



2017 Speed Orders - Bulletin 1

2017 Rowing Canada Aviron Speed Orders will be held May 12th to 14th at Burnaby Lake (Followed by Selection Camp – May 15th to 18th)

EVENT OBJECTIVES

Speed Orders, and the subsequent Selection Camp, will be used by National Team coaches to select crews for the Senior, Para and U23 2017 racing season.

Athletes will be expected to have a level of self-management through the duration of the regatta and selection camp. It is intended to create a high pressure event so that coaches can observe athletes capabilities in this environment.

Athletes are responsible for their own equipment, race prep, on-water plan, and recovery. National Team coaches and RCA staff will be onsite to observe racing. Club coaches are not restricted from supporting their athletes through the regatta.

TENTATIVE SCHEDULE / EVENT FORMAT

Friday, May 12	afternoon – heats
Saturday, May 13	morning – reps afternoon – semi-finals
Sunday, May 14	morning - finals

National Team coaches will meet Sunday immediately after racing to establish the invite list for the Selection Camp.

WEIGH-IN

At FISA average – men 70kg; women 57kg
One to two hours before the start of their first race of the day.

BOAT WEIGHING

Competitors should be aware that boats must meet the following FISA minimum weights:

Singles 14kg

Pairs 27kg

A scale will be available onsite.

RIGHT OF ENTRY

The selection events shall be open to all athletes, subject to being a registered member in good standing with RCA or other national rowing federation.

Athletes wishing to be considered for selection should have submitted a letter of intent by May 8, 2017.

Athletes shall compete in their Club, University, or National Training Centre colours. In the Pair events, composite crews may be made up of any combination of athletes representing any club, university, or NTC.

FEES AND REGISTRATION:

Registration Fees will be \$50 per athlete. Registration forms and payment link will be available by April 1, 2017. Registration will be due by noon Pacific time on May 8, 2017.

EQUIPMENT:

Athletes are responsible to provide their own equipment.

RCA will be sending a trailer from London to Burnaby and from Victoria to Burnaby. Athletes interested in accessing a spot on the trailer should contact Lindsey Brown lbrown@rowingcanada.org (London) or Michelle Boss mboss@rowingcanada.org (Victoria) to see if space is available. Cost for trailering is \$220/seat round trip London-Burnaby and \$20/seat round trip Victoria-Burnaby.

NOTICE OF DOPING CONTROL

Participants in the 2017 RCA Speed Orders must be aware that doping control tests will be conducted by the Canadian Centre for Ethics in Sport (CCES) in accordance with the Canadian Anti-Doping Program.