



2018 SPEED ORDERS - NATIONAL TEAM SELECTION TRIALS

INFORMATION BULLETIN 2

Lake Fanshawe - London, Ontario
June 22nd - 24th & 25th – 30th, 2018

ENTRIES

Entries are **OPEN** and can be accessed from the following link: <https://www.regattacentral.com/ng/regatta/5833/register>

Note: Entries for Carded athletes will be made by RCA

Entries Close: June 12th, at 12am EST

Entry Fee: Single scull (1x) is \$50 and Pair (2-) is \$100.

TENTATIVE SCHEDULE / EVENT FORMAT

Friday, June 22 nd	AM	– Heats
Saturday, June 23 rd	AM	– Reps or Quarter Finals,
	PM	– Semi-finals and Final D's (if required)
Sunday, June 24 th	AM	– Final A, B, C

*** The Provisional Competition Schedule is attached below. Note: Subject to change due to weather or other circumstances.*

WEIGH-IN

At FISA average – Men 70kg; Women 57kg

One to two hours before the start of your first race of the day.

NOTICE OF DOPING CONTROL

Athletes should be aware that Anti-Doping testing may be conducted at Speed Orders. More information can be found at: <https://cces.ca/anti-doping>. Relevant e-Learning documents can be found at: <https://cces.ca/e-learning>.

ASSESSMENT FEE (NextGen National Teams)

As a guide for NextGen Teams, the estimated Assessment/Seat Fees for various 2018 RCA tours are:

U23	\$2,500 est.
JUNIOR/U21/FISU	\$4,000 est.
CanAmMex	\$3,000 est.

For events with an assessment fee, a deposit of \$500 per person will be required in advance of the Selection Camp. The mechanism for submitting the deposit will be communicated prior to the Speed Orders entry deadline.

Note: Similar to 2017, NextGen National Teams will be included within the RCA Crowdfunding Initiative for 2018 to help athletes offset related expenses. Additional information will be circulated as soon as the 2018 Crowdfunding initiative is up and running.

PERSONAL INFORMATION CHECK

All athletes are requested to log into your RCA database account to check all your details. In particular, the data under the 'Details' and 'Sport Information' tabs. This information will be used for booking team flights, team uniforms, etc.

To check your details, go to: <https://rca-athlete-tracker.sportingdna.com/users/login>

ATHLETE ASSISTANCE PROGRAM (AAP CARDING)

Athletes are reminded that the July intake of the Sport Canada Athlete Assistance Program (AAP Carding), will take place following a review of performances at the 2018 Speed Orders and Selection Trials. Athletes are advised to be fully aware of the criteria outlined in the 2018 Sport Canada Carding Criteria document. Go to: <http://rowingcanada.org/2018-national-team-carding>

PARA CLASSIFICATION

Para Rowers will be able to be classified at Speed Orders. Athletes must fill out the Medical Diagnostic form (complete with their doctor's signature), complete the classification consent form and gather all other supporting medical information. Classifications are available Saturday June 24th & Sunday June 25th.

For a classification appointment, email John Wetzstein, RCA Para-Rowing Program Head Coach at:

jwetzstein@rowingcanada.org

All documentation can be found on the FISA website in PDF format at: <http://www.worldrowing.com/para-rowing/>

MORE INFORMATION

More Information regarding the 2018 Speed Orders (Including Bulletin 1) go to:

<https://www.regattacentral.com/ng/regatta/5833/home>

The National Selection Criteria, can be found at: <http://rowingcanada.org/national-team/criteria-and-information>

QUESTIONS

Regarding entry eligibility or selection: Matt Draper - mdraper@rowingcanada.org

Regarding the regatta: Dr. Volker Nolte - vnolte@uwo.ca



DRAFT - PROVISIONAL COMPETITION SCHEDULE - RCA SPEED ORDERS 2018
 JUNE 22-24, 2018

DRAFT 22-May

Event	Entry Estimate	Thursday June 21	Friday June 22						Saturday June 23rd										Sunday June 24										
			Heats						Quarter finals				Repechages				FD	Semi Finals		FC	FB	FA							
W2-	<24		8:00	8:07	8:14	8:21									8:56	9:03	9:10	9:17			15:00	15:42	15:49	8:00	8:07	8:14			
M2-	<24		8:28	8:35	8:42	8:49									9:24	9:31	9:38	9:45			15:07	15:56	16:03	8:21	8:28	8:35			
W1x	<36		8:56	9:03	9:10	9:17	9:24	9:31							8:00	8:07	8:14	8:21			15:14	16:10	16:17	8:42	8:49	8:56			
M1x	<36		9:38	9:45	9:52	9:59	10:06	10:13							8:28	8:35	8:42	8:49			15:21	16:24	16:31	9:03	9:10	9:17			
LW1x	<24		10:20	10:27	10:34	10:41															9:52	9:59	10:06	10:13			9:24	9:31	9:38
LM1x	<24		10:48	10:55	11:02	11:09															10:20	10:27	10:34	10:41			9:45	9:52	9:59
PR2 W1x	<6		11:16	*																						**	10:06		
PR2 M1x	<6		11:23	*																						**	10:16		
PR1 W1x	<6		11:30	*																						**	10:26		
PR1 M1x	<6		11:37	*																						**	10:36		
Training Times			6:30 am - 07:30 ; 12:15-19:00hrs						6:30 am - 07:30hrs ; 12:15-14:30hrs; and from 5' after the finish of the last race of the session										6:30 - 7:30hrs										
Boat test scales	9:00-11am & 15-17hrs		12:15-19:00hrs																										
* and **	Para races may be combined																												

Based on FISA World Cup Progression



DRAFT