS

- I.4.1 The President may from time to time present an award(s) for recognition of service to CURA in other areas of contribution or performance.

I.5 AWARDS BANQUET

- I.5.1 An awards banquet shall be held on the evening of the finals day to present the championship banners and honour the outstanding members;
- I.5.2 It shall be organized by the host committee;
- I.5.3 Tickets shall be available to each team based on their paid up numbers as per the entry fee.

J. APPEAL JURY

- J.1 An appeal jury shall be struck at each Championship consisting of the regatta chair, the head official, and the President of CURA.
- J.2 If any of the above has a vested interest in the appeal, they shall step aside and a new member appointed.