



TO: All Coaches and Athletes
FROM: RCA High Performance Program
DATE: November, 2018
RE: **2019 NATIONAL TRAINING CENTRE INVITATION GUIDELINES**

Based on Head Coach recommendations, RCA's High Performance Director may invite athletes to the National Training Centre (NTC) Victoria BC, for the 2019 season based on 2019 Sport Canada Athlete Assistance Program (Carding) nomination or through discretionary invitation criteria as outlined below.

2019 NTC INVITATION CRITERIA

1. 2019 Sport Canada Athlete Assistance (AAP) Recipients:

Sport Canada Senior (International & National) Carded Athletes are required to train full-time within the RCA's designated National Training Centre (NTC) in Victoria, BC. Relocation assistance to the NTC is available to Carded athletes, information can be found [HERE](#).

Note: Any Senior Carded athlete choosing not to relocate to the NTC, will have their 2019 Carding support placed on-hold until they commence full-time training within the NTC.

For Athletes outside the NTC please confirm your intended arrival date into the NTC, by emailing:

WOMEN: Dave Thompson (dthompson@rowingcanada.org) and Adam Parfitt (parfitt@rowingcanada.org)

MEN: Dick Tonks (dtonks@rowingcanada.org) and Adam Parfitt (parfitt@rowingcanada.org)

PARA: John Wetzstein (jwetzstein@rowingcanada.org) and Adam Parfitt (parfitt@rowingcanada.org)

2. Discretionary NTC Invitations - Minimum Eligibility Requirements

An athlete must achieve the minimum requirements, to be eligible for invitation to train at the NTC. These are:

- An athlete must finish within 4% of the 2018 Winner in their category at 2018 National Rowing Championships; &/or
- An athlete achieves the 2019 *National Senior Development Ergometer Standard* on either the 2km or 6km Fall 2018 RADAR submission, closing November 30th, 2018.

In meeting these standards, the RCA High Performance Director and the relevant National Program Head Coach, may invite an athlete to train at the NTC. In doing so, the RCA High Performance Director may take into account the following:

- The capacity of the overall NTC environment;
- Satisfaction of the minimum eligibility requirements;
- Previous international performance, including performance at Under 23 and Non-Olympic World Championships; &/or
- Number of 2020 Olympic/Paralympic Qualification places available per category (Open/Lightweight/Para).

Note: Satisfaction of the minimum eligibility requirements by an athlete does not guarantee an invitation into the NTC. Invited athletes are not carded athletes. Athletes that accept an invitation to train within the NTC environment, will have access to all services of a carded athlete; with the exception of access to the Canadian Athlete Insurance Program (CAIP).